

REPORT  
ON  
**FIT INDIA  
FREEDOM RUN  
3.0**

**10<sup>th</sup> October 2022**

# REPORT ON FIT INDIA FREEDOM RUN 3.0

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**DATE:** 10-10-2022

**Location :-** Christ College Athletic Track, Irinjalakuda

**Organizers :-** Department of Physical Education, Christ College Irinjalakuda

**Partners:-** Sports Kerala , Government of Kerala

## FIT INDIA FREEDOM RUN 3.0

The "Fit India Freedom Run 3.0" was inaugurated with great enthusiasm by Dr. Bintu T Kalyan, marking the beginning of a day dedicated to promoting fitness and wellness. The atmosphere was vibrant as participants gathered at the Christ College athletic track, eager to embark on this journey towards a healthier lifestyle

### EVENT HIGHLIGHTS

- The program witnessed active participation from all sports students and coaches of Christ College Irinjalakuda, reflecting their dedication to physical fitness and well-being.
- Participants took to the track with enthusiasm, embracing the spirit of the Fit India Movement and showcasing their commitment to an active lifestyle.
- Throughout the run, cheers and encouragement reverberated across the track, creating an atmosphere of camaraderie and support.
- The event not only emphasized the importance of physical activity but also promoted unity and teamwork among the college community.





GPS Map Camera



Irinjalakuda, Kerala, India

9657+VJ2, Fr Dismas Rd, Irinjalakuda, Kerala 680125, India

Lat 10.359301°

Long 76.213528°

10/10/22 06:40 AM