

# **A RECIPE DEVELOPMENT OF AN INNOVATIVE INDIAN APPETIZER BASED ON CHICKEN AND CHEESE**

Project report submitted to the University of Calicut in partial  
fulfillment of the requirements for the degree of

**Bachelor of Science**

**in**

**Hotel Management and Catering Science**

**By**

**Rohan Thomas**

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**B.Sc. HM & CS (2020-2023)**



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## DECLARATION

I, Rohan Thomas, hereby declare that this project entitled, “**A Recipe Development of an Innovative Indian Appetizer Based on Chicken and Cheese**”, submitted to the University of Calicut in partial fulfillment of the requirements for the award of the degree of Bachelor of Science in Hotel Management and Catering Science, is a bonafide research work done by me under the supervision and guidance of Jenny Thomas, Assistant Professor, Department of Hotel Management, Christ College (Autonomous), Irinjalakuda.

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## **CERTIFICATE**

This is to certify that this dissertation entitled “**A Recipe Development of an Innovative Indian Appetizer Based on Chicken and Cheese**”, is an authentic record of project work carried out by Rohan Thomas under my supervision and guidance in partial fulfillment of the requirements for the award of the degree of Bachelor of Science in Hotel Management and Catering Science submitted to the University of Calicut.

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## **ACKNOWLEDGEMENT**

It is my pleasure to acknowledge my heartfelt gratitude to my supervising teacher Jenny Thomas, Assistant Professor, Department of Hotel Management, Christ College (Autonomous), Irinjalakuda, for guiding me and making corrections and revisions in my drafts.

I thank Prof. Toybe Joseph, HoD, Department of Hotel Management, for the motivation and support extended to me.

I am indebted to Rev. Dr. Jolly Andrews, the Principal, Christ College (Autonomous), Irinjalakuda for directing the students towards research.

I would also like to express my love and regards to my parents, teachers, friends and all those who have helped me directly and indirectly, in the successful completion of this project.

Rohan Thomas

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**A MARKET FEASIBILITY STUDY ON CAVE  
TOURISM IN THRISSUR**

Project report submitted to the University of Calicut in partial  
fulfillment of the requirements for the degree of

**Bachelor of Science**

**in**

**Hotel Management and Catering Science**

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I thank Prof. Toybe Joseph, HoD, Department of Hotel Management, for the motivation and support extended to me.

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Abhisheak Jaiju

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**DEVELOPMENT OF AN INNOVATIVE COCKTAIL  
WITH CHIKKU AND WHITE RUM**

Project report submitted to the University of Calicut in partial  
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**“THE SCOPE OF DEVELOPING A GAMING CAFÉ  
WITH IN A RESTURANT IN THRISSUR”**

Project report submitted to the University of Calicut in partial  
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I would also like to express my love and regards to my parents, teachers, friends and all those who have helped me directly and indirectly, in the successful completion of this project works.

Adhil Ashraf

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**A MARKET FEASIBILITY STUDY ON THE  
HERITAGE AND COASTAL CIRCUITS IN KANNUR  
DISTRICT COVERED IN 12 HOURS FROM CITY  
CENTRE**

Project report submitted to the University of Calicut in partial  
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**in**

**Hotel Management and Catering Science**

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It is my pleasure to acknowledge my heartfelt gratitude to my supervising teacher, Prof. Ajith Mani, Assistant Professor, Department of Hotel Management, Christ College (Autonomous), Irinjalakuda, for guiding me and making corrections and revisions in my drafts.

I thank Prof. Toybe Joseph, HoD, Department of Hotel Management, for the motivation and support extended to me.

I am indebted to Rev.Dr. Jolly Andrews, the Principal, Christ College (Autonomous), Irinjalakuda for directing the students towards research.

I would also like to express my love and regards to my parents, teachers, friends and all those who have helped me directly and indirectly, in the successful completion of this project works.

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**A STUDY ON THE ROLE OF DIFFERENT FORMS  
OF NUTS USED AS GARNISHES IN ENTREMETS  
AVAILABLE IN SELECTED FIVE STAR HOTEL  
OUTLETS IN ERNAKULAM DISTRICT**

Project report submitted to the University of Calicut in partial  
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**Bachelor of Science**

**in**

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ALBERT POLACHAN

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# **INFLUENCE OF NATUROPATHY ON WELLNESS TOURISM: A CASE STUDY**

Project report submitted to the University of Calicut in partial  
fulfillment of the requirements for the degree of

**Bachelor of Science**

**in**

**Hotel Management and Catering Science**

**By**

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## Declaration

I, **ALBIN JOHNSON**, hereby declare that this project entitled **Influence of Naturopathy on Wellness Tourism: A Case study**, submitted to the University of Calicut in partial fulfillment of the requirements for the award of the degree of Bachelor of Science in Hotel Management and Catering Science, is a bonafide research work done by me under the supervision and guidance of **Pius Joseph**, Assistant Professor, Department of Hotel Management, Christ College (Autonomous), Irinjalakuda.

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## **Certificate**

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## **Acknowledgement**

It is my pleasure to acknowledge my heartfelt gratitude to my supervising teacher, Pius Joseph, Assistant Professor, Department of Hotel Management, Christ College (Autonomous), Irinjalakuda, for guiding me and making corrections and revisions in my drafts.

I thank Prof. Toybe Joseph, HoD, Department of Hotel Management, for the motivation and support extended to me.

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ALBIN JOHNSON

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**DEVELOPMENT OF AN INNOVATIVE COCKTAIL  
WITH TENDER COCONUT, VODKA AND TODDY**

Project report submitted to the University of Calicut in partial fulfillment  
of the requirements for the degree of

**Bachelor of Science**

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I, Alen Johny, hereby declare that this project entitled, Development of an innovative cocktail with tender coconut, vodka and toddy, submitted to the University of Calicut in partial fulfillment of the requirements for the award of the degree of Bachelor of Science in Hotel Management and Catering Science, is a bonafide research work done by me under the supervision and guidance of Prof. Toybe Joseph, HoD, Department of Hotel Management, Christ College (Autonomous), Irinjalakuda.

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This is to certify that this dissertation entitled Development of an innovative cocktail with tender coconut, vodka and toddy, is an authentic record of project work carried out by Alen Johny under my supervision and guidance in partial fulfillment of the requirements for the award of the degree of Bachelor of Science in Hotel Management and Catering Science submitted to the University of Calicut.

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Alen Johny

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# **EMERGENCE OF CLOUD KITCHEN IN KERALA: A CASE STUDY**

Project report submitted to the University of Calicut in partial  
fulfillment of the requirements for the degree of  
**Bachelor of Science**

**in**

**Hotel Management and Catering Science**

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I, Alen Simon, hereby declare that this project entitled “**Emergence Of Cloud Kitchen In Kerala: A Case Study**”, submitted to the University of Calicut in partial fulfillment of the requirements for the award of the degree of Bachelor of Science in Hotel Management and Catering Science, is a bonafide research work done by me under the supervision and guidance of Prof. Jenny Thomas, Assistant Professor, Department of Hotel Management, Christ College (Autonomous), Irinjalakuda.

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It is my pleasure to acknowledge my heartfelt gratitude to my supervising teacher, Prof. Jenny Thomas, Assistant Professor, Department of Hotel Management, Christ College (Autonomous), Irinjalakuda, for guiding me and making corrections and revisions in my drafts.

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Alen Simon

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**A STUDY ON THE TRENDS IN RESTAURANTS IN  
THRISSUR BETWEEN 2021-2022**

Project report submitted to the University of Calicut in partial  
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Alwin Daison

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**DEVELOPMENT OF AN INNOVATIVE DISH WITH  
TAPIOCA & CHICKEN “CHEESY LOADED TAPIOCA”**

Project report submitted to the University of Calicut in partial  
fulfillment of the requirements for the degree of

**Bachelor of Science**

**In**

**Hotel Management and Catering Science**

**By**

**ANAND KRISHNAN VS**

**REG.NO: CCAUSCT010**

**B.Sc. HM &CS (2020-2023)**



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## **Declaration**

I, Anand Krishnan vs, hereby declare that this project entitled “**Development Of Innovative Dish With Tapioca And Chicken CHEESY LOADED TAPIOCA**”, submitted to the University of Calicut in partial fulfillment of the requirements for the award of the degree of Bachelor of Science in Hotel Management and Catering Science, is a bonafide research work done by me under the supervision and guidance of prof. Jenny Thomas, Assistant Professor, Department of Hotel Management, Christ College (Autonomous), Irinjalakuda.

Irinjalakuda

March 2023

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## **Certificate**

This is to certify that this dissertation entitled, “Development of Innovative Dish with Tapioca and Chicken cheesy loaded tapioca” is an authentic record of project work carried out by Anand Krishnan V S under my supervision and guidance in partial fulfillment of the requirements for the award of the degree of Bachelor of Science in Hotel Management and Catering Science submitted to the University of Calicut.

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## **Acknowledgement**

It is my pleasure to acknowledge my heartfelt gratitude to my supervising teacher, Prof. Jenny Thomas, Assistant Professor, Department of Hotel Management, Christ College (Autonomous), Irinjalakuda, for guiding me and making corrections and revisions in my drafts.

I thank Prof. Toybe Joseph, HoD, Department of Hotel Management, for the motivation and support extended to me.

I am indebted to Rev. Dr. Jolly Andrews, the Principal, and Christ College (Autonomous), Irinjalakuda for directing the students towards research.

I would also like to express my love and regards to my parents, teachers, and friends And all those who have helped me directly and indirectly, in the successful completion of This project works.

Anand Krishnan VS

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**FEASIBILITY STUDY ON TOURISM MARKETING IN  
KUNDAI, THRISSUR DISTRICT**

Project report submitted to the University of Calicut in partial  
fulfillment of the requirements for the degree of

**Bachelor of Science**

**in**

**Hotel Management and Catering Science**

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## **Acknowledgement**

It is my pleasure to acknowledge my heartfelt gratitude to my supervising teacher, Prof. Pius Joseph, Assistant Professor, Department of Hotel Management, Christ College (Autonomous), Irinjalakuda, for guiding me and making corrections and revisions in my drafts. I thank Prof. Toybe Joseph, HoD, Department of Hotel Management, for the motivation and support extended to me. I am indebted to Rev. Dr. Jolly Andrews, the Principal, Christ College (Autonomous), Irinjalakuda for directing the students towards research. I would also like to express my love and regards to my parents, teachers, friends and all those who have helped me directly and indirectly, in the successful completion of this project works.

Anlin Alexander

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# **DEVELOPMENT OF AN INNOVATIVE DISH- KERALA STYLE TACOS**

Project report submitted to the University of Calicut in partial  
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**Bachelor of Science**

**in**

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I, Anto Joy, hereby declare that this project entitled **Development of an Innovative Dish-‘Kerala Style Tacos’** , submitted to the University of Calicut in partial fulfillment of the requirements for the award of the degree of Bachelor of Science in Hotel Management and Catering Science, is a bonafide research work done by me under the supervision and guidance of Jenny Thomas, Assistant Professor, Department of Hotel Management, Christ College (Autonomous), Irinjalakuda.

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This is to certify that this dissertation entitled **Development of an Innovative Dish-‘Kerala Style Tacos’**, is an authentic record of project work carried out by Anto Joy under my supervision and guidance in partial fulfillment of the requirements for the award of the degree of Bachelor of Science in Hotel Management and Catering Science submitted to the University of Calicut.

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It is my pleasure to acknowledge my heartfelt gratitude to my supervising teacher, Jenny Thomas, Assistant Professor, Department of Hotel Management, Christ College (Autonomous), Irinjalakuda, for guiding me and making corrections and revisions in my drafts.

I thank Prof. Toybe Joseph, HoD, Department of Hotel Management, for the motivation and support extended to me.

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Anto Joy



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# **A STUDY ON HERITAGE TOURISM IN FORT KOCHI AND INTRODUCING ONE DAY TOUR PACKAGE**

Project report submitted to the University of Calicut in partial  
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**Bachelor of Science**

**in**

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It is my pleasure to acknowledge my heartfelt gratitude to my supervising teacher, Prof. Ajith Mani, Assistant Professor, Department of Hotel Management, Christ College(Autonomous), Irinjalakuda, for guiding me and making corrections and revisions in my drafts. I thank Prof. Toybe Joseph, HoD, Department of Hotel Management, for the motivation and support extended to me. I am indebted to Rev. Dr. Jolly Andrews, the Principal, Christ College(Autonomous), Irinjalakuda for directing the students towards research. I would also like to express my love and regards to my parents, teachers, friends and all those who have helped me directly and indirectly, in the successful completion of this project works.

Arjun KB

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# **DEVELOPMENT OF AN INNOVATIVE DISH**

## **WITH TAPIOCA AND BEEF**

Project report submitted to the University of Calicut in partial

Fulfillment of the requirements of the degree of

Bachelor of Science

In

Hotel Management and Catering Science

By

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I Avin cj hereby declare that this project entitled Development of an innovative dish with tapioca and beef ,submitted to the university of Calicut in partial fulfilment of the requirements for the award of the degree of bachelor of science in Hotel Management and Catering Science, is a bonafaide resarch work done by me under the supervision and guidance of Jenny Thomas, Assistant Professor , Department of Hotel Management, Christ Collage Autonomous), Irinjalakuda.

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I thank Prof. Toybe Joseph, HoD, Department of Hotel Management, for the motivation and support extended to me.

I am indebted to Rev. D r. Jolly Andrews, the Principal, Christ College (Autonomous), Irinjalakuda for directing the students towards research.

I would also like to express my love and regards to my parents, teachers, friends and all those who have helped me directly and indirectly, in the successful completion of this project works.

AVIN CJ

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**CUSTOMER SATISFACTION IN A FLOATING  
RESORT. A CASE STUDY (AQUATIC ISLAND BY  
POPPYS)**

Project report submitted to the University of Calicut in partial  
fulfillment of the requirements for the degree of

**Bachelor of Science**

**in**

**Hotel Management and Catering Science**

**By**

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It is my pleasure to acknowledge my heartfelt gratitude to my supervising teacher, Prof.Pius Joseph, Assistant Professor, Department of Hotel Management, Christ College (Autonomous), Irinjalakuda, for guiding me and making corrections and revisions in my drafts.

I thank Prof. Toybe Joseph, HoD, Department of Hotel Management, for the motivation and support extended to me.

I am indebted to Rev. Dr. Jolly Andrews, the Principal, Christ College (Autonomous), Irinjalakuda for directing the students towards research.

I would also like to express my love and regards to my parents, teachers, friends and all those who have helped me directly and indirectly, in the successful completion of this project works.

Benson Bennat

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# **FEASIBILITY STUDY OF AN ECONOMIC PACKED FAST FOOD OUTLET INSIDE I.T PARK**

Project report submitted to the University of Calicut in partial  
fulfillment of the requirements for the degree of

**Bachelor of Science**

**in**

**Hotel Management and Catering Science**

**By**

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**Declaration**

I, Christo George, hereby declare that this project entitled “Feasibility Study of an economic packed fast food outlets inside it park kochi” , submitted to the University of Calicut in partial fulfillment of the requirements for the award of the degree of Bachelor of Science in Hotel Management and Catering Science, is a bonafide research work done by me under the supervision and guidance of Asst.prof. Pius joseph, Assistant Professor, Department of Hotel Management, Christ College (Autonomous), Irinjalakuda.

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This is to certify that this dissertation entitled “Feasibility Study of an economic packed fast food outlets inside it park kochi”, is an authentic record of project work carried out by Christo George under my supervision and guidance in partial fulfillment of the requirements for the award of the degree of Bachelor of Science in Hotel Management and Catering Science submitted to the University of Calicut.

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I thank Prof. Toybe Joseph, HoD, Department of Hotel Management, for the motivation and support extended to me.

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I would also like to express my love and regards to my parents, teachers, friends and all those who have helped me directly and indirectly, in the successful completion of this project works.

Christo George

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# **DEVELOPMENT OF AN INNOVATIVE ENTREMET WITH CHICKEN**

Project report submitted to the University of Calicut in partial  
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**in**

**Hotel Management and Catering Science**

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I, Jaiden Varghese, hereby declare that this project entitled **‘Development of an Innovative Entremet with Chicken’**, submitted to the University of Calicut in partial fulfillment of the requirements for the award of the degree of Bachelor of Science in Hotel Management and Catering Science, is a bonafide research work done by me under the supervision and guidance of Jenny Thomas, Assistant Professor, Department of Hotel Management, Christ College (Autonomous), Irinjalakuda.

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I thank Prof. Toybe Joseph, HoD, Department of Hotel Management, for the motivation and support extended to me.

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I would also like to express my love and regards to my parents, teachers, friends and all those who have helped me directly and indirectly, in the successful completion of this project works.

Jaiden Varghese

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# **STUDY ON MICROGREEN CULTIVATION AND ITS USES IN THE CULINARY FIELD-A CASE STUDY**

Project report submitted to the University of Calicut in partial fulfillment  
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**Bachelor of Science**

**in**

**Hotel Management and Catering Science**

**By**

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It is my pleasure to acknowledge my heartfelt gratitude to my supervising teacher, Jenny Thomas, Assistant Professor, Department of Hotel Management, Christ College (Autonomous), Irinjalakuda, for guiding me and making corrections and revisions in my drafts.

I thank Prof. Toybe Joseph, HoD, Department of Hotel Management, for the motivation and support extended to me.

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I would also like to express my love and regards to my parents, teachers, friends and all those who have helped me directly and indirectly, in the successful completion of this project works.

Joseph Shine Michael

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**A STUDY ON THE 'INFLUENCING FACTORS FOR  
THE TOURISTS' ARRIVAL AT ATHIRAPPILLY**

Project report submitted to the University of Calicut in partial  
fulfillment of the requirements for the degree of

**Bachelor of Science**

**in**

**Hotel Management and Catering Science**

**By**

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It is my pleasure to acknowledge my heartfelt gratitude to my supervising teacher, Prof. Pius Joseph Assistant Professor, Department of Hotel Management, Christ College (Autonomous), Irinjalakuda, for guiding me and making corrections and revisions in my drafts.

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Joyal Francis Tony

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# **A STUDY OF HITCHHIKING TOURISM TO EXPLORE NEW TOURISM DESTINATIONS**

Project report submitted to the University of Calicut in partial fulfillment of the  
requirements for the degree of

**Bachelor of Science**

**in**

**Hotel Management and Catering Science**

**By**

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**B.Sc. HM &CS (2020-2023)**



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## **DECLARATION**

I, **Mohammed Rizwan K S** hereby declare that this project entitled **A STUDY OF HITCHHIKING TOURISM TO EXPLORE NEW TOURISM DESTINATIONS**, submitted to the University of Calicut in partial fulfillment of the requirements for the award of the degree of Bachelor of Science in Hotel Management and Catering Science, is a bonafide research work done by me under the supervision and guidance of **Mr. Pius Joseph**, Department of Hotel Management, Christ College (Autonomous), Irinjalakuda.

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This is to certify that this dissertation entitled **A STUDY OF HITCHHIKING TOURISM TO EXPLORE NEW TOURISM DESTINATIONS** is an authentic record of project work carried out by **Mohammed Rizwan K S** under my supervision and guidance in partial fulfillment of the requirements for the award of the degree of Bachelor of Science in Hotel Management and Catering Science submitted to the University of Calicut.

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## **ACKNOWLEDGEMENT**

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I thank Prof. Toybe Joseph, HoD, Department of Hotel Management, for the motivation and support extended to me.

I am indebted to Rev. Dr. Jolly Andrews, the Principal, Christ College (Autonomous), Irinjalakuda for directing the students towards research.

I would also like to express my love and regards to my parents, teachers, friends and all those who have helped me directly and indirectly, in the successful completion of this project works.

**MOHAMMED RIZWAN K S**



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**A COMPARATIVE STUDY ON ‘MENU  
ENGINEERING’ IN 10 DIFFERENT RESTAURANT IN  
THRISSUR.**

Project report submitted to the University of Calicut in partial  
fulfillment of the requirements for the degree of

**Bachelor of Science**

**in**

**Hotel Management and Catering Science**

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I, Nandhana P.B hereby declare that this project entitled ‘A comparative study on ‘ MENU ENGINEERING’ in 10 different restaurant in Thrissur’. submitted to the University of Calicut in partial fulfillment of the requirements for the award of the degree of Bachelor of Science in Hotel Management and Catering Science, is a bonafide research work done by me under the supervision and guidance of Prof. Toybe Joseph , Assistant Professor, Department of Hotel Management, Christ College (Autonomous), Irinjalakuda.

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This is to certify that this dissertation entitled “A comparative study on ‘ MENU ENGINEERING’ in 10 different restaurant in Thrissur” is an authentic record of project work carried out by Nandhana P.B under my supervision and guidance in partial fulfillment of the requirements for the award of the degree of Bachelor of Science in Hotel Management and Catering Science submitted to the University of Calicut.

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# **A FEASIBILITY STUDY OF KAYAKING IN MALA BACK WATERS**

Project report submitted to the University of Calicut in partial  
fulfillment of the requirements for the degree of

**Bachelor of Science**

**in**

**Hotel Management and Catering Science**

**By**

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I, **Nevil Xavier** hereby declare that this project entitled **A FEASIBILITY STUDY OF KAYAKING IN MALA BACK WATERS**, submitted to the University of Calicut in partial fulfillment of the requirements for the award of the degree of Bachelor of Science in Hotel Management and Catering Science, is a bonafide research work done by me under the supervision and guidance of **Mr. Toybe Joseph, HOD**, Department of Hotel Management, Christ College (Autonomous), Irinjalakuda.

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This is to certify that this dissertation entitled **A FEASIBILITY STUDY OF KAYAKING IN MALA BACK WATERS** is an authentic record of project work carried out by **Nevil Xavier** under my supervision and guidance in partial fulfillment of the requirements for the award of the degree of Bachelor of Science in Hotel Management and Catering Science submitted to the University of Calicut.

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It is my pleasure to acknowledge my heartfelt gratitude to my supervising teacher, **Prof. Toybe Joseph**, Assistant Professor, Department of Hotel Management, Christ College (Autonomous), Irinjalakuda, for guiding me and making corrections and revisions in my drafts.

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**A CASE STUDY ON EFFECTIVENESS OF  
“PLATING TOOLS” IN PRESENTING A DISH**

Project report submitted to the University of Calicut in  
partial fulfillment of the requirements for the degree of

**Bachelor of Science**

**in**

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# **A STUDY ON THE ROLE OF SEASONS IN ATTRACTING TOURISTS TO MUNNAR**

Project report submitted to the University of Calicut in partial  
fulfillment of the requirements for the degree of  
**Bachelor of Science**

**in**

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**A MARKET FEASIBILITY STUDY ON RURAL  
TOURISM CONNECTING VILANGAN HILLS,  
POOMALA DAM, ENAMAVU BRIDGE AND PULLU  
PADAM**

Project report submitted to the University of Calicut in partial  
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I would also like to express my love and regards to my parents, teachers, friends and all those who have helped me directly and indirectly, in the successful completion of this project works.

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