21P332

(Pages: 2)

Name:

Reg.No:

THIRD SEMESTER M.Sc. DEGREE EXAMINATION, NOVEMBER 2022

(CBCSS - PG)

(Regular/Supplementary/Improvement)

CC19P CPY3 C12 - COUNSELLING PSYCHOLOGY

(Clinical Psychology)

(2019 Admission onwards)

Time : 3 Hours

Maximum : 30 Weightage

Part-A

Answer any *four* questions. Each question carries 2 weightage.

- 1. Explain psychotherapy.
- 2. Discuss professional foundations of counselling.
- 3. Explain advanced empathty.
- 4. Explain different approaches in counselling.
- 5. Explain Gender based counseling and Spirituality.
- 6. Explain Principles and procedures of Group counseling.
- 7. Explain yoga relaxation techniques and EEG.

 $(4 \times 2 = 8$ Weightage)

Part-B

Answer any *four* questions. Each question carries 3 weightage.

- 8. Describe initial counseling Interview and counselling skills.
- 9. Describe Building counseling relationships.
- 10. Explain working in a counselling relationships and Termination of counseling relationships.
- 11. Explain disability and community counselling.
- 12. Explain GSPR and JPMR.
- 13. Discuss Testing, assessment and diagnosis in counselling.
- 14. Describe Evaluation of counseling.

 $(4 \times 3 = 12 \text{ Weightage})$

Part-C

Answer any two questions. Each question carries 5 weightage.

15. Describe counselling and its methods.

- 16. Explain Characteristics of a helping relationship and Characteristics of an effective counselling relationships.
- 17. Discuss Action strategies and behavioural techniques.
- 18. Describe building ,working and termination of counselling relationships.

 $(2 \times 5 = 10 \text{ Weightage})$
