



**REPORT 2022-2023** 

CHRIST COLLEGE (Autonomous), IRINJALAKUDA

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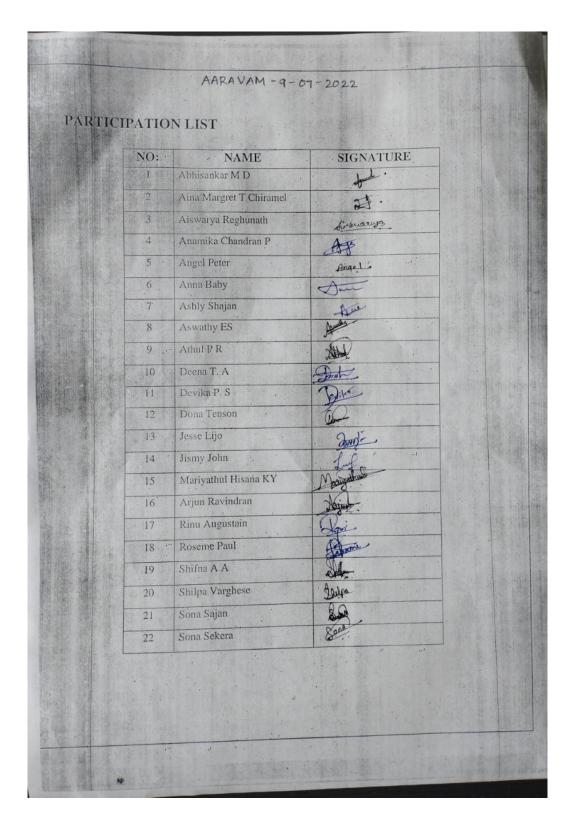
#### **AARAVAM**

DATE - 09/07/2022

AARAVAM 2K22, one day camp for students and distribution of educational kit to 60 children was conducted at Porathissery Mahatma LP, UP school under the initiation of Social Work Department of Christ College (Autonomous), Irinjalakuda on 9th July 2022 (Saturday) at 10.00 am. Around 60 children from ward 35 participated in the camp. The chief guest Rev. Fr. Dr. Jolly Andrews CMI inaugurated the program and after the official inauguration the sessions begin with ice breaking session and followed by classes on topic social media addiction, life skills and craft class along with activities in order to encourage children. The program was a remarkable one.







#### **PRAVEGA**

DATE - 20/08/2022 to 23/08/2022

The students of the Department of Social Work, Christ college (Autonomous) Irinjalakuda conducted the rural camp at Nelliyampathy from 20/08/22 to 23/08/22 It helped the students to make the curriculum more skill based, practical & also gave an exposure to rural life style on the basis of education, health and occupation, social & political status of the village. The name given for the camp was PRAVEGA –2022. The duration of the camp was 5 days. It aims at helping the students to understand the rural community and its problems. The camp provides an opportunity to work with the people in creative and constructive way, in order to upgrade their social relationship with a rural perspective.







NO: NAME  1 Abhisankar M D  2 Aina Margret T Chiramel  3 Aiswarya Reghunath  4 Anamika Chandran P  5 Angel Peter  6 Anna Baby  7 Ashly Shajan  8 Aswathy ES  9 Athul P R  10 Deena T. A  11 Devika P. S  12 Dona Tenson	
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21 Sona Sajan	
22 Sona Sekera	

#### **PATTAM POLE**

DATE - 06/10/2022

The street play 'Pattam Pole' performed by the second year MSW trainees of Christ College (Autonomous), Irinjalakuda in association with the Sthree Suraksha Awareness Campaign to create awareness about women protection and empowerment was attended by the District Collector, ministers, high ranking police officials and many others. The street play was performed by a total of 18 social work trainees. The script of the streetplay was written by the social work trainees Mr. Nayat Arjun Ravindran and Ms. Ashly Shajan. The streetplay caught the attention of the people pasing by and concluded well with the active support and participation of the audience.





#### STREET PLAY - 06 10 2022

#### PARTICIPATION LIST

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4	Anamika Chandran P	And
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#### **OBSERVATION OF NATIONAL POLLUTANT CONTROL DAY**

DATE - 02/12/2022

An awareness session was organized on 2nd December 2022 on the basis of National Pollution Control Day at St. Joseph's Higher Secondary School, Aviniserry from 3pm. The sessions were taken by the MSW students of Christ College (Autonomous) Irinjalakuda. The session was given to plus one students of science batch. The session was included discussion, analyzing and gathering knowledge about the need to reduce the increasing pollution of our society.



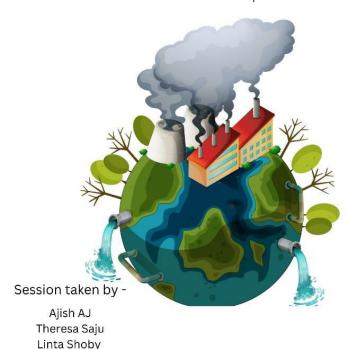
(Christ College Irinjalakuda)

**DEPT. OF SOCIAL WORK** 

# DEC 2 NATIONAL POLLUTION CONTROL DAY AWARENESS SESSION

FOR PLUS ONE STUDENT

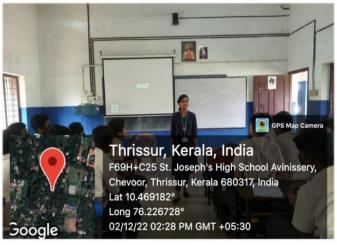
Place: St . Joseph Higher secondary Anakkalu Time: 3.00 - 4.00 pm

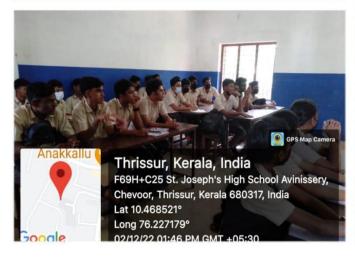














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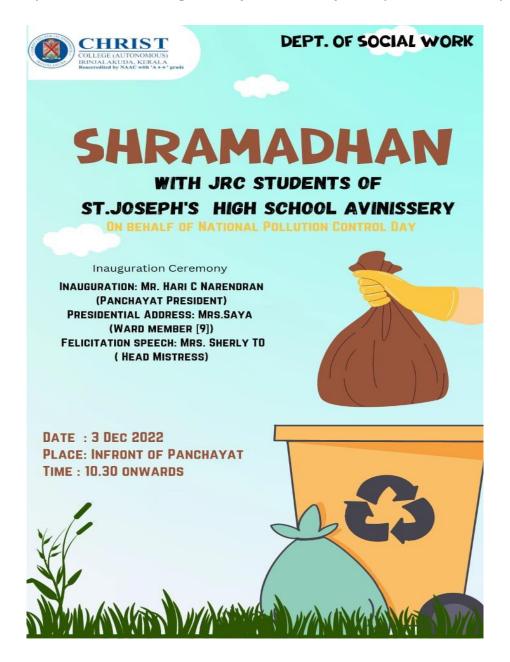
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#### SHRAMADHAN

DATE - 3/12/2022

Shramadhan was conducted on 3rd December 2022 as a part of National Pollution Control Day at St. Joseph High School, Aviniserry. Shramadhan was inaugurated by the Panchyath President Mr. Hari C Narendran. Shramadhan was conducted infront of the Panchayath. Along with the MSW students of Christ College (Autonomous), the JRC students of the St. Joseph High School from 10:30am. Presidential address was delivered by Mrs. Saya (ward member 9) and felicitation speech by Mrs. Sherly T O (Head Mistress).















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#### **HEARING AID DETECTION CAMP**

DATE - 3/12/2022

Medical camp and of hearing detection problems was conducted pullur at cultural centre and G.U.P.S, Anadhapuram on 3rd December 2023 from 9:30am to 2pm. The camp was inaugurated by the panchayath president Mr. Jose Chittillasherry. The aim of the camp was to detect the hearing problems and provide hearing aids to the needed. The coordinators of the programme were the MSW students of Christ College.



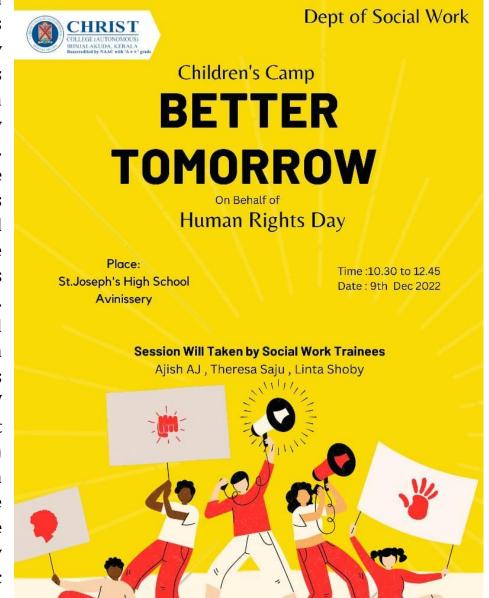




#### **BETTER TOMORROW**

DATE - 09/12/2022

On the behalf of Human Rights Day, children's and day camp observation was conducted at St. Joseph High School, Aviniserry on9th December 2022. The theme for the Human Rights Day was 'Dignity, Freedom, and Justice for All'. The programme was inaugurated Mrs. by Sherly T 0, Head Mistress St. Joseph High School. The session was taken by **MSW** the students of Christ College (Autonomous) Irinjalakuda. The session began by 10:30 am. The session was all about the delivering a primary knowledge about basic human rights.

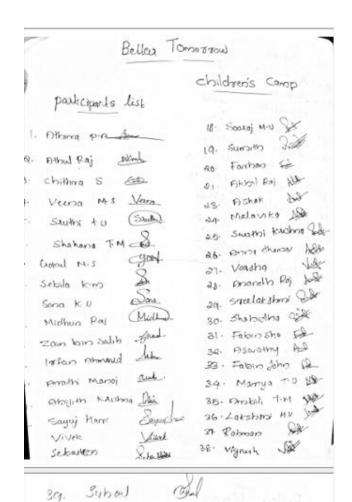




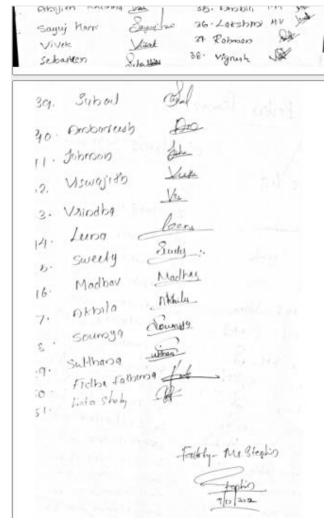








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#### SEX EDUCATION CLASS

DATE - 09/12/2022

On 9-12-2022, department organised an awareness class at O L F G H S Mathilakam. Conducted awareness class for the Seventh standard students on 9th Dec 2022. 51 Students participated on the awareness class. The first Session about the self hygiene and sex education, The students are very cooperatively and attentively involving the session, next session was about Drug abuse and its consequences, after the awareness session trainee conducted an ice breaking session, all students were very actively participated the ice breaking session after the sessions, some students asked their doubts. 2 of the students gave a feedback about the class. The class teacher also gave thanks for the Trainee. The awareness class was successfully done by the hard work of the trainees.







## CHRIST COLLEGE (AUTONOMOUS), IRINJALAKUDA Department Of Socialwork

#### MASTER OF SOCIAL WORK



#### O.L.F.G.H.S.MATHILAKAM

DATE: 09-12-2022

TIME: 3:00PM -4:00PM

#### SESSION BY, SOCIALWORK TRAINEES



Shahidha M A



Hamna K Siddique



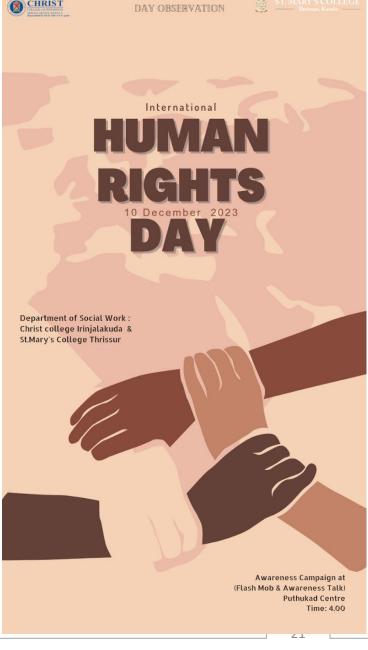
Shereena Kabeer

#### FLASH MOB ON HUMAN RIGHTS DAY

DATE - 10/12/2022

An awareness was given to the people of Pudukkad Grama Panchayat as part of Human Rights Day on 10th December 2022 at Pudukkad centre. The Campaign was inaugurated by the Panchayath President Mr. K.M Baburaj. Along with the social work students of Christ College the social work students of St. Mary College, Thrissur also participated to give awareness to public.





#### ICE BTREAKING SESSION

DATE - 26/12/2022

MSW first year trainees had conducted an ice breaking session with many activities at Deepthi HSS Thalore for the NSS students at their 7 – days camp.











#### **ZRAVAS - NATIONAL CONFERENCE**

DATE - 03/02/2023 TO 04/02/2023

DAY 1

The first day of ZARVAS 2023 began with registration at 8.30 am. The program started with keynote address by Dr k Miriam Samuel, HOD, Dept of Social work, Madras Christian college, Chennai on the topic disaster resilience revitalising communities as a social work imperative. The topic was introduced and the speaker discussed the importance of disaster resilience. The inaugural session started with the curtain raiser. The programme started at 10.40am with a welcome speech delivered by Rosemary T George, HOD, Christ school of social work. The presidential address was given by Rev Dr. Jolly Andrews CMI, Principal, Christ College (Autonomous), Irinjalakuda. The national conference was officially inaugurated with a lamp lighting ceremony. The inaugural address was given by Ms Aishwarya Dongre, IPS superintendent of police Thrissur rural. She shared the importance of assurance and upliftment among the affected people during a disaster. It was followed by a felicitation speech by Rev Dr Wilson Tharayil CMI, Director Christ College (Autonomous) Irinjalakuda. The Ancy memorial award for emerging social worker was presented to Mr. Athul P R, 2nd year MSW student, Christ school of social work by Fr Jolly Andrews CMI. It was followed by a felicitation speech by Mr. Joe John George consultant, DOR, UNICEF, India. Mr Saijith N S, staff coordinator, National conference and students meet 2023 extended the word of gratitude. At 11.15 am a paper presentation was conducted at Fr Jose Thekkan A/C Seminar Hall. Five papers were presented by the students from different colleges on conference topics. The first technical intro session started at 11.50 am by Mr

Joe John George, consultant, DOR, UNICEF Kerala on the topic disability inclusive disaster risk reduction and emergency situations,

through the session discussed about disaster, disaster management acts and disability risk reduction. The session was concluded with a vote of thanks by Ms Dilja Dinesh 1st year MSW student. The first technical session was presented by Dr Jayakumar Associate Professor, Dept of Psycho social support in disaster

management, NIMHANS Bangaluru. The session was mainly discussed about the psycho social support during disaster and post disaster mental health. Student interaction sessions were also maintained during the session. The students' meeting began at 1.55pm with a prayer. Ms Meghana Davis, Assistant professor, Christ school of social work welcomed the guests, Facilitation was delivered by Rev Dr Joy Vattoly CMI, Assistant professor, Christ school of social work. The inaugural ceremony and inaugural address by Dr Jaya Cherian, Associative Professor and HOD, Department of social work, Vimala College (Autonomous) Thrissur. Followed by that, chief guest - Mr Sudeep Palanad, Playback singer, addressed the audience and shared his musical journey and sang a song from his renowned work. Dr B. P. Aravinda, Dean of Humanities, Physical education and Language, Christ college (Autonomous) Irinjalakuda facilitated the session. The student meet inauguration ended with the vote of thanks by Ms Ashly Shajan 2nd year MSW Student. The second technical session started at 2.40 pm and was handled by Dr C Satheesh Kumar, Assistant Professor, Department of Social Work, Pondicherry University, on the topic, Resilience building among vulnerable groups. The social impetus award presentation started at 2.40 pm in Fr Dr Jose Thekkan Seminar Hall, chaired by Rev Dr Joy Vattoly CMI, Mr Shaju and Sr Deveina. Students from Bharata Mata college, Christ College,

St. Joseph College, Moolamattom, Sree Sankaracharya University of Sanskrit, Thuravoor regional centre and Kuriakose Elias

College presented their social initiatives. The project proposal competition started by 2.40 pm at Saint Chavara multimedia hall. The topic for the project proposal was 'Volunteerism in Disaster Management and Aid to the less fortunate'. A Total of 9 colleges participated in the same and it was ended by 3.40 pm. Extempore speech competition was also conducted at Saint Chavara multimedia hall which began at 4 pm. 29 students participated and the topic was "Post Disaster Mental Health and Psychological Support ". The spot dance competition started at 5.00 pm at the main auditorium. 15 Participants performed in the event. The best social work team quiz competition was conducted at Jose Thekkan A/C Seminar Hall at 5.30 pm in which 18 teams participated. The theme dance started at 5.30 pm at the main auditorium with 4 participants. Mime started at 7.15 pm with 4 colleges. The cultural programme started at 8.00 pm which included group dances, songs, mime, solo performances by the students of Christ school of social work. The day ended with dinner by 9.45 pm.

#### Day 2

The national conference and students meet based on the theme "Disaster Resilience: Revitalizing communities as a social work Imperative" was conducted be the department of social work on February 3rd and 4th 2023. On the second day of the conference the program was started with sum up report of first day by Ms. Reni K Mani, Assistant Professor, Department of Social Work Christ College. The first programme was panel discussion held at seminar hall, the topic of the discussion was "Social Work Response to Post disaster management". The panel was handled by the moderator Dr. Anish K. R, Assistant Professor, Department of Social Work, Rajagiri College

of Social science, Kalamassery, Kochi. The panelist includes dignitaries, that is, Dr. Jobin Tom, Assistant Professor, Department of

Psychiatric Social Work, IMHANS, Calicut, Kerala. Dr. Mila Maria Anto, Assistant Professor and HOD, Department of Psychology, Prajyothi Nikethan College, Puthukad, Thrissur, Dr. Linto Alappat, Assistant Professor, Department of Geology, Christ College (Autonomous), Irinjalakuda, MS. Annie George, CEO, BEDROC (NUTO), Nagapattanam, Tamil Nadu. An interactive session with students were also took place during the session. The panel discussion came to end with vote of thanks by Ms. Gayathri, BSW, Christ College (Autonomous), Irinjalakuda. The paper presentation started by 10.00 am. Various papers were presented by students and academicians from different colleges. And total of 12 paper presentation was held along with the Q and A session. Many competions in which students from other colleges participated, Treasure hunt, street play competition, role play was held during the second day of conference. The second and third round of best social worker team was conducted respectively. Afterwards valedictory function was started by 3.05 pm which includes result annunciation and prize distribution of various competitions conducted as a part of the function is as follows, short video,

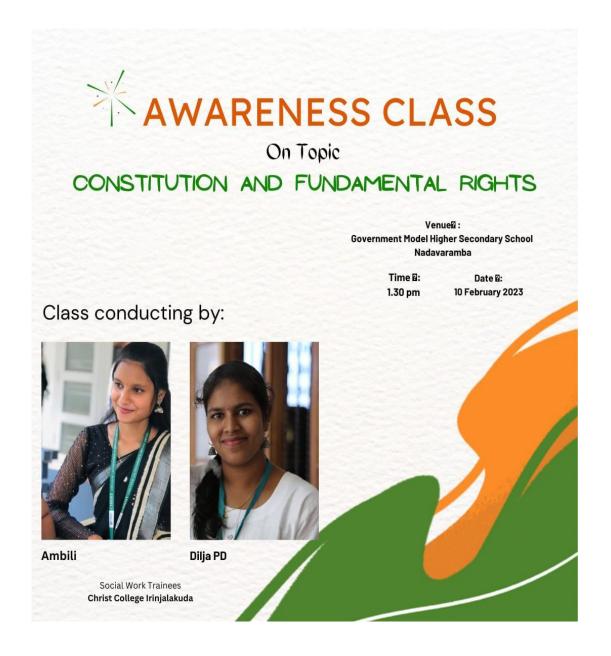
project proposal, extempore, reels, spot dance, mime, treasure hunt, best social work team, theme dance, street play. and feedbacks too. The

first position was secured by Sree Sankaracharya University of Sanskrit, Thuravoor. The first runner-up was Department of Social Work, Chinmaya Mission College, Kolazhy, Thrissur. And second runner-up was Department of Social Work, WMO arts and Science College, Wayanad. And the programme was concluded by 5.00 pm with photo-session.

#### **AWARENESS CLASS - CONSTITUTION**

DATE - 10/02/2023

Awareness class on the topic constitution and fundamental rights was conducted at Govt. Model Higher Secondary School, Nadavarambu with an intention to make the students to be more aware about the Indian Constitution and the basic human rights of an individual. The class was conducted on 10th February 2023 at 1:30pm. The sessions were taken by the MSW students of Christ College.







#### STREET PLAY ON WOMEN'S DAY

DATE - 08/03/2023

As part of World Women's Day on 8th March 2023 the MSW students of Christ College in association with SAKHI one stop center. As part of this the students performed street play and mime to delivered the message of Women day. The programme was inaugurated by the Mr. George , SHO Irinjalakuda Police Station.







## **WOMEN'S DAY**

DIGITALL: INNOVATION AND TECHNOLOGY FOR GENDER EQUALITY

March 08 2023

#### Public Awareness Through: Mime and Street Play

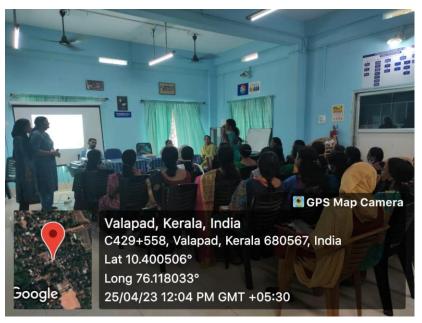
Place: Municipal Bus stand Irinjalakuda Time: 3.00



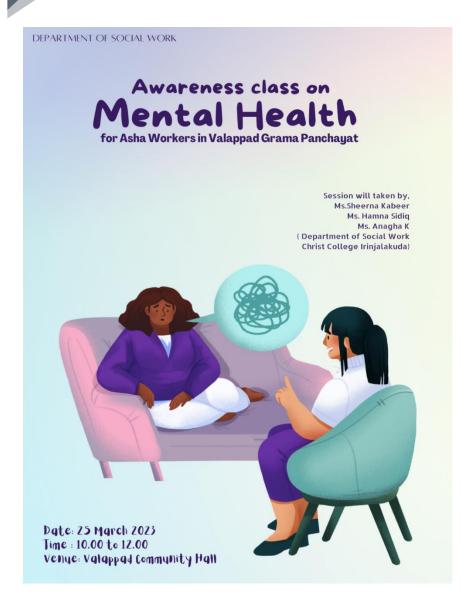
#### **MENTAL HEALTH AWARENESS CLASS**

DATE - 25/03/2023

The importance of mental health is increasing day by day in our society. Based on that an awareness class on mental health was taken for the ASHA workers in Valapad Grama Panchayath. The sessions were taken by the social work students of Christ College. The session was taken on 25th March 2023 at Valapad Community Hall.







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#### FOCUS GROUP DISCUSSION ON DRUG ADDICTION

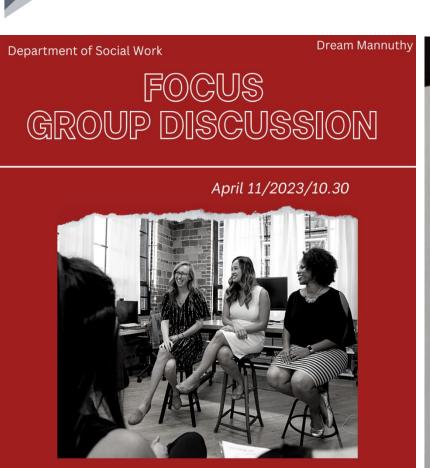
DATE - 11/04/2023

MSW first year trainees conducted a focus group discussion on the topic DRUG ADDICTION at Avinissery Gram panchayat.









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Ms.Femi Sebastian DREAM Project Coordinator Thrissur Mr.Joyel K Saju DREAM project Thrissur Area Counsellor

Ms.Preseedha CDS Chairperson, Avinissery Grama Panchayat <u>Coordinators: -</u> <u>Athulya Ms</u> <u>Linta Shoby</u>

#### **AWARENESS CLASS FOR PARENTS**

DATE - 12/04/2023 and 13/04/2023

Parents Awareness Class at Avinissery Grama Panchayat on 12th and 13th April. Parents training were conducted in 3 cluster meetings. The session was taken by coordinator and counsellor of DREAM Project. Parents Awareness Class at Venghinissery Grama Panchayat on 26th and 27th April, Parent's training was conducted in 3 cluster meetings. The session was taken by coordinator and both social work students. The session was about giving awareness about the adverse effects of drugs and how parents can take care about the changes that happen in their children.







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#### **SPORTS MEET**

DATE - 18/04/2023

Vadanapally grama Panchayat and Social Work Department of Christ College (Autonomous) Irinjalakuda in collaboration with Thalikulam ICDS project organized Sports meet 2023 for the students of 10 to 15 years of age of Kumari Club in 28 Anganwadis of Vadanapally Panchayat. Total 30 students participated in the programe . One child from each Anganwadi participated in the program conducted at Trithallur Sreevidya Poshini School as part of the field work of second year social work trainees. Various Group activities like , running race , fun games and Ball passing were conducted. At the end of various competitions, the first, second and third places were awarded with medals and certificates.



## കായികമേള സംഘടിപ്പിച്ചു

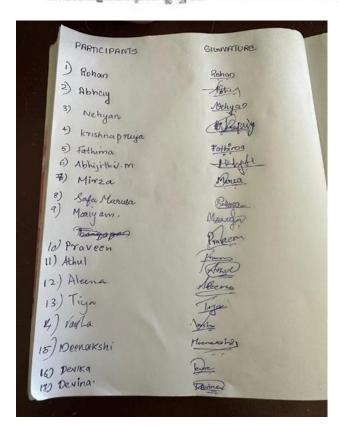


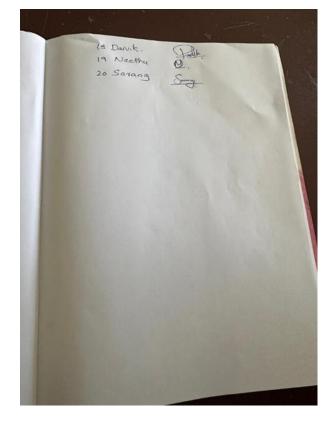
കായികങ്ങള പഞ്ചായത്ത് പ്രസിഡന്റ് ശാന്തി ഭാസി ഉദ്ഘാടനം ചെയ്യുന്നു

നാട്ടിക

വാടാനപ്പള്ളി പഞ്ചായത്തും ക്രൈസ്റ്റ് കോളേജിലെ സോ ഷൃൽ വർക്ക് വിഭാഗവും തളിക്കു ളം ഐസിഡിഎസ് പ്രൊജക്റ്റി ന്റെ സഹകരണത്തോടെ വാടാ നപ്പള്ളി പഞ്ചായത്തിലെ 28 അങ്ക ണവാടികളിലെ കുമാരി ക്ലബ്ബിലെ വീദ്യാർഥികൾക്കായി കായിക ട്ടിഫിം മേള സംഘടിപ്പിച്ചു. തൃത്തല്ലൂർ പ്രസി ശ്രീവിദ്യ പോഷിണി സുളിൽ നട ടനം ത്തിയ പരിപാടിയിൽ ഓരോ സി പു അങ്കണവാടിയുടെ കീഴിൽ നി എ പു ന്നും ഒരു കുട്ടി വീതം പങ്കെടുത്തു. ധനിം ഒന്നും രണ്ടും മൂന്നും സ്ഥാനം കര ബാല സ്ഥമാക്കിയ വരെ മെഡലും സർ രിച്ചു.

ട്ടിഫിക്കറ്റും നൽകി. പഞ്ചായത്ത് പ്രസിഡന്റ് ശാന്തി ഭാസി ഉദ്ഘാ ടനം ചെയ്തു. വൈസ് പ്രസിഡന്റ് സി എം നിസാർ അധ്യക്ഷനായി. എ എസ് സബിത്ത്, കെ എസ് ധനീഷ്, ഷീജ, സൗമ്യ, വർഷ ബാലകൃഷ്ണൻ എന്നിവർ സംസാ



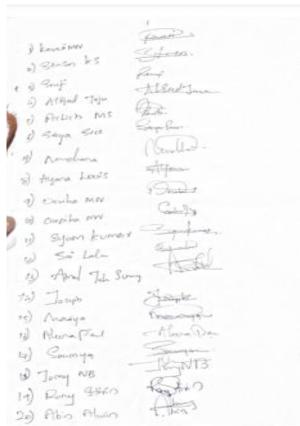


#### **HEALTH DAY AWARENESS**

DATE - 24/04/2023

An awareness on 'Health' was organized on 24th April 2023 as a part of Health Day. The session was organized at Anganwadi of 4th Ward of Nenmanikkara Grama Panchayath for the adolescence to make them aware about the need for taking care of good health and how to maintain good health.





## Christ college (Autonomous) Irinjalakuda Department of social work

First year MSW Trainees

APRIL 07

### HEALTH

AWARENESS CLASS ON: 'HEALTH'

Place: Anganwadi, ward 4. NenmanikaraGrama panchayath,

Date: 24/4/2023

Time - 10:00 am



Clinta Jose



Amal John Sunny AncyAntony



Resource Person

#### CHILDREN'S CAMP - VADANAPILLY

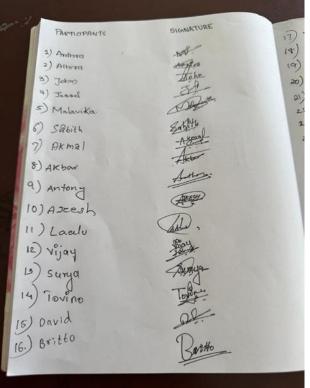
DATE - 11/05/2023

As part of the fieldwork, trainees had conducted children's camp on 11/05/2023 to 12/05/2023 at Govt. Fisheries U P School Thrithallur for the adolescent group. The children's camp was inaugurated by Mrs.Shanthi Bhasi Vadanapally Gram panchayath President, program coordinated by welfare standing committee chairperson Mr. Sabith N. S and ICDS Supervisor Mrs.Vydehi K.R. The social work trainees conducted life skill education, public speaking, craft making and martial arts. The life skill education were given by Mr. Suresh (Faculty, DIST thrissur) and public speaking session was taken by Mr.Styju sir, craft session was taken by Mr. Athul sir. 30 students from different wards of Vadanapally panchayath had participated in the camp.









#### CHILDREN'S CAMP - VELOOKKARA

DATE - 19/05/2023

As part of the field work the social work trainees conducted a childrens camp on 19/05/2023 from 10:00 am to 1:00 pm at ward 12 Nalanda Anganwadi (Thumboor West) of Velukkara Panchayat for children of 9 to 12 years of age. The camp was inaugurated by Mrs, Shaila and Kikkili, the anganwadi teachers accompanied by the helper. The camp was attended by 20 students of ward 12. The trainees were able to conduct games and activities and provide rewards for the same along with refreshments. The camp concluded successfully after the interactive session.



