19BP43 (Pages: 2) Name: Reg. No: FOURTH YEAR B.P.Ed. (INTEGRATED) DEGREE EXAMINATIONS, APRIL 2023 (Regular/Supplementary/Improvement) CC15U BPE4 T19 / CC19U BPE4 T19 - BIOMECHANICS (2015 Admission onwards) Time: Three Hours Maximum: 75 Marks I. Answer any *one* of the following. 1. State Newton's laws of motion and write two sports application for each law. Or 2. Comment on the importance of biomechanics in competitive sports. $(1 \times 15 = 15 \text{ Marks})$ II. Write short notes on the following. 3. Definitions of biomechanics. 4. Factors affecting trajectory of projectile. 5. Mechanical analysis of walking. $(3 \times 5 = 15 \text{ Marks})$ III. Describe the following. 6. Spin.

- 7. Definition and types of motion.
- 8. Definition and classes of lever.

IV. Fill in the blanks.

- 9. _____ refers to the upward force that opposes the weight of an immersed object.
- 10. _____ is in a state of balance but will not remain in that state if perturbed slightly.
- 11. ______ is the point at which the entire weight of a body can be considered to act.
- 12. The ______ of a projectile is the path it follows through space.
- 13. _____ class of lever is predominant in human body.

$(5 \times 1 = 5 \text{ Marks})$

 $(3 \times 5 = 15 \text{ Marks})$

V. State true or false.

- 14. A second-class lever has the fulcrum located between the effort arm and the resistance arm.
- 15. The spin is the rotation of a body around its center of mass.
- 16. The force is a vector quantity.

- 17. Newton's first law of motion is also known as "Law of acceleration".
- 18. Equilibrium refers to a state in which object continues to move with a constant velocity.

 $(5 \times 1 = 5 \text{ Marks})$

- VI. Write the answer in one word.
 - 19. A state of balance or stability in a system that is constantly changing or moving is refers to?
 - 20. Force that causes an object to rotate around an axis or pivot point refers to as?
 - 21. In which class of lever, the resistance arm is always greater than force arm?
 - 22. Movement of an object around a fixed point or axis refers to as?
 - 23. The angle between the direction of force applied to an object and the line of action of the lever or structure that the object is connected refers to?
 - 24. The base of support, center of gravity and Mass and weight distribution are the factor affecting what?
 - 25. The point where mass distribution is uniform in all directions is?
 - 26. The type of motion involves the movement of an object along a trajectory is called?
 - 27. What is the value of force when a mass of 10 kg is accelerated at a rate of 5 m/s^2 ?
 - 28. Which class of lever is used while performing a biceps curl?

$(10 \times 1 = 10 \text{ Marks})$

VII. Match the following.

29. f	-	a. top spin
30. g	-	b. mass
31. Unstable equilibrium	-	c. path of a javelin
32. Tennis serve	-	d. set position
33. Fluid density	-	e. trampoline
34. Newton's 1 st law of motion	-	f. standing calf raise
35. Trajectory	-	g. buoyancy
36. II nd class lever	-	h. m \times a
37. Newton's 2 nd law motion	-	i. 9.8 m/s ²
38. Projectile	-	j. inertia

(10 × 1 = 10 Marks)