SECOND YEAR B.P.Ed. (INTEGRATED) DEGREE EXAMINATION, APRIL 2023

(Regular/Supplementary/Improvement)

CC15U BPE2 T6 / CC19U BPE2 T6 – TEACHING METHODS IN PHYSICAL EDUCATION

(2015 Admission onwards)

Time: Three Hours   Maximum: 75 Marks

Answer any *three* questions from **Part –A.**
Any *one* question from **Part–B.** Question from **Part–C** is Compulsory.

Part A

1. What are the factors influencing the methods of teaching? Explain the difference in classroom teaching and teaching on the ground.

(1 × 15 = 15 Marks)

2. (A) Answer the following:

    (a) What will be the number of matches in a single league tournament where the number of participating team is 10?

    (b) The length of a handball court.

    (c) The diameter of discus throw circle.

    (d) In which game the term 'double fault' is used?

    (e) The exercise performed with the help of oxygen.

(5 × 1 = 5 Marks)

(B) Match the following:

    (a) Antenna   -   (i) Basketball

    (b) Goal area   -   (ii) Cricket

    (c) Popping crease   -   (iii) Football

    (d) Striking circle   -   (iv) Volleyball

    (e) Three-point line   -   (v) Hockey

(5 × 1 = 5 Marks)

(C) Fill in the blanks:

    (a) _____ is an individual's mental ability expressed as the age at which an average person reaches the same ability.

    (b) A _____ in volleyball is a back- row defensive specialist.

    (c) _____ is the transitional phase of growth and development between childhood and adulthood.

    (d) In a knock- out tournament of 13 teams the number of 'bye' is _____

    (e) A good _____ prevents wastage of time, energy and resource during teaching/ learning process.

(5 × 1 = 5 Marks)

3. Explain the following:

   (a) Formal and informal methods of teaching.

   (b) Influence of sex difference in teaching and learning physical activities.

   (c) Importance of feedback in teaching/ learning process.

   (3 × 5 = 15 Marks)

4. Briefly explain:

   (a) Lead up activity and minor games.

   (b) General and Specific lesson plans.

   (c) Combination tournaments.

   (3 × 5 = 15 Marks)

5. Write short notes on:

   (a) Criteria of selecting teaching aids.

   (b) Qualities of a successful teacher.

   (c) Methods of teaching physical activities.

   (3 × 5 = 15 Marks)

Part B

6. Define tournament. Explain different types of tournaments. Draw a knockout fixture for 14 teams where 4 teams are directly seeded to the quarter finals.

   (1 × 15 = 15 Marks)

7. Write short notes on:

   (a) Importance of lesson plan in teaching.

   (b) Principles of teaching.

   (c) Intrinsic and extrinsic motivation.

   (3 × 5 = 15 Marks)

Part C

8. Write short notes on any *five* of the following:

   (a) Activities for old age.

   (b) Aerobic activities.

   (c) Rhythmic command.

   (d) Challenge tournaments.

   (e) Class formation.

   (f) Team teaching.

   (g) Audio – Visual aids.

   (5 × 3 = 15 Marks)

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