

REPORT
ON
**INTER ZONE
GYMNASTIC
CHAMPIONSHIP
(MEN & WOMEN)**

23th – 24th February 2023

REPORT ON INTER ZONE GYMNASTIC CHAMPIONSHIP (MEN &WOMEN)

DATE: 23-02-2023 TO 24-02-2023

CALICUT UNIVERSITY

**ICT GYMNASTIC (M&W)
CHAMPIONSHIP 2022-23**

Organised by
**Department of Physical Education
Christ College (Autonomous) Irinjalakuda**

DATE 2023 FEBRUARY 23

REPORTING TIME : 8 AM

INAUGURATION
Adv. TOM K THOMAS
MEMBER OF SYNDICATE (SPORTS IN-CHARGE)
UNIVERSITY OF CALICUT

SPECIAL HONOUR TO
Dr.B.P. ARAVINDA
DEAN OF HUMANITIES, LANGUAGE
& COMMERCE HEAD, Dept. OF BPE

Welcome All



CHRIST COLLEGE (AUTONOMOUS)

(Regn. No. 13775; No.E.22-1/2015/AC-1/G.C.)
Affiliated to University of Calicut and Accredited by NAAC 'A' Grade
IRINJALAKUDA - 680 125, KERALA, INDIA
☎ Office: (0480) 2825258 | Res: 2825184 | 2828241
✉ office@christcollegeijk.edu.in | www.christcollegeijk.edu.in

From

The Principal

To

The Director

Department of Physical Education

University of Calicut

sub: Settlement of JCT *Gymnastics (Men & Women) AY 2022-23 Reg:-*

Sir,

Calicut University Inter/Zonal *Gymnastics (Men & Women) Championship*
AY *2022-23* was conducted at Christ College Irinjalakuda (Autonomous) from
23-2-2023 to 24-2-2023.

The following are the details of expenditure for the above mentioned Championship.

- 1. Conducting charge (as per University norms) - *1000.00/-*
- 2. Officiating fee (as per University norms) - *.....*

Grand Total - *1000.00/-*

I kindly request you to sanction the amount as early as possible

Thanking you

Date: *24.2.23*



AS
Principal
Associate Professor
In-Charge of Principal
Christ College (Autonomous) Irinjalakuda

winners

Calicut University
Inter Zone Gymnastic Championship 2022-23
Results (Men)

| I - Team Championship | | | | |
|---|--------------------------|-----------------------------|--------|-------|
| S.NO. | NAME | COLLEGE | POINTS | PLACE |
| 1 | WINNER | CHRIST COLLEGE IRINJALAKUDA | 140.1 | 1st |
| 2 | RUNNER UP | GCPE CALICUT | 128.1 | 2nd |
| 3 | 2nd RUNNER UP | FAROCK COLLEGE CALICUT | 48 | 3rd |
| 4 | 4TH PLACE | MCC CALICUT | 42 | 4th |
| II - Individual All-around Championship | | | | |
| S.NO. | NAME | COLLEGE | POINTS | PLACE |
| 1 | SABARINATH V S | CHRIST COLLEGE IRINJALAKUDA | 47.15 | 1st |
| 2 | MUHAMMED NIBRASUL HAQ MP | MCC CALICUT | 42 | 2nd |
| 3 | AAGNEYA S VISWANATH | GCPE CALICUT | 40.6 | 3rd |
| 4 | JITHIN KUMAR A | CHRIST COLLEGE IRINJALAKUDA | 39.05 | 4th |
| III - Apparatus Championship | | | | |
| Floor Exercise | | | | |
| S.NO. | NAME | COLLEGE | POINTS | PLACE |
| 1 | MUHAMMED NIBRASUL HAQ MP | MCC CALICUT | 10.1 | 1st |
| 2 | SABARINATH VS | CHRIST COLLEGE IRINJALAKUDA | 9.65 | 2nd |
| 3 | JITHIN KUMAR A | CHRIST COLLEGE IRINJALAKUDA | 9.45 | 3rd |
| 4 | SHIRAJ R JIMAN P S | FAROCK COLLEGE CALICUT | 9.45 | 3rd |
| Vaulting Horse | | | | |
| S.NO. | NAME | COLLEGE | POINTS | PLACE |
| 1 | MUHAMMED NIBRASUL HAQ MP | MCC CALICUT | 9.8 | 1st |
| 2 | SABARINATH VS | CHRIST COLLEGE IRINJALAKUDA | 9.55 | 2nd |
| 3 | SANJAY KRISHNA | GCPE CALICUT | 9.35 | 3rd |
| Parallel Bars | | | | |
| S.NO. | NAME | COLLEGE | POINTS | PLACE |
| 1 | SABARINATH V S | CHRIST COLLEGE IRINJALAKUDA | 10.35 | 1st |
| 2 | AAGNEYA S VISWANATH | GCPE CALICUT | 9.1 | 2nd |
| 3 | MUHAMMED NIBRASUL HAQ MP | MCC CALICUT | 9.05 | 3rd |
| Horizontal Bar | | | | |
| S.NO. | NAME | COLLEGE | POINTS | PLACE |
| 1 | SABARINATH V S | CHRIST COLLEGE IRINJALAKUDA | 3.45 | 1st |
| 2 | AAGNEYA S VISWANATH | GCPE CALICUT | 2.5 | 2nd |
| 3 | JITHIN KUMAR A | CHRIST COLLEGE IRINJALAKUDA | 1.5 | 3rd |
| 4 | SANJAY KRISHNA | GCPE CALICUT | 1.5 | 3rd |
| Pommel Horse | | | | |
| S.NO. | NAME | COLLEGE | POINTS | PLACE |
| 1 | JITHIN KUMAR A | CHRIST COLLEGE IRINJALAKUDA | 5.5 | 1st |
| 2 | SABARINATH V S | CHRIST COLLEGE IRINJALAKUDA | 4.7 | 2nd |
| 3 | MUHAMMED NIBRASUL HAQ MP | MCC CALICUT | 4 | 3rd |
| Roman Ring | | | | |
| S.NO. | NAME | COLLEGE | POINTS | PLACE |
| 1 | SABARINATH V S | CHRIST COLLEGE IRINJALAKUDA | 9.15 | 1st |
| 2 | MUHAMMED NIBRASUL HAQ MP | MCC CALICUT | 8.75 | 2nd |
| 3 | AAGNEYA S VISWANATH | GCPE CALICUT | 8.05 | 3rd |

Dr. B. N. K. KRIYAN
H.O.D. ASSIST. PROFESSOR
DEPT. OF PHYSICAL EDUCATION
CHRIST COLLEGE, IRINJALAKUDA

**Calicut University
Inter Zone Gymnastic Championship 2022-23
Results (Women)**

Team Championship

| S.NO. | NAME | COLLEGE | POINTS | PLACE |
|-------|---------------|--------------------------------|--------|-------|
| 1 | Winner | G C P E CALICUT | 57 | 1st |
| 2 | Runner up | Christ college irinjalakuda | 45.15 | 2nd |
| 3 | 2ND RUNNER UP | ST JOSEPH COLLEGE DEVAGIRI | 29.9 | 3rd |
| 4 | 4th | ST JOSEPH COLLEGE IRINJALAKUDA | 20 | 4th |

Individual All-around Championship

| S.NO. | NAME | COLLEGE | POINTS | PLACE |
|-------|-------------|-----------------------------|--------|-------|
| 1 | ANANYA N | GCPE CALICUT | 15.85 | 1st |
| 2 | SARANYA S | CHRIST COLLEGE IRINJALAKUDA | 15.5 | 2nd |
| 3 | NIMISHA M P | G C P E CALICUT | 14.8 | 3rd |
| 4 | SREI DEVI C | CHRIST COLLEGE IRINJALAKUDA | 12.5 | 4th |

Apparatus Championship

Floor Exercise

| S.NO. | NAME | COLLEGE | POINTS | PLACE |
|-------|--------------|-----------------------------|--------|-------|
| 1 | ANILA C ANIL | GCPE CALICUT | 7.75 | 1st |
| 3 | MANASI M S | ST JOSEPH COLLEGE DEVAGIRI | 5.2 | 2nd |
| 2 | SARANYA S | CHRIST COLLEGE IRINJALAKUDA | 4.8 | 3rd |

Vaulting Horse

| S.NO. | NAME | COLLEGE | POINTS | PLACE |
|-------|-------------|-----------------------------|--------|-------|
| 1 | NIMISHA M P | GCPE CALICUT | 8.15 | 1st |
| 2 | SARANYA S | CHRIST COLLEGE IRINJALAKUDA | 7.55 | 2nd |
| 3 | ANANYA N | G C P E CALICUT | 7.35 | 3rd |

Beam Balance

| S.NO. | NAME | COLLEGE | POINTS | PLACE |
|-------|---------------|----------------------------|--------|-------|
| 1 | MANASI M S | ST JOSEPH COLLEGE DEVAGIRI | 5.85 | 1st |
| 2 | ANANYA N | G C P E CALICUT | 5.2 | 2nd |
| 3 | VARSHA V NAIR | G C P E CALICUT | 3.15 | 3rd |
| | NIMISHA N P | GCPE CALICUT | 3.15 | 3rd |


 DR. M. J. ...
 H.O.D. ASST. ...
 DEPT. OF PHYSICAL EDUCATION
 CHRIST. COL. IRINJALAKUDA

list of participants

UNIVERSITY OF CALICUT
DEPARTMENT OF PHYSICAL EDUCATION

MEN

ELIGIBILITY PROFORMA FOR INTER-COLLEGIATE TOURNAMENTS 2022- 23

Name of the tournament: GYMNASTICS

Name of the Manager: DR. ARAVINDA B.P

Name of the Participant College: CHRIST COLLEGE IRINJALAKUDA

Name of the Participating College: CHRIST COLLEGE IRINJALAKUDA

| Sl. No | Name (In Block letters) | Father's & Mother's Name (Block letters) | Home Address (In Block letters) | Date of Birth | Date & Year of Birth | | Place of Birth | Admission Number | Author Number | Jurisdiction of the College | University Reg. No. | Date & Year of the admission to | | | | | From |
|--------|-------------------------|--|--|---------------|----------------------|-------|----------------|------------------|---------------|-----------------------------|---------------------|---------------------------------|------|------|------|------------------------|------|
| | | | | | Year | Month | | | | | | Year | 2018 | 2019 | 2020 | 2021 | |
| 1 | ABHIRAM K S | SHANU RAOJI | CHANGANCOO, CHANGANCOOR P O, IRINJALAKUDA | 06/01/2000 | 03/01 | 2019 | IRINJALAKUDA | 59464070290 | 47985 | 47985 | 2018 | 2019 | 2020 | 2021 | 2022 | B.A. POLITICAL SCIENCE | 2018 |
| 2 | ABHIRAM K S | SHANU RAOJI | CHANGANCOO, CHANGANCOOR P O, IRINJALAKUDA | 06/01/2000 | 03/01 | 2019 | IRINJALAKUDA | 59464070290 | 47985 | 47985 | 2018 | 2019 | 2020 | 2021 | 2022 | B.A. POLITICAL SCIENCE | 2018 |
| 3 | ADARSH K J | SAJU P JOSE CELYNIA HEW | PATTANAMANGALAM, CHANGANCOOR P O, IRINJALAKUDA | 20/11/2002 | 03/01 | 2022 | IRINJALAKUDA | 59570488805 | 47985 | 47985 | 2020 | 2021 | 2022 | 2023 | 2024 | B.A. POLITICAL SCIENCE | 2020 |
| 4 | ADARSH K J | SAJU P JOSE CELYNIA HEW | PATTANAMANGALAM, CHANGANCOOR P O, IRINJALAKUDA | 20/11/2002 | 03/01 | 2022 | IRINJALAKUDA | 59570488805 | 47985 | 47985 | 2020 | 2021 | 2022 | 2023 | 2024 | B.A. POLITICAL SCIENCE | 2020 |
| 5 | ADARSH K J | SAJU P JOSE CELYNIA HEW | PATTANAMANGALAM, CHANGANCOOR P O, IRINJALAKUDA | 20/11/2002 | 03/01 | 2022 | IRINJALAKUDA | 59570488805 | 47985 | 47985 | 2020 | 2021 | 2022 | 2023 | 2024 | B.A. POLITICAL SCIENCE | 2020 |
| 6 | ADARSH K J | SAJU P JOSE CELYNIA HEW | PATTANAMANGALAM, CHANGANCOOR P O, IRINJALAKUDA | 20/11/2002 | 03/01 | 2022 | IRINJALAKUDA | 59570488805 | 47985 | 47985 | 2020 | 2021 | 2022 | 2023 | 2024 | B.A. POLITICAL SCIENCE | 2020 |
| 7 | ADARSH K J | SAJU P JOSE CELYNIA HEW | PATTANAMANGALAM, CHANGANCOOR P O, IRINJALAKUDA | 20/11/2002 | 03/01 | 2022 | IRINJALAKUDA | 59570488805 | 47985 | 47985 | 2020 | 2021 | 2022 | 2023 | 2024 | B.A. POLITICAL SCIENCE | 2020 |
| 8 | ADARSH K J | SAJU P JOSE CELYNIA HEW | PATTANAMANGALAM, CHANGANCOOR P O, IRINJALAKUDA | 20/11/2002 | 03/01 | 2022 | IRINJALAKUDA | 59570488805 | 47985 | 47985 | 2020 | 2021 | 2022 | 2023 | 2024 | B.A. POLITICAL SCIENCE | 2020 |
| 9 | ADARSH K J | SAJU P JOSE CELYNIA HEW | PATTANAMANGALAM, CHANGANCOOR P O, IRINJALAKUDA | 20/11/2002 | 03/01 | 2022 | IRINJALAKUDA | 59570488805 | 47985 | 47985 | 2020 | 2021 | 2022 | 2023 | 2024 | B.A. POLITICAL SCIENCE | 2020 |
| 10 | ADARSH K J | SAJU P JOSE CELYNIA HEW | PATTANAMANGALAM, CHANGANCOOR P O, IRINJALAKUDA | 20/11/2002 | 03/01 | 2022 | IRINJALAKUDA | 59570488805 | 47985 | 47985 | 2020 | 2021 | 2022 | 2023 | 2024 | B.A. POLITICAL SCIENCE | 2020 |

DATE: 21/02/2023

(College Seal)

Signature of Principal

WOMEN

**UNIVERSITY OF CALICUT
DEPARTMENT OF PHYSICAL EDUCATION**

ELIGIBILITY PROGRAM FOR INTER-COLLEGE TOURNAMENTS 2022 - 23

P.Y.C. CAMPUS/IT STAGE/SECOND STAGE/UNIVERSITY TEAM SELECTION

Name of the Tournament: **GYMNASTICS**
 Name of the Manager: **DR. ABANINDA B P**
 Venue of the Tournament: **CHRIST COLLEGE PINJALAKUDA**
 Hostler status: **HOD/ASSOCIATE PROFESSOR**
 Zone: **INTER**
 Name of the Participating College: **CHRIST COLLEGE, PINJALAKUDA**
 Address: **CHRIST COLLEGE, PINJALAKUDA**

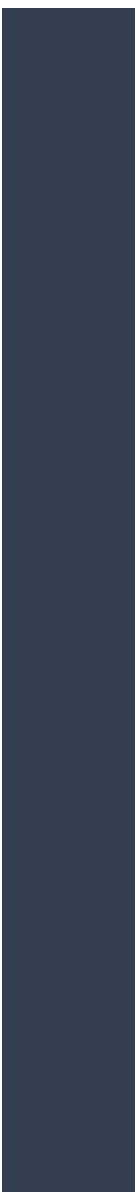
| Sl. No. | Name (or group name) | Father's Name (or group name) | Home address (or group name) | Date of birth | Date & Year of seniors qualifying examination for admission to a College/University | | | Present class | Admission Number | Aadhar Number | Duration of the Course | University Reg. No. | Date & Year of four admission to | | | | Total No. |
|---------|----------------------|-------------------------------|--|---------------|---|-------|---------|---------------|------------------|---------------|------------------------|---------------------|----------------------------------|----|----|---|-----------|
| | | | | | Year | Month | Day | | | | | | 1 | 2 | 3 | 4 | |
| 1 | SHAFINIA S | SHAFIQ KHAMMASH | OTTAPALAKUDA, MEDICAL COLLEGE, MULLATHI, KODIANGAL, KERALA | 29/05/2004 | 10/8 | 2022 | 1/8/21 | 11105 | 96228807251 | 4 yrs. | | 13 | 14 | 15 | 16 | | |
| 2 | ANITHA TOP | TOP ANITHA | ALSOOR, KODIANGOTTIL, MALWA, ERNAKULAM DISTRICT, KERALA | 01/08/2003 | 10/8 | 2020 | 11/8/20 | 10134 | 83201514980 | 4 yrs. | | 13 | 14 | 15 | 16 | | |
| 3 | SHARIFA F | MOHAMMED KAMAL ANITHA F B | WOMAN WELFARE SOCIETY, K.S. JALAKKAL, CHIRAIYUR | 08/03/2007 | 10/8 | 2021 | 11/8/21 | 10725 | 84013907506 | 4 yrs. | | 13 | 14 | 15 | 16 | | |
| 4 | SHIFA S | SHAFIQ A KHAMMASH | POST OFFICE, KODIANGOTTIL, MALWA, ERNAKULAM DISTRICT, KERALA | 30/11/2023 | 10/8 | 2021 | 11/8/21 | 10725 | 13444506725 | 4 yrs. | | 13 | 14 | 15 | 16 | | |
| 5 | SHREYAS C | SHAFIQ KHAMMASH | ADHITH, THOTTICOM, PATTOMPOLE, MALWA, ERNAKULAM DISTRICT, KERALA | 23/12/2003 | 10/8 | 2022 | 11/8/22 | 11227 | 78284944028 | 4 yrs. | | 13 | 14 | 15 | 16 | | |

Certified that the above particulars are true as per the College records. Certified that the above program are not employed on full time basis.

DATE: 21/02/2023

(College Seal)

Signature of Principal



Geo-tagged photos



മുതലായ കളി...

ജിനാസ്സിക്സ്

ക്രൈസ്റ്റ് കോളേജിനും കോഴിക്കോട് ഗവ. ഫിസിക്കൽ എജ്യൂക്കേഷൻ കോളേജിനും ഒന്നാം സ്ഥാനം

ഇന്ത്യയിലെ ഏറ്റവും മികച്ച കോളേജ് ടീമുകളിലൊന്നായി ക്രൈസ്റ്റ് കോളേജിനെ തിരഞ്ഞെടുത്തു. കോളേജിന്റെ ടീം കോഴിക്കോട് ഗവ. ഫിസിക്കൽ എജ്യൂക്കേഷൻ കോളേജിൽ എത്തിച്ചേർന്നു. ടീം അതിവിശിഷ്ടമായി പ്രകടനം കാഴ്ചവെച്ചു. ടീം അതിവിശിഷ്ടമായി പ്രകടനം കാഴ്ചവെച്ചു. ടീം അതിവിശിഷ്ടമായി പ്രകടനം കാഴ്ചവെച്ചു.



കോളേജ് ടീമിന്റെ അംഗങ്ങൾ ഇടതുവശത്ത്. കോളേജിന്റെ അംഗങ്ങൾ വലതുവശത്ത്.

കോളേജിന്റെ ടീം കോഴിക്കോട് ഗവ. ഫിസിക്കൽ എജ്യൂക്കേഷൻ കോളേജിൽ എത്തിച്ചേർന്നു. ടീം അതിവിശിഷ്ടമായി പ്രകടനം കാഴ്ചവെച്ചു. ടീം അതിവിശിഷ്ടമായി പ്രകടനം കാഴ്ചവെച്ചു. ടീം അതിവിശിഷ്ടമായി പ്രകടനം കാഴ്ചവെച്ചു.