

**A COMPARATIVE STUDY ON SELF EFFICACY AND EMOTIONAL INTELLIGENCE  
AMONG DAY SCHOLARS AND BOARDING STUDENTS**

*Dissertation submitted to Christ College (Autonomous) in partial fulfilment of  
the requirements for the award of the degree of Bachelor of Science in  
Psychology*

Submitted by,

**SUMESH BABU**

**REG.NO. – CCAUSPY047**



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**CHRIST COLLEGE (AUTONOMOUS), IRINJALAKUDA**

**2020-2023**

**CHRIST COLLEGE (AUTONOMOUS), IRINJALAKUDA**

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**2020-2023**

**BONA FIDE CERTIFICATE**

This is to certify that the dissertation entitled, “**A COMPARATIVE STUDY ON SELF EFFICACY AND EMOTIONAL INTELLIGENCE AMONG DAY SCHOLARS AND BOARDING STUDENTS** ” is a bona fide record of research work carried out by **Mr. SUMESH BABU**, Register no.: **CCAUSPY047**, during the sixth semester of B.Sc. Psychology of the academic year 2020-2023.

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## **DECLARATION**

I hereby declare that the dissertation work entitled “**A COMPARATIVE STUDY ON SELF EFFICACY AND EMOTIONAL INTELLIGENCE AMONG DAY SCHOLARS AND BOARDING STUDENTS**” submitted to the University of Calicut, in partial fulfillment of the requirement for the award of the degree of Bachelor of Science in Psychology is the record work done by me under the supervision of **Ms. Betty Paul**, Assistant Professor, Department of Psychology, Christ College (Autonomous), Irinjalakuda. This is not formed as the basis for the award of any degree/diploma (associateship), fellowship, or other similar titles to any candidate of any university.

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## **ACKNOWLEDGEMENT**

“Gratitude makes sense of our past, brings peace for today, and creates a vision for tomorrow”

.I would want to take this opportunity to thank everyone who I had the good fortune to receive advice and assistance from. First, I want to express my gratitude to the Almighty God for bestowing his blessings on the completion of the dissertation.

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I express my special gratitude to my guide Ms. Betty Paul, for her valuable support and motivation. Words cannot express my gratitude to her for her guidance and illumination during my academic career. Her ideas and thoughts were treated with great attention, patience, inspiration, direction, and encouragement at every level of the project. I want to express my gratitude to her for all of her help.

I place on record, my sincere gratitude to Ms. Nimy P G HOD, Department of Psychology, for her constant encouragement.

I greatly thank the support and help extended by the Faculty Members of the Department of Psychology, Christ College (Autonomous), Irinjalakuda, during this study. I also thank my parents for their unceasing encouragement and support.

I am also thankful to all the participants who took in my study.

**- Sumesh babu**

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**RELATIONSHIP BETWEEN  
PROCRASTINATION AND SELF- REGULATION  
AMONG COLLEGE STUDENTS**

Dissertation submitted to Christ College (Autonomous) in partial fulfilment of the  
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## **ACKNOWLEDGEMENTS**

“Gratitude is the healthiest of all human emotions. The more you express gratitude for what you have, the more likely you will have even more to express gratitude for”

I take this opportunity to express my gratitude to every person from whom I was fortunate enough to get valuable guidance and help. First, I would like to thank the God Almighty, for showering His blessings to make this dissertation a success.

I owe my thanks to the principle of Christ College (Autonomous), Irinjalakuda Fr. Dr. Jolly Andrews, for providing the conducive infrastructure for the conduct of the study.

I express my special gratitude to my guide Mrs. Nimy PG, who is also the Head of the Department of psychology for her valuable support and motivation. Words are insufficient to thank her, who from first have directed and enlightened me for my study. Her input in every stage of the work, suggestions was handled with meticulous care, patience, motivation, guidance and encouragement. I whole heartedly thank her for all her support

I greatly thank the support and help extended by the Faculty Members of the Department of Psychology, Christ College (Autonomous), Irinjalakuda, during this study.

I am also thankful to all the participants who took part in my study. Thanks to all my friends and family members whose endurance, concern and invariable support helped me in accomplishing this task.

-Vyshnavi Pramod

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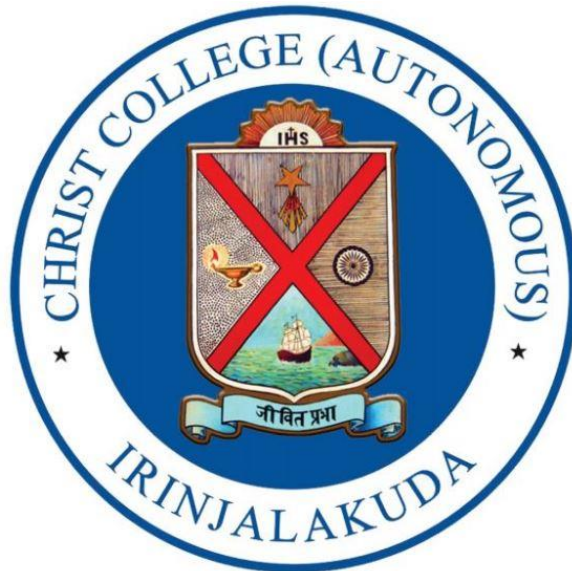
**THE EFFECT OF FAMILY RELATIONSHIP ON RESILIENCE AMONG  
COLLEGE STUDENTS.**

*Dissertation submitted to Christ College (Autonomous) in partial fulfilment of  
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## **ACKNOWLEDGEMENT**

“Gratitude makes sense of our past, brings peace for today, and creates a vision for tomorrow.”

I would want to take this opportunity to thank everyone who I had the good fortune to receive advice and assistance from. First, I want to express my gratitude to the Almighty God for bestowing His blessings on the completion of my dissertation.

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I am also thankful to all the participants who took part in my study.

- Christian Binny

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**A STUDY ON INFLUENCE OF POSTPARTUM DEPRESSION AND QUALITY  
OF LIFE AMONG WORKING WOMEN AND HOMEMAKERS.**

*Dissertation submitted to Christ College (Autonomous) in partial fulfilment of  
the requirements for the award of the degree of Bachelor of Science in  
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This is to certify that the dissertation entitled, “**A STUDY ON INFLUENCE OF POSTPARTUM DEPRESSION AND QUALITY OF LIFE AMONG WORKING WOMEN AND HOMEMAKERS.** ” is a bona fide record of research work carried out by **Ms. RIYA K RAMESH**, Register no.: **CCAUSPY013**, during the sixth semester of B.Sc. Psychology of the academic year 2020-2023.

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I hereby declare that the dissertation work entitled “**A STUDY ON INFLUENCE OF POSTPARTUM DEPRESSION AND QUALITY OF LIFE IN WORKING WOMEN AND HOMEMAKERS.**” submitted to the University of Calicut, in partial fulfilment of the requirement for the award of the degree of Bachelor of Science in Psychology is the record work done by me under the supervision of **Ms. Durga K.S**, Assistant Professor, Department of Psychology, Christ College (Autonomous), Irinjalakuda. This is not formed as the basis for the award of any degree/diploma (associateship), fellowship, or other similar titles to any candidate of any university.

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Ms. RIYA K RAMESH

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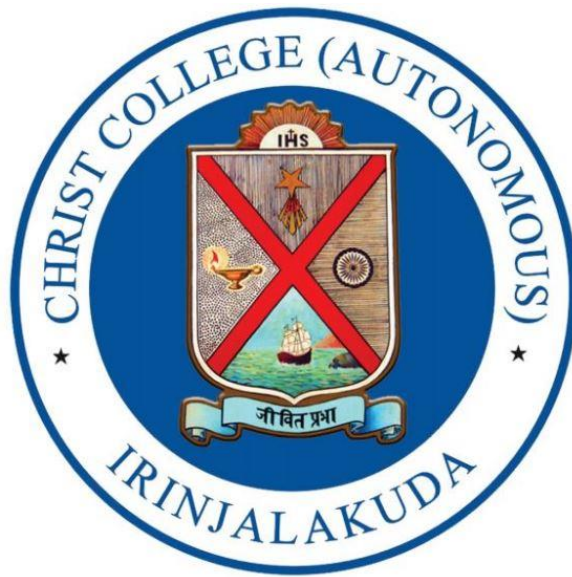
**QUALITY OF LIFE AND BODY IMAGE ISSUES OF WOMEN WITH AND WITHOUT PCOD/PCOS**

*Dissertation submitted to Christ College (Autonomous) in partial fulfilment of the requirements for the award of the degree of Bachelor of Science in Psychology*

**Submitted by,**

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**INTERNAL EXAMINER**

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## **DECLARATION**

I hereby declare that the dissertation work entitled “**QUALITY OF LIFE AND BODY IMAGE ISSUES OF WOMEN WITH AND WITHOUT PCOD/PCOS**” submitted to the University of Calicut, in partial fulfilment of the requirement for the award of the degree of Bachelor of Science in Psychology is the record work done by me under the supervision of **Ms. Durga K S** , Assistant Professor, Department of Psychology, Christ College (Autonomous), Irinjalakuda. This is not formed as the basis for the award of any degree/diploma (associateship), fellowship, or other similar titles to any candidate of any university.

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## **ACKNOWLEDGEMENTS**

“The heart that gives thanks is a happy one, for we cannot feel thankful and unhappy at the same time.”

I take this opportunity to express my gratitude for all the individuals who have supported me throughout the journey of this dissertation.

First and foremost, I would like to give thanks to the Lord Almighty for granting his blessings in making this dissertation a successful venture.

I am also thankful to the Principal of Christ College (Autonomous), Irinjalakuda, Fr. Dr. Jolly Andrews CMI for providing the conducive infrastructure at this institution for me to carry out this dissertation.

I am deeply indebted to my research guide, Ms. Durga K S , Assistant Professor in the Department of Psychology at Christ College (Autonomous), Irinjalakuda, for her guidance and support throughout the course of this work. Her valuable input has helped to execute this research aptly. I wholeheartedly thank her for her invaluable time and assistance in helping me producing work of a high quality.

I would also like to express my gratitude to the Faculty of the Department of Psychology at Christ College (Autonomous), Irinjalakuda for their support and aid during the process of this dissertation.

Special thanks to my friends, especially Aishwarya and Shreya, who have assisted me at different steps of this dissertation and have been my support system.

I also thank my family for always encouraging my interests and cheering me on my endeavours.

Special thanks to all those who participated in the study and provided me with their valuable time. Your support was invaluable.

- MARTINAZ T PAUL

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**STUDY ON EFFECT OF RELATIONSHIP BETWEEN OCCUPATIONAL  
STRESS AND GENERAL SELF EFFICACY IN EARLY ADULTHOOD**

*Dissertation submitted to Christ College (Autonomous) in partial fulfillment of the requirements for the  
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This is to certify that the thesis entitled “**STUDY ON EFFECT OF RELATIONSHIP BETWEEN OCCUPATIONAL STRESS AND GENERAL SELF EFFICACY IN EARLY ADULTHOOD**” is a bona-fide record of research work carried out by **Mr. N G HARIKRISHNAN**, Register no: **CCAUSPY040**, during the sixth semester of BSc Psychology of the academic year 2020-2023

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I hereby declare that the dissertation work entitled “**STUDY ON EFFECT OF RELATIONSHIP BETWEEN OCCUPATIONAL STRESS AND GENERAL SELF EFFICACY IN EARLY ADULTHOOD**” submitted to the University of Calicut, in partial fulfillment of the requirement for the award of the Degree of Bachelor of Science in Psychology is the record work done by me under the supervision of **Ms.Akhila P J**, Assistant Professor, Department of Psychology, Christ College (Autonomous) Irinjalakuda. This is not formed as the basis for the award of any degree/diploma (Associate ship) fellowship or other similar title to any candidate of any university.

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## **ACKNOWLEDGEMENTS**

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I owe my thanks to the principal of Christ College (Autonomous), Irinjalakuda **Fr. Dr. Jolly Andrews**, for providing the conducive infrastructure for the conduct of the study.

I pay my deep sense of gratitude to **Mrs. Nimy P.G**, Head of Psychology Department, Christ College (Autonomous) Irinjalakuda to encourage me to the highest peak and to provide me the opportunity to prepare the project.

I express my special gratitude to my guide **Ms. Akhila P J**, for her tremendous direction and assistance in the completion of my project.

I greatly thank the support and help extended by the **Faculty Members** of the Department of Psychology, Christ College (Autonomous), Irinjalakuda, during this study.

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**- N G HARIKRISHNAN**

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**PROCRASTINATION AND ACADEMIC RESILIENCE AMONG  
COLLEGE STUDENTS**

*Dissertation submitted to Christ College (Autonomous) in partial fulfilment of  
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This is to certify that the dissertation entitled, “ **PROCRASTINATION AND ACADEMIC RESILIENCE AMONG COLLEGE STUDENTS**” is a bona – fide record of research work carried out by **Ms. NAVAMI GOPAL KOCHATH** , Register no: **CCAUSPY042**, during the fifth semester of B.Sc. Psychology of the academic year 2020 – 2023.

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## **DECLARATION**

I hereby declare that the dissertation work entitled “**PROCRASTINATION AND ACADEMIC**

**RESILIENCE AMONG COLLEGE STUDENTS”** submitted to the university of Calicut, in partial fulfilment of the requirement for the award of the Degree of Bachelor of Science in Psychology is the record work done by me under the supervision of **Ms. NPM Hasmina Fathima**, Assistant Professor, Department of Psychology, Christ College (Autonomous) Irinjalakuda. This is not formed as the basis for the award of any degree\diploma (Associate ship) fellowship or other similar title to any candidate of any university.

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## **ACKNOWLEDGMENT**

**“Gratitude is the healthiest of all human emotions. The more you express gratitude for what you have, the more likely you will have even more to express gratitude for”**

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**- Navami Gopal Kochath**

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**A COMPARATIVE STUDY ON OCCUPATIONAL STRESS AND JOB  
SATISFACTION AMONG MARRIED AND UNMARRIED  
WORKING WOMEN**

*Dissertation submitted to Christ College (Autonomous) in partial fulfilment of  
the requirements for the award of the degree of Bachelor of Science in  
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**Submitted by,**

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**BONA FIDE CERTIFICATE**

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**EXTERNAL EXAMINER**

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## ACKNOWLEDGEMENT

“Gratitude makes sense of our past, brings peace for today, and creates a vision for tomorrow”.

I would want to take this opportunity to thank everyone who I had the good fortune to receive advice and assistance from. First, I want to express my gratitude to the Almighty God for bestowing his blessings on the completion of the dissertation.

I owe my thanks to the principal of Christ College (Autonomous), Irinjalakuda Fr. Dr. Jolly Andrews, for providing the conducive infrastructure for the conduct of the study.

I express my special gratitude to my guide Ms. Betty Paul, for her valuable support and motivation. Words cannot express my gratitude to her for her guidance and illumination during my academic career. Her ideas and thoughts were treated with great attention, patience, inspiration, direction, and encouragement at every level of the project. I want to express my gratitude to her for all of her help.

I place on record, my sincere gratitude to Ms. Nimy P G HOD, Department of Psychology, for her constant encouragement.

I greatly thank the support and help extended by the Faculty Members of the Department of Psychology, Christ College (Autonomous), Irinjalakuda, during this study. I also thank my parents for their unceasing encouragement and support.

I am also thankful to all the participants who took in my study.

-Nezrin mayoof

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**ACADEMIC PROCRASTINATION AND PERFECTIONISM AMONG  
COLLEGE STUDENTS**

*Dissertation submitted to Christ College (Autonomous) in partial fulfilment of the  
requirements for the award of the degree of Bachelor of Science in Psychology*

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## ACKNOWLEDGEMENTS

**“Gratitude is the healthiest of all human emotions. The more you express gratitude for what you have, the more likely you will have even more to express gratitude for”**

I take this opportunity to express my gratitude to every person from whom I was fortunate enough to get valuable guidance and help. First, I would like to thank the **God Almighty**, for showering His blessings to make this thesis a success.

I owe my thanks to the principal of Christ College (Autonomous), Irinjalakuda **Fr. DR. Jolly Andrews**, for providing the conducive infrastructure for the conduct of the study.

I pay my deep sense of gratitude to **Mrs. Nimy P.G**, Head of Psychology Department, Christ College (Autonomous) Irinjalakuda to encourage me to the highest peak and to provide me the opportunity to prepare the project.

I express my special gratitude to my guide **Mrs. Christina Tony**, for her tremendous direction and assistance in the completion of my project.

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**-Neha Biju Panakkal**

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**RELATIONSHIP BETWEEN SELF-ESTEEM AND EMOTIONAL  
MATURITY AMONG SINGLE CHILD ADOLESCENTS AND  
ADOLESCENTS WITH SIBLINGS**

*Dissertation submitted to Christ College (Autonomous) in partial fulfilment of the  
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## **ACKNOWLEDGEMENTS**

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**-Niya Ikbal M**

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# **Comparative study on the Self Esteem And Depression Among College Students**

*Dissertation submitted to Christ College (Autonomous) in partial fulfillment of  
the requirements for the award of the degree of Bachelors of Science in  
Psychology*

**Submitted by,**

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-Sanam Abdulla

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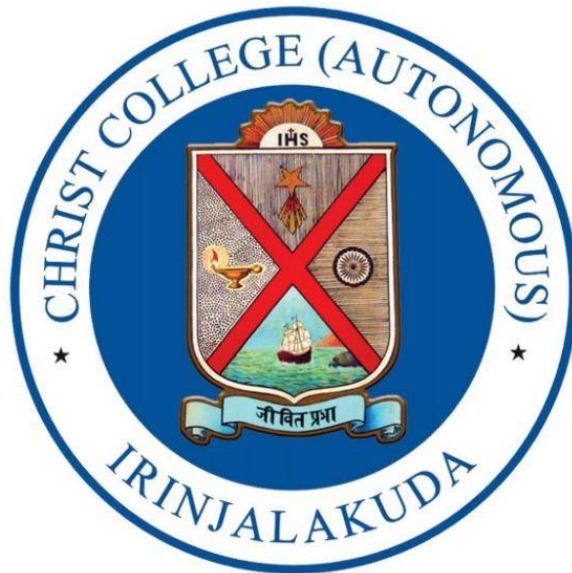
**BELIEF IN A JUST WORLD AND ACHIEVEMENT ANXIETY AMONG  
YOUNG ADULT STUDENTS**

*Dissertation submitted to Christ College (Autonomous) in partial fulfilment of  
the requirements for the award of the degree of Bachelor of Science in  
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This is to certify that the dissertation entitled, “**BELIEF IN A JUST WORLD AND ACHIEVEMENT ANXIETY AMONG YOUNG ADULT STUDENTS**” is a bona fide record of research work carried out by **Ms. SANDRA BIJU**, Register no.: **CCAUSPY016**, during the sixth semester of B.Sc. Psychology of the academic year 2020-2023.

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## **DECLARATION**

I hereby declare that the dissertation work entitled “**BELIEF IN A JUST WORLD AND ACHIEVEMENT ANXIETY AMONG YOUNG ADULT STUDENTS**” submitted to the University of Calicut, in partial fulfilment of the requirement for the award of the degree of Bachelor of Science in Psychology is the record work done by me under the supervision of **Ms. NPM Hasmina Fathima**, Assistant Professor, Department of Psychology, Christ College (Autonomous), Irinjalakuda. This is not formed as the basis for the award of any degree/diploma (associateship), fellowship, or other similar titles to any candidate of any university.

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## **ACKNOWLEDGEMENTS**

“The heart that gives thanks is a happy one, for we cannot feel thankful and unhappy at the same time.”

I take this opportunity to express my gratitude for all the individuals who have supported me throughout the journey of this dissertation.

First and foremost, I would like to give thanks to the Lord Almighty for granting his blessings in making this dissertation a successful venture.

I am also thankful to the Principal of Christ College (Autonomous), Irinjalakuda, Fr. Dr. Jolly Andrews CMI for providing the conducive infrastructure at this institution for me to carry out this dissertation.

I am deeply indebted to my research guide, Ms. NPM Hasmina Fathima, Assistant Professor in the Department of Psychology at Christ College (Autonomous), Irinjalakuda, for her guidance and support throughout the course of this work. Her valuable input has helped to execute this research aptly. I wholeheartedly thank her for her invaluable time and assistance in helping me producing work of a high quality.

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- SANDRA BIJU

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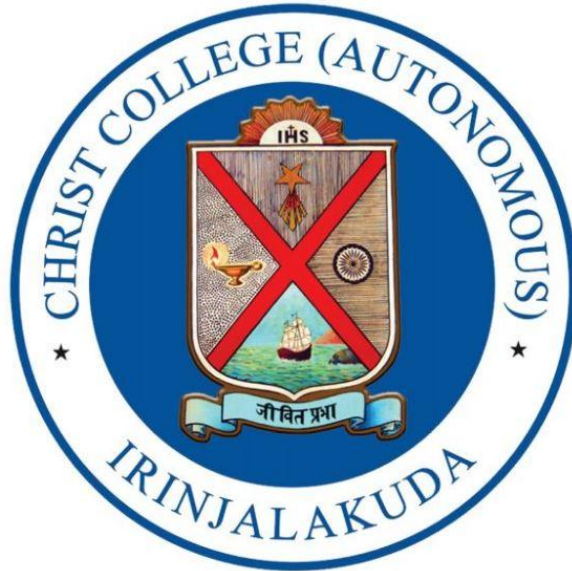
**A COMPARATIVE STUDY ON RESILIENCE AND LIFE SATISFACTION  
AMONG DENTAL AND MEDICAL STUDENTS**

*Dissertation submitted to Christ College (Autonomous) in partial fulfillment of  
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**BONA FIDE CERTIFICATE**

This is to certify that the dissertation entitled, “**A COMPARATIVE STUDY ON RESILIENCE AND LIFE SATISFACTION AMONG DENTAL AND MEDICAL STUDENTS** ” is a bona fide record of research work carried out by **Ms. SHREYA SHAJU**, Register no: **CCAUSPY044**, during the sixth semester of B.Sc. Psychology of the academic year 2020-2023.

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## **ACKNOWLEDGEMENT**

“Gratitude makes sense of our past, brings peace for today, and creates a vision for tomorrow.”

I would want to take this opportunity to thank everyone who I had the good fortune to receive advice and assistance from. First, I want to express my gratitude to the Almighty God for bestowing His blessings on the completion of my dissertation.

I owe my thanks to the principal of Christ College (Autonomous), Irinjalakuda Fr. Dr. Jolly Andrews, for providing the conducive infrastructure for the conduct of the study.

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I greatly thank the support and help extended by the Faculty Members of the Department of Psychology, Christ College (Autonomous), Irinjalakuda, during this study. I also thank my parents for their unceasing encouragement and support.

I am also thankful to all the participants who took part in my study.

- SHREYA SHAJU

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# **BODY IMAGE AND SELF-ESTEEM AMONG LATE ADOLESCENTS AND EARLY ADULTS**

*Dissertation submitted to Christ College (Autonomous) in partial fulfillment of the  
requirements for the award of the degree of Bachelor in Psychology*

*Submitted by:*

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This is to certify that the dissertation entitled “BODY IMAGE AND SELF COMPASSION IN LATER ADOLESCENCE AND EARLY ADULTS “is a bona-fide record of research work carried out by Ms. S Sreenidhi, Register no: **CCAUSPY014**, during the fourth semester of BSc Psychology of the academic year 2020-2023

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I hereby declare that the dissertation work entitled “**BODY IMAGE AND SELF COMPASSION IN LATE ADOLESCENCE AND EARLY ADULTS**” submitted to the University of Calicut, in partial fulfillment of the requirement for the award of the degree of science in Psychology is the record work done by me under the supervision of Ms. NPM Hasmina Fathima, Assistant Professor, Department of Psychology, Christ College (Autonomous) Irinjalakuda. This is not formed as the basis of the award of any degree/Diploma (Associateship) fellowship or other similar titles to any candidate of any university.

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With extreme joy and gratitude, I thank Mrs. Nimy P.G, Head of the Department of Psychology, and other faculty members of CHRIST COLLEGE whose valuable support and constructive suggestions added to the success of the study.

I thank my parents and all my family members who helped me to complete this work.

I also thank those people who helped me to fill up the Google form questionnaire and share it with others, especially my parents, sister, and friends who helped me share the questionnaire with a larger population.

It is a great pleasure for me to thank all respondents other than those persons mentioned above for their sincere and serious cooperation. And also extend my gratitude to other people who helped me during the time of data collection.

**Sreenidhi Suraj**

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**COMPARATIVE STUDY ON THE EMOTIONAL MATURITY AND  
RESILIENCE OF ADOLESCENTS WITH WORKING AND NON-  
WORKING MOTHERS**

*Dissertation submitted to Christ College (Autonomous) in partial fulfillment of the  
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## **ACKNOWLEDGEMENTS**

“Gratitude is the healthiest of all human emotions. The more you express gratitude for what you have, the more likely you will have even more to express gratitude for”

I take this opportunity to express my gratitude to every person from whom I was fortunate enough to get valuable guidance and help. First, I would like to thank the God Almighty, for showering His blessings to make this dissertation a success.

I owe my thanks to the principle of Christ College (Autonomous), Irinjalakuda, Fr. Dr. Jolly Andrews, for providing the conducive infrastructure for the conduct of the study.

I express my special gratitude to my guide Ms Renya C V , who is an assistant professor in the psychology department for her valuable support and motivation. Words are insufficient to thank her, who from first has directed and enlightened me for my study. Her input in every stage of the work, suggestions was handled with meticulous care, patience, motivation, guidance and encouragement. I wholeheartedly thank her for all her support

I greatly thank the support and help extended by the Faculty Members of the Department of Psychology, Christ College (Autonomous), Irinjalakuda, during this study.

I am also thankful to all the participants who took part in my study. Thanks to all my friends and family members whose endurance, concern and invariable support helped me in accomplishing this task.

-AISHWARYA NAIR

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**A COMPARATIVE STUDY ON THE RELATIONSHIP BETWEEN  
MASCULINITY IDEOLOGIES AND ATTITUDE TOWARDS  
HOMOSEXUALITY AMONG ADOLESCENT MALES AND FEMALES**

*Dissertation submitted to Christ College (Autonomous) in partial  
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“Gratitude is the healthiest of all human emotions. The more you express gratitude for what you have, the more likely you will have even more to express gratitude for”

I take this opportunity to express my gratitude to every person from whom I was fortunate enough to get valuable guidance and help. First, I would like to thank the God Almighty, for showering His blessings to make this dissertation a success.

I owe my thanks to the principal of Christ College (Autonomous), Irinjalakuda, Fr. Dr. Jolly Andrews, for providing the conducive infrastructure for the conduct of the study.

I express my special gratitude to my guide Ms. Akhila P.J, who is an Assistant professor in the department of psychology for her valuable support and motivation. Words are insufficient to thank her, who from first have directed and enlighten me for my study. Her input in every stage of the work. Suggestions was handled with meticulous care, patience, motivation, guidance and encouragement. I whole heartedly thank her for all her support.

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I am also thankful to all the participants who took part in my study. Thanks to all my friends and family members whose endurance, concern and invariable support helped me in accomplishing this task.

-Anagha Reji

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**INTERNALIZED MISOGYNY AND SELF-ESTEEM:  
A CORRELATIONAL STUDY AMONG INDIAN WOMEN**

*Dissertation submitted to Christ College (Autonomous) in partial fulfilment of  
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**BONA-FIDE CERTIFICATE**

This is to certify that the dissertation entitled, “**INTERNALIZED MISOGYNY AND SELF-ESTEEM: A CORRELATIONAL STUDY AMONG INDIAN WOMEN**” is a bona-fide record of research work carried out by **Ms. ANNA AGNES SAJI**, Register no: **CCAUSPY004**, during the sixth semester of B.Sc. Psychology of the academic year 2020-2023.

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I hereby declare that the dissertation work entitled “**INTERNALIZED MISOGYNY AND SELF-ESTEEM: A CORRELATIONAL STUDY AMONG INDIAN WOMEN**” submitted to the University of Calicut, in partial fulfilment of the requirement for the award of the Degree of Bachelor of Science in Psychology is the record work done by me under the supervision of Ms. Aarsha Ajayan, Department of Psychology, Christ College (Autonomous) Irinjalakuda. This is not formed as the basis for the award of any degree/diploma (Associate ship) fellowship or other similar title to any candidate of any university.

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I take this opportunity to express my gratitude to every person from whom I was fortunate enough to get valuable guidance and help. Firstly, I would like to thank principle of Christ College (Autonomous), Irinjalakuda Fr. **Dr. Jolly Andrews**, for providing the conducive infrastructure for the conduct of the study.

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**- ANNA AGNES SAJI**



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**ASSESSMENT OF PARENTAL REFLECTIVE FUNCTIONING AND SELF-EFFICACY AMONG PARENTS OF CHILDREN WITH DEVELOPMENTAL DISORDERS**

*Dissertation submitted to Christ College (Autonomous) in partial fulfillment of the requirements for the award of the degree of Bachelor of Science in Psychology*

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This is to certify that the thesis entitled “ASSESSMENT OF PARENTAL REFLECTIVE FUNCTIONING AND SELF-EFFICACY AMONG PARENTS OF CHILDREN WITH DEVELOPMENTAL DISORDERS” is a bona-fide record of research work carried out by Ms. DEVIKA N, Register no: CCAUSPY007, during the sixth semester of BSc Psychology of the academic year 2020-2023

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## **ACKNOWLEDGEMENTS**

**“Gratitude is the healthiest of all human emotions. The more you express gratitude for what you have, the more likely you will have even more to express gratitude for”**

I take this opportunity to express my gratitude to every person from whom I was fortunate enough to get valuable guidance and help. First, I would like to thank the **God Almighty**, for showering His blessings to make this thesis a success.

I owe my thanks to the principal of Christ College (Autonomous), Irinjalakuda **Fr. Dr. Jolly Andrews**, for providing the conducive infrastructure for the conduct of the study.

I pay my deep sense of gratitude to **Mrs. Nimy P.G**, Head of Psychology Department, Christ College (Autonomous) Irinjalakuda to encourage me to the highest peak and to provide me the opportunity to prepare the project.

I express my special gratitude to my guide **Mrs. Christina Tony**, for her tremendous direction and assistance in the completion of my project.

I greatly thank the support and help extended by the **Faculty Members** of the Department of Psychology, Christ College (Autonomous), Irinjalakuda, during this study.

I also thank those persons who helped me to fill up the Google form questionnaire, and also extend my gratitude to other people who helped me during the time of data collection and in accomplishing this task.

**-Devika N**

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**PERCEIVED PARENTING STYLE AND IMPOSTER PHENOMENON:**

**A STUDY ON COLLEGE STUDENTS**

*Dissertation submitted to Christ College (Autonomous) in partial fulfilment of the requirements for the award of the degree of Bachelor of Science in Psychology*

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This is to certify that the dissertation entitled, “**PERCEIVED PARENTING STYLE AND IMPOSTER PHENOMENON: A STUDY ON COLLEGE STUDENTS**” is a bona-fide record of research work carried out by **Ms. SONA SAJI**, Register no: **CCAUSPY018**, during the sixth semester of B.Sc. Psychology of the academic year 2020-2023.

**Ms. Nimy P.G**

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**INTERNAL EXAMINER**

**EXTERNAL EXAMINER**

## **DECLARATION**

I hereby declare that the dissertation work entitled “**PERCEIVED PARENTING STYLE AND IMPOSTER PHENOMENON: A STUDY ON COLLEGE STUDENTS**”, submitted to the University of Calicut, in partial fulfilment of the requirement for the award of the Degree of Bachelor of Science in Psychology is the record work done by me under the supervision of Ms. Aarsha Ajayan, Department of Psychology, Christ College (Autonomous) Irinjalakuda. This is not formed as the basis for the award of any degree/diploma (Associate ship) fellowship or other similar title to any candidate of any university.

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My sincere gratitude goes out to everyone who helped me finish this dissertation on perceived parenting style and the imposter phenomenon.

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- SONA SAJI

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**A STUDY ON VERBAL AGGRESSION AND SOCIAL WITHDRAWAL IN  
ADOLESCENTS**

*Dissertation submitted to Christ College (Autonomous) in partial fulfillment of  
the requirements for the award of the degree of Bachelor of Science in  
Psychology*

**Submitted by,**

**AALAAP KRISHNA M D**

**REG.NO. – CCAUSPY020**



**BSC PSYCHOLOGY**

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**CHRIST COLLEGE (AUTONOMOUS), IRINJALAKUDA**

**2020-2023**



**CHRIST COLLEGE (AUTONOMOUS), IRINJALAKUDA**  
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**2020-2023**

**BONA FIDE CERTIFICATE**

This is to certify that the dissertation entitled, “**A STUDY ON VERBAL AGGRESSION AND SOCIAL WITHDRAWAL IN ADOLESCENTS**” is a bona fide record of research work carried out by **Mr. AALAAP KRISHNA M D**, Register no: **CCAUSPY020**, during the sixth semester of B.Sc. Psychology of the academic year 2020-2023.

**Ms. Nimy PG**

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**Ms. Ann Maria Vincent**

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**EXTERNAL EXAMINER**

## **DECLARATION**

I hereby declare that the dissertation work entitled ““**A STUDY ON VERBAL AGGRESSION AND SOCIAL WITHDRAWAL IN ADOLESCENTS**” submitted to the University of Calicut, in partial fulfilment of the requirement for the award of the degree of Bachelor of Science in Psychology is the record work done by me under the supervision of **Ms. Ann Maria Vincent**, Assistant Professor, Department of Psychology, Christ College (Autonomous), Irinjalakuda. This is not formed as the basis for the award of any degree/diploma (associateship), fellowship, or other similar titles to any candidate of any university.

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## ACKNOWLEDGEMENT

“Gratitude makes sense of our past, brings peace for today, and creates a vision for tomorrow.”

I would want to take this opportunity to thank everyone who I had the good fortune to receive advice and assistance from. First, I want to express my gratitude to the Almighty God for bestowing His blessings on the completion of my dissertation.

I owe my thanks to the principal of Christ College (Autonomous), Irinjalakuda **Fr. Dr. Jolly Andrews**, for providing the conducive infrastructure for the conduct of the study.

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I place on record, my sincere gratitude to **Ms. Nimy P G HOD** , Department of Psychology, for her constant encouragement.

I greatly thank the support and help extended by the Faculty Members of the Department of Psychology, Christ College (Autonomous), Irinjalakuda, during this study. I also thank my parents for their unceasing encouragement and support.

I am also thankful to all the participants who took part in my study.

- AALAAP KRISHNA M D

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**STUDY ON THE LEVEL OF EXTROVERSION AND  
LEADERSHIP AMONG ATHLETES**

*Dissertation submitted to Christ College (Autonomous) in partial fulfilment of  
the requirements for the award of the degree of Bachelor of Science in  
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## **ACKNOWLEDGEMENT**

I take this opportunity to express my gratitude to every person from whom I was fortunate enough to get valuable guidance and help. First, I would like to thank the God Almighty, for showering His blessings to make this dissertation a success.

I express my special gratitude to my guide Mrs. Nimy PG, who is also the Head of the Department of psychology for her valuable support and motivation. Words are insufficient to thank her, who from first have directed and enlightened me for my study. Her input in every stage of the work, suggestions was handled with meticulous care, patience, motivation, guidance and encouragement. I whole heartedly thank her for all her support

I greatly thank the support and help extended by the guide NPM Hasmina Fathima, Assistant Professor of psychology department .

I greatly thank the support and help extended by the Faculty Members of the Department of Psychology, Christ College (Autonomous), Irinjalakuda, during this study.

I heartily convey my regards to my friends Aleena niju and Anand vs , who has helped me to get the sample that was needed for the study.

I am also thankful to all the participants who took part in my study. Thanks to all my friends and family members whose endurance, concern and invariable support helped me in accomplishing this task.

**- ALBIN MS**



## DECLARATION

I hereby declare that the dissertation work entitled “**STUDY ON THE LEVEL OF EXTROVERSION AND LEADERSHIP AMONG ATHLETES .**” submitted to the University of Calicut, in partial fulfilment of the requirement for the award of the Degree of Bachelor of Science in Psychology is the record work done by me under the supervision of Ms. NPM Hasmina Fathima, Assistant Professor, Department of Psychology, Christ College (Autonomous) Irinjalakuda. This is not formed as the basis for the award of any degree/diploma (Associate ship) fellowship or other similar title to any candidate of any university.

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# **BODY IMAGE AVOIDANCE AND SEXUAL SATISFACTION AMONG PREMENOPAUSAL AND MENOPAUSAL WOMEN**

Dissertation submitted to Christ College (Autonomous) in partial fulfilment of the requirements for the award of the degree of Master of Science in Clinical Psychology

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## **ACKNOWLEDGMENT**

I would like to express my deep gratitude to Nimy PG (head of the department) and my guide Professor Ms. NPM Hasmina Fathima, for their patient guidance, enthusiastic encouragement and useful critiques of this research work.

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I would like to acknowledge that this project was completed entirely by me and not by someone else.

Mr. ANAND VS

CCAUSPY030

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**SOCIAL ANXIETY AND SELF-EFFICACY LEVEL AMONG GIRLS  
ONLY SCHOOL STUDENTS AND MIXED HIGH SCHOOL  
STUDENTS.**

*Dissertation submitted to Christ College (Autonomous) in partial fulfilment of  
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## **ACKNOWLEDGEMENT**

“Gratitude makes sense of our past, brings peace for today, and creates a vision for tomorrow”.

I would want to take this opportunity to thank everyone who I had the good fortune to receive advice and assistance from. First, I want to express my gratitude to the Almighty God for bestowing his blessings on the completion of the dissertation.

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I place on record, my sincere gratitude to Ms. Nimy P G HOD, Department of Psychology, for her constant encouragement.

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I am also thankful to all the participants who took in my study.

- Anett Vincy

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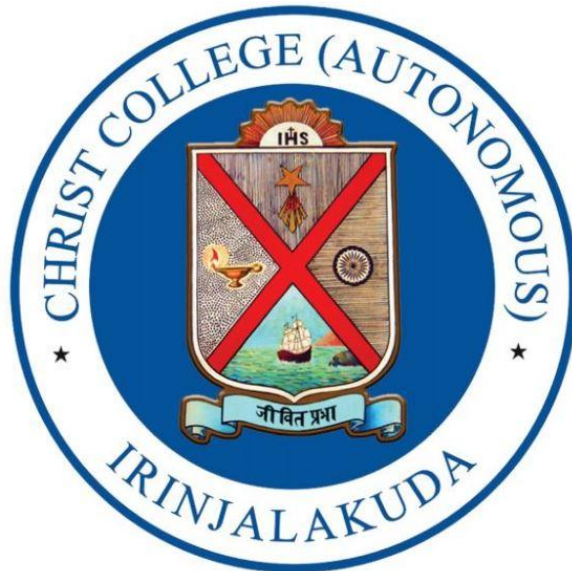
**ACADEMIC STRESS AND EMOTIONAL INTELLIGENCE AMONG THIRD  
YEAR UNDERGRADUATE STUDENTS**

*Dissertation submitted to Christ College (Autonomous) in partial fulfilment of  
the requirements for the award of the degree of Bachelor of Science in  
Psychology*

**Submitted by,**

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This is to certify that the dissertation entitled, “**ACADEMIC STRESS AND EMOTIONAL INTELLIGENCE AMONG THIRD YEAR UNDERGRADUATE STUDENTS**” is a bona fide record of research work carried out by **Ms. ANGEL MARIYA JOY**, Register no.: **CCAUSPY033**, during the sixth semester of B.Sc. Psychology of the academic year 2020-2023.

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**EXTERNAL EXAMINER**

## DECLARATION

I hereby declare that the dissertation work entitled “**ACADEMIC STRESS AND EMOTIONAL INTELLIGENCE AMONG THIRD YEAR UNDERGRADUATE STUDENTS**” submitted to the University of Calicut, in partial fulfilment of the requirement for the award of the degree of Bachelor of Science in Psychology is the record work done by me under the supervision of **Ms. Renya CV**, Assistant Professor, Department of Psychology, Christ College (Autonomous), Irinjalakuda. This is not formed as the basis for the award of any degree/diploma (associateship), fellowship, or other similar titles to any candidate of any university.

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## **ABSTRACT**

The study emphasizes the Academic stress and Emotional Intelligence among third year undergraduate students. The study was conducted within a sample of 60 undergraduates (30 male and 30 female). The Emotional Intelligence Scale (EIS) is designed by Dr. Arun Kumar Singh and Dr. Shruthi Narain is a self-report scale, which consists of 31 items. Academic stress scale (ASS), consist of 40 items. Pearson's correlation and independent sample test was used for statistical analysis. The study arrived at the conclusion that the Academic stress and emotional intelligence are in positive correlation. The study further concluded that the third-year undergraduate student shows high Academic stress.

Key terms: Academic Stress, Emotional Intelligence.

# **MARITAL SATISFACTION AND STRESS IN MARRIED COUPLES**

*Dissertation submitted to Christ College (Autonomous) in partial fulfillment of the requirements for the award of the degree of Bachelor of Science in Psychology*

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## DECLARATION

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## ACKNOWLEDGEMENTS

**“Gratitude is the healthiest of all human emotions. The more you express gratitude for what you have, the more likely you will have even more to express gratitude for”**

I take this opportunity to express my gratitude to every person from whom I was fortunate enough to get valuable guidance and help. First, I would like to thank the **God Almighty**, for showering His blessings to make this thesis a success.

I owe my thanks to the principal of Christ College (Autonomous), Irinjalakuda **Fr. Dr. Jolly Andrews**, for providing the conducive infrastructure for the conduct of the study.

I pay my deep sense of gratitude to **Mrs. Nimy P.G**, Head of the Psychology Department, Christ College (Autonomous) Irinjalakuda to encourage me to the highest peak and to provide me the opportunity to prepare the project.

I express my special gratitude to my guide, **Mrs. Christina Tony**, for her tremendous direction and assistance in the completion of my project.

I greatly thank the support and help extended by the **Faculty Members** of the Department of Psychology, Christ College (Autonomous), Irinjalakuda, during this study.

I also thank those persons who helped me to fill up the Google form questionnaire and extend my gratitude to other people who helped me during the time of data collection and in accomplishing this task.

**Kaithapully Shameer Fasna**

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**A STUDY ON PORNOGRAPHY CONSUMPTION AND BODY IMAGE  
IN YOUNG ADULTS.**

*Dissertation submitted to Christ College (Autonomous) in partial fulfilment of  
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Heartfelt thanks to my parents, George Anto and Julie George for their unwavering belief in me. The fact that they are proud of me as their daughter, regardless of any achievements, inspired me to aim to reach my full potential in every endeavor and especially in this research study.

To the Lord of my life, Jesus Christ: Thank You for making this research study possible in every way imaginable. You gave me strength, peace and a sound mind to approach this challenge with enthusiasm and a firm belief that it will be a great success. Thank you for my abilities and for guiding me in my profession as a social worker to experience fulfillment in every way.

**- MARIYA GEORGE**

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