



INTERNATIONAL DAY AGAINST DRUG ABUSE AND ILLICIT TRAFFICKING

Organised by : Department of B.P.E, Christ College (Autonomous)
Venue : College Open Gym
Dates : 27th June, 2022
Time : 3:30 pm
No. of Participants : 113





Expected Outcomes:

- i. Students become aware of the ill effects of drug use on their social and physical well being
- ii. Students can spread the message of ill effects of drugs in their social space

REPORT

Anti-Drug Day was celebrated by department of BPE at Christ college open gym at 3:30PM on 27th June 2022. The program commenced with welcome speech by Ms. Athira of BPE final year. Presidential address was delivered by Fr.Dr. Jolly Andrews, CMI. He spoke about the ill-effects of drugs and how it is destroying the society and the impact youth can make by giving importance to health and fitness. The department felicitated fittest boy and girl in BPE which was secured by Adityan Vas & Akhिलamol respectively. As part of the program, oath taking against substance abuse was initiated by Aakash Vinod of final year. The principal inaugurated the signature board saying “I STAND AGAINST DRUG ABUSE”. Challenges were organised by Final year students namely, Squat challenge (Maximum no. of squats in one minute), Weight holding challenge (Holding weight plates of 5kg for Girls and 10kg for Boys for maximum time), Plank challenge (Holding the body in plank position for maximum time). Separate trophies and medals were given for winners in boys and girls section. Active participation was shown by the students for the different challenges. The prizes were felicitated by Dr. Soni John, Fr. Joy P.T. and Dr. Anil Kumar. Vote of thanks was given by Mr. Sreeram K.P. of final year. Final year students also made attractive posters as a part of public awareness. The program witnessed a total of 131 students as participants and spectators.

BROCHURE



CHRIST COLLEGE
(AUTONOMOUS) IRINJALAKUDA - KERALA

ANTI DRUG DAY CELEBRATION 2022

ORGANISED BY DEPARTMENT OF BPE

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On: 27th June 2022 Monday
📍 : Christ College Open Gym
🕒 : 3:30PM

PROGRAM

- WELCOME SPEECH
- PRESIDENTIAL ADDRESS
- OATH TAKING
- SIGNATURE
- ANTI-DRUG DAY CHALLENGES
(MEN AND WOMEN)
- ◆ WEIGHT HOLD CHALLENGE
- ◆ SQUAT CHALLENGE
- ◆ PLANK CHALLENGE
- PRIZE DISTRIBUTION
- VOTE OF THANKS

ALL ARE INVITED



PHOTOS



ATTENDANCE

CHRIST COLLEGE (AUTONOMOUS), IRINJALAKUDA, THRISSUR
 ANTI DRUG DAY CELEBRATION 2022
 Organized by Department of B.P.E.
 27/06/2022
Attendance Sheet

CHRIST COLLEGE (AUTONOMOUS), IRINJALAKUDA, THRISSUR
 ANTI DRUG DAY CELEBRATION 2022
 Organized by Department of B.P.E.
 27/06/2022
Attendance Sheet

S.No.	Name	Class	Signature
1	ARCHANA S J	III rd year	[Signature]
2	Manya K. Soman	III rd year	[Signature]
3	Aiswarya Antony	III rd year	[Signature]
4	Aparna VS	III rd year	[Signature]
5	Binu Mariya	III rd year	[Signature]
6	Akhila Mol S	III rd year	[Signature]
7	Anretha Joy	III rd year	[Signature]
8	Barthuk	III rd year	[Signature]
9	MOHAMMED NESEEM	III rd year	[Signature]
10	SALMAN FARIZ	III rd year	[Signature]
11	ABINISHAN-V.V	III rd year	[Signature]
12	Achal KS	III rd year	[Signature]
13	JEESSON C.B	III rd year	[Signature]
15	Joseph George	III rd year	[Signature]
16	Sidharth S	III rd year	[Signature]
17	Buddha Peter	III rd year	[Signature]
18	Arun Rajesh	III rd year	[Signature]
19	Vishnu PV	III rd year	[Signature]
20	Insaf	III rd year	[Signature]
21	Mushim K.M	III rd year	[Signature]
22	Sangamesh.V.S	III rd year	[Signature]
23	Samson Thomas	III rd year	[Signature]
24	Adithyan Vas	III rd year	[Signature]
25	Ronath Krishnan.M.D	III rd year	[Signature]
26	Adithya Anand Kumar	III rd year	[Signature]
27	Jithin Kumar.A	III rd year	[Signature]
28	Thomson Thomas	III rd year	[Signature]
29	ANAND IHRAN	III rd year	[Signature]
30	Muhammed Aneel K	III rd year	[Signature]
31	Anagha George	III rd year	[Signature]
32	Tomson Sabu	III rd year	[Signature]
33	Salman Faris	III rd year	[Signature]
34	Laby John	III rd year	[Signature]
35	Mohammed Shenin	III rd year	[Signature]
36	Arnold Joe	III rd year	[Signature]
37	Sabarinath VS	III rd year	[Signature]
38	Keerthi K	III rd year	[Signature]
39	Anand Sankosh	III rd year	[Signature]
40	Arun BA	III rd year	[Signature]

S.No.	Name	Class	Signature
41	Jishab Jayan	IV th year	[Signature]
42	Justin Joy	IV th year	[Signature]
43	Arun S Anand	IV th year	[Signature]
44	Shamin Jacob	IV th year	[Signature]
45	Jeshin AJ.	IV th year	[Signature]
46	Nirmal KS	IV th year	[Signature]
47	JOHN CYRIL JOSEPH	IV th year	[Signature]
48	James Poulose	IV th year	[Signature]
49	Sweetha.B	IV th year	[Signature]
50	Abin Jolly	IV th year	[Signature]
51	Sreeram KP	IV th year	[Signature]
52	Aakash Vinod	IV th year	[Signature]
53	PANCHANI KK	IV th year	[Signature]
54	Arun S	IV th year	[Signature]
55	Snikhal K's	IV th year	[Signature]
56	Akhal Changan	IV th year	[Signature]
57	Alfred C Pinto	IV th year	[Signature]
58	Shaja Jayaprakash	IV th year	[Signature]
59	Manvika Kishik	IV th year	[Signature]
60	Akshay OM	IV th year	[Signature]
61	Stephan James	IV th year	[Signature]
62	ANURADHNA VM	IV th year	[Signature]
63	Nileena Rajesh	IV th year	[Signature]
64	Adithia VT	IV th year	[Signature]
65	Jain Jacob	IV th year	[Signature]
66	Roshni Beghin	IV th year	[Signature]
67	San Bin	IV th year	[Signature]
68	Adithya Krishnan KCS	IV th year	[Signature]
69	Bincy R	IV th year	[Signature]
70	Sreelakshmi G	IV th year	[Signature]
71	Amal Mohan M	IV th year	[Signature]
72	Athira V	IV th year	[Signature]
73	Muhammed Sahal PIP	IV th year	[Signature]
74	Avani VS Achari	IV th year	[Signature]
75	Christin Jose	IV th year	[Signature]
76	Abhinanth	IV th year	[Signature]
77	Varshana V.V	IV th year	[Signature]
78	Dilvi P	IV th year	[Signature]
79	Abin Saju	IV th year	[Signature]

