



CRITERION	II	Teaching-Learning and Evaluation
KEY INDICATOR	2.3	Teaching - Learning Process
METRIC	2.3.1	Student-centric methods such as experiential learning, participative learning and problem-solving methodologies are used for enhancing learning experiences:

DEPARTMENT OF PSYCHOLOGY

(ACADEMIC YEAR 2022-2023)

Introduction - Student Centric Methods

In the dynamic landscape of higher education, the adoption of student-centric methods has become imperative for institutions committed to providing a holistic and enriching learning experience. Student-centric approaches play a very significant role in shaping a learning environment that caters to the diverse needs and aspirations of students.

Three key student-centric methodologies are—Experiential Learning, Participative Learning, and Problem-Solving Methodologies—and their transformative impact on education.

Experiential learning is an educational approach that engages students in direct experiences, encouraging reflection and the application of knowledge to real-world situations. It includes different methods like internships, field trips, making of products, fests, simulation etc. Participative learning involves active involvement and engagement of students in the learning process, fostering collaboration, discussion, and shared exploration. It includes activities like debates, seminars, group discussions, interactive workshops and so on. And Problem-solving methodologies involve teaching students systematic approaches to address complex issues, emphasizing critical thinking and analytical skills.



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Department of psychology conduct innovative programs which stimulate the creative ability of students and provide them a platform to nurture their problem-solving skills and ensure participative learning.

2.3.1(a) Participative Learning	2.3.1(b) Experiential Learning	2.3.1(c) Problem solving methodologies
<ol style="list-style-type: none"> 1. CPR training program 2. “Psy-ecology”-poster making competition 3. Talk on menstrual leave 	<ol style="list-style-type: none"> 1. Recreation program at ‘Providence’- old age home. 2. Field visit at ‘Pratheeksha Bhavan’ – Special school. 3. Charity drive – “Kaithangu” 4. “ENSO” – Psyfest 	<ol style="list-style-type: none"> 1. UG Projects 2. PG Projects

Participative Learning 1 - CPR Training Program

As a part of awareness, Department of Psychology organized a CPR training program on 18th January 2023 and the co-ordinator of the program was Ms. Betty Paul. Rev. Dr. Fr. Wilson Tharayil CMI inaugurated the session. In this program 120 students were participated from various departments of our college with faculty members. The session was handled by medical experts. They also provided demo classes for the students.



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Programme Objectives

- To empower college students with essential CPR skills.
- To promote active participation and hands-on learning.
- To instil a sense of responsibility for emergency situations.
- To enhance students' confidence in responding to cardiac emergencies.

Programme Report

Theoretical Understanding: The training commenced with a comprehensive overview of the anatomy of the heart, the importance of immediate response in cardiac emergencies, and the step-by-step process of CPR.

Hands-On Training: Students were provided with CPR mannequins to practice chest compressions and rescue breaths under the guidance of certified instructors. This practical aspect of the training allowed students to develop muscle memory and gain confidence in performing CPR.

Simulation Exercises: Real-life scenarios were simulated to create a more realistic and immersive learning experience. Students were divided into groups to respond to various emergency situations, applying their CPR skills in a controlled environment.

Interactive Discussions: The participative learning approach encouraged open discussions on topics such as recognizing signs of cardiac arrest, the importance of early intervention, and the emotional aspects of helping during emergencies.



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The CPR training for college students successfully integrated participative learning, combining theoretical knowledge with hands-on practice. The initiative not only equipped students with life-saving skills but also instilled a sense of responsibility and confidence in their ability to respond effectively during cardiac emergencies. This participative learning approach serves as a model for future health and safety education initiatives within educational institutions.

Programme Outcomes

- **Increased Skill Proficiency:** Participants demonstrated a significant improvement in their CPR skills, as observed through their effective chest compressions, proper hand placement, and timely initiation of rescue breaths.
- **Enhanced Confidence:** Students reported an increased confidence level in their ability to respond to cardiac emergencies, as the hands-on training provided them with practical experience and knowledge.
- **Improved Team Collaboration:** The group-based simulation exercises fostered teamwork and collaboration among students, emphasizing the importance of coordinated efforts during emergency situations.



CHRIST
COLLEGE (AUTONOMOUS)
IRINJALAKUDA, KERALA

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Brochure



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About Workshop

Unlock life-saving potential with our CPR Workshop! Learn essential skills to confidently respond in emergencies. Our expert-led sessions cover hands-on CPR techniques, ensuring you're equipped to be a crucial first responder.

**@College Auditorium
18th January, 2023**

Join us to make a difference.

**Christ College (Autonomous), Irinjalkkuda
Department of Psychology**



**CPR WORKSHOP -
An interactive session**

Principal
Rev.Dr.Jolly Andrews CMI
Head of the Department
Ms.Nimy P G

Program Cordinator
Ms. Betty Paul

Geotag Photo



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Attendance

PC - 1st yr

Sl.No	Roll No.	Student Name	Gender	Student Email	Student Phone	Attendance
1	261	CCAWMCP001 ANETA GRACE	FEMALE	anetasgrace14@gmail.com	9281655016	Present
2	262	CCAWMCP002 ANJALA FARHATH	FEMALE	anjala@farhath09@gmail.com	9745805989	Absent
3	263	CCAWMCP009 ANIL K	MALE	anuj20022002@gmail.com	8848933480	Present
4	264	CCAWMCP003 ASWIN BHARATHAM K	MALE	aswinkandoth@gmail.com	9562578276	Present
5	265	CCAWMCP004 DIYA HAMEED FARHA	FEMALE	hameed.diya@gmail.com	9207133905	Present
6	266	CCAWMCP005 ABDULNAZAR PUTHUVEETIL	FEMALE	farhaabdulnazar@gmail.com	9745498287	Present
7	267	CCAWMCP006 FERDIN V M	FEMALE	reemaf179@gmail.com	7034607358	Present
8	268	CCAWMCP007 KASYAP S	MALE	kasyapkavumpurath@gmail.com	8078191895	Present
9	269	CCAWMCP008 KATHLYN BENNETT	FEMALE	kathlynbennett28@gmail.com	9207794899	Present
10	270	CCAWMCP009 NILALA GAFOOR	FEMALE	gafoornila@gmail.com	7012835164	Present
11	270	CCAWMCP010 NILANJANA S A	FEMALE	nilanjanasuresh2001@gmail.com	6202547094	Present
12	271	CCAWMCP011 NISHMA MUJEEB	FEMALE	mujij44@gmail.com	8808944000	Present
13	272	CCAWMCP012 RADHA K PANICKER	FEMALE	kataricadha@gmail.com	945290532	Present
14	273	CCAWMCP013 RITHIKA RAJ	FEMALE	ritikaraj118@gmail.com	6239272590	Present
15	274	CCAWMCP014 SANDRA A S	FEMALE	satheshasandra92@gmail.com	9188760976	Present
16	275	CCAWMCP014 SANDRA ZACHARIA	FEMALE	sandrazacharia73@gmail.com	7306264426	Present
17	276	CCAWMCP015 SHAMMA T S	FEMALE	tsshamma2001@gmail.com	8921655176	Present
18	277	CCAWMCP016 SREELAKSHMI M	FEMALE	sreesreelakshmi01@gmail.com	9150326790	Present
19	278	CCAWMCP017 SRUTHI P M	FEMALE	shruthipeeyem@gmail.com	8547602035	Present
20	279	CCAWMCP018 UNNIMAYA M S	FEMALE	unnimayams71@gmail.com	8691104085	Present

1st Yr - A Batch

STUDENT LIST

Batch: BSC PSY SF A 2022

Sl.No	Roll No.	Reg. No.	Student Name	Gender	Student Email	Student Phone	Attendance
1	1101	CCAWSPY011	28596 ABHIRAMI DEEPAK	FEMALE	ramideepak15@gmail.com	8714039242	Present
2	1102	CCAWSPY033	28602 AKHIL K K	MALE	akhiluttappan4868@gmail.com	7736974868	Present
3	1103	CCAWSPY022	28603 ALANA SIDIQ	FEMALE	alanasidiq02@gmail.com	8547975577	Absent
4	1104	CCAWSPY039	28604 ALEESHA MARIA	FEMALE	shajumoonjell@gmail.com	7025722823	Present
5	1105	CCAWSPY008	28605 ALIENA K JOY	FEMALE	alienakjoy1@gmail.com	8589891240	Present
6	1106	CCAWSPY004	28610 AMNA KAMARUDEEN	FEMALE	amnamna09@gmail.com	9947255352	Present
7	1107	CCAWSPY024	29136 AMOGH HRAN K S	MALE	amoghshani@gmail.com	8848226412	Present
8	1108	CCAWSPY043	28611 ANAGHA K B	FEMALE	anaghaanru454@gmail.com	9778296904	Present
9	1109	CCAWSPY046	28612 ANAGHA M S	FEMALE	anaghakunj2004@gmail.com	6235494977	Present
10	1110	CCAWSPY023	28614 ANAMIKA E R	FEMALE	anamikarajeev@gmail.com	7736318078	Present
11	1111	CCAWSPY036	28616 ANAMIKA K MURALEEDHARAN	FEMALE	anamilidharankatarikkal360@gmail.com	8086737447	Present
12	1112	CCAWSPY017	28617 ANASWARA P S	FEMALE	anaswarasuresh2004@gmail.com	8590705683	Present
13	1113	CCAWSPY018	28620 ANJANA K A	FEMALE	anjanaka2k5@gmail.com	9744731276	Present
14	1114	CCAWSPY026	28623 ANBOODIRI	FEMALE	anoushkanambodiri3@gmail.com	981808837	Present
15	1115	CCAWSPY048	28628 ASHIN M A	MALE	ashinasakan@gmail.com	8606434668	Present
16	1117	CCAWSPY021	28632 C KRISHNA PRIYA	FEMALE	krishnapriyaraajeev69@gmail.com	9048089892	Present
17	1118	CCAWSPY047	28634 CHRISTEENA SHAJU	FEMALE	rajjose81@gmail.com	9746692404	Present
18	1119	CCAWSPY007	28636 DELJO K BIJU	MALE	deljokbiju2003@gmail.com	9539643269	Present
19	1120	CCAWSPY050	28638 DEVIKA BABU	FEMALE	devikababu@gmail.com	8129412027	Present
20	1121	CCAWSPY013	29157 DHEERAJ K DAS	MALE	dheerajdas1@gmail.com	9446808249	Present
21	1122	CCAWSPY003	28639 DONNA MATHEW ELENGIKAL	FEMALE	pilmajal@gmail.com	9645863184	Present
22	1123	CCAWSPY025	28641 EVELYN SHAJU	FEMALE	evelynshaju2020cps@gmail.com	9567705174	Present
23	1124	CCAWSPY052	28643 FATHIMA HUDAS	FEMALE	fathimahudas2004@gmail.com	8139075887	Present
24	1126	CCAWSPY002	28645 FATHIMA SHIBINU V K	FEMALE	fathimashibinu@gmail.com	9656907965	Present
25	1127	CCAWSPY042	28646 FATHIMATHUL HUDA U R	FEMALE	fathimathulu003@gmail.com	9995250365	Present
26	1128	CCAWSPY049	28647 FITHA FATHIMA	FEMALE	fithathima994@gmail.com	9447559420	Present
27	1129	CCAWSPY020	28648 FRANS PAULY	FEMALE	fransapauly2004@gmail.com	7736428625	Present
28	1130	CCAWSPY027	28649 GADHA MENON P	FEMALE	gadhamenon2510@gmail.com	9746350868	Present
29	1131	CCAWSPY006	28652 JAGATH RAJEEV	MALE	panchamrajeev6@gmail.com	9744792960	Present
30	1131	CCAWSPY031	29186 JAZA MEHJEBIN M A	FEMALE	hellojazaz2255@gmail.com	9946066627	Present
31	1132	CCAWSPY030	28655 KRISHNADAYA P	FEMALE	krishnadaya@gmail.com	9539437722	Present
32	1133	CCAWSPY015	28658 LIYA P J	FEMALE	liyap40@gmail.com	8590829400	Present
33	1134	CCAWSPY040	28659 MALAVIKA RAVI	FEMALE	rap3623@gmail.com	8891555761	Present

Participative Learning 2 – Poster making Competition

Programme Report

In connection with the World Environmental Day, Department of Psychology of Christ college, Irinjalakuda conducted a poster making competition on 9.06.2022. The theme of the programme



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was PsyEcology- The Link of Ecology and Behaviour, chosen with an aim to link the environment with human behaviour, thus signifying the importance of both.

The programme commenced at 10 Am with a 2-minute silent prayer. All the dignitaries present in the dais were honourably invited by Sandra Biju, Student, 3rd year. The programme was inaugurated in the guidance of Rev. Dr. Jolly Andrews CMI by Prof. (Dr) Tessy Paul P, Coordinator, Human Resource Department. The programme was held with the support of Rev. Dr. Wilson Tharayil CMI, S.F. Director and Dr. Vivekandhan T, S.F. co-ordinator. The Judges from the English Department were also cordially invited to the inaugural function. The programme was organised with the help of Nimy PG, Department Coordinator, NPM Hasmina Fathima, Programme Convener and all the teachers and students of the department.

The exhibition of the posters was on the classroom of 3rd year psychology students and students from all the departments were invited to participate in the event. We received more than 60 entries for the exhibition. Students were free to submit their entries in written or printed format. All the departments were invited to witness the exhibition of posters. After the final judgements, Riya K Ramesh, third year BSc psychology received the first prize. Angelin, Fathimath, Sahla, Akshima, Christina and DIja Ahmed received the second prize. Third prize was shared by Angelina, Gayathri, Anagha, Souparnika, Sreenandhana, Elizebeth, Arjun, Krishna, Nandhan, Alen, Joseph, Ashay, Annjoand Ann mariyasiju and Esteena Mariya.

The students of 3rd year BSc psychology worked in the backdrop. Devdath T B was responsible for creating the beautiful brochure for the event. Sreenidhi Suraj, Vyshnavi Pramod, Unnimaya and Arun worked as coordinators and organisers for the event. The efforts of all the students and teachers of Psychology department made the event a grand success.

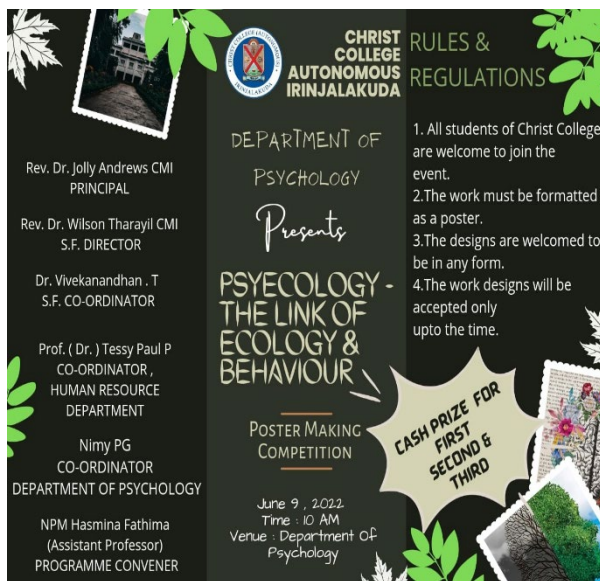


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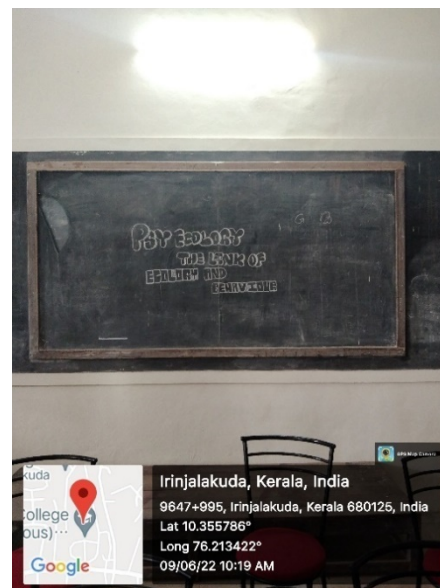
Programme Outcome

The poster making competition on psychology and the environment not only showcased the creative talents of the participants but also served as a catalyst for deepening their understanding of the intricate relationship between psychological well-being and environmental issues. The participative learning approach through artistic expression provided a dynamic platform for students to engage with and contribute meaningfully to the ongoing discourse on the intersection of psychology and the environment.

Brochure

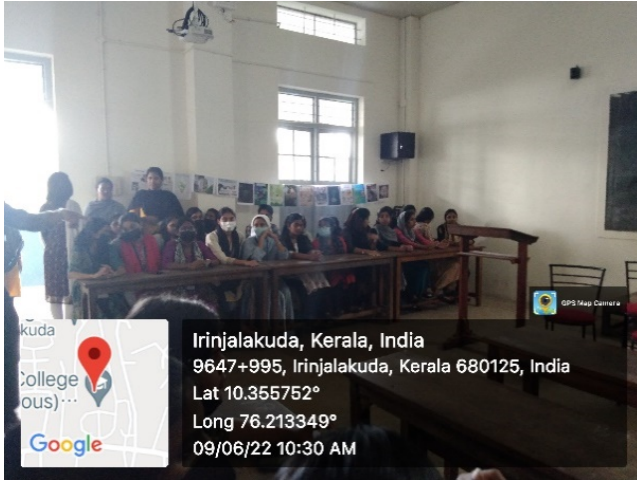


Geo tag photos





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Attendance



1st Pa.

SL NO	REG NO	NAME	ATTENDANCE
1	CCAVMCP001	AISWARYA NJ	<i>[Signature]</i>
2	CCAVMCP002	BILHA VINOD	<i>[Signature]</i>
3	CCAVMCP003	C U ANAGHA UDAY	<i>[Signature]</i>
4	CCAVMCP004	CHARLOTTE JOHNSON	<i>[Signature]</i>
5	CCAVMCP005	DEVICHANDANA M S	<i>[Signature]</i>
6	CCAVMCP006	DILSA NASREEN A	<i>[Signature]</i>
7	CCAVMCP008	KRISHNANDHU RADHAKRISHANAN	<i>[Signature]</i>
8	CCAVMCP009	MEKHANA M	<i>[Signature]</i>
9	CCAVMCP010	NAHIDA SHEREEF THERUVATH	<i>[Signature]</i>
11	CCAVMCP011	NOURIN SIRAJ	<i>[Signature]</i>
12	CCAVMCP007	EVELYN NIROSHINI	<i>[Signature]</i>
13	CCAVMCP013	SHIBLA BASHEER	<i>[Signature]</i>
14	CCAVMCP014	SRITHILA P S	<i>[Signature]</i>
15	CCAVMCP015	THERESE SEBASTIN	<i>[Signature]</i>
16	CCAVMCP012	SANDRA MARIA	<i>[Signature]</i>



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Participative Learning 3 - Discussion On Menstrual Leave

Programme Objective

To provide detailed knowledge on menstruation and the problems women face during her lifespan of menstruation

Programme Report

Chief guest: Indu Menon

On January 27th The Department of Psychology at Christ college(Autonomous) Irinjalakuda conducted a dialogue on the topic "Menstrual leave".

The discussion on menstrual leave was organized in association with the Debate Club and NSS. The debate club coordinator was Rani Varghese and the NSS programme officers were Shinto, Jincy SR, NPM Hasmina Fathima, JomeshJose and LismerinPeter. The presidential address was done by Rev Fr.Dr Wilson Tharayil CMI and welcome speech has don by Ms. Nimy PG HOD Department of psychology. The programme started at 2:00 pm, with the arrival of the honorable chief guest Mrs. Indu Menon, a vibrant speaker, social worker, and a vivid writer. Approximately 250 people were in attendance. It was an open deliberation about menstrual leave. The chief guest enlightened us with her life experiences and recounted tales from her book "The Lesbian Cow and Other Stories". It depicts a clearly intersectional feminism, undoing the silence on rituals and practices of oppression and a deep investment in the act of striking back at the oppressor.



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She enumerated the experience of women during their periods and how others should help and understand the situation. She also conveyed the change in the attitude of people towards menstruation and related problems faced by women, from her teen years.

Many students raised several questions and it was all well discussed. It was a unique experience to be there. The programme ended with a vote of thanks.

Programme Outcome

Helped students to understand women experience during periods and learned about the attitude of people towards menstruation and the related problems they face from the very young age.

Brochure

Join us for an enlightening discussion on the relevance of menstrual leave in the workplace!
In this talk, we'll explore the importance of recognizing and accommodating the unique needs of individuals during their menstrual cycles. We'll delve into how embracing menstrual leave contributes to a more inclusive and supportive work environment, fostering employee well-being and productivity.

Principal
Rev.Dr.Jolly Andrews CMI

HOD
Ms.Christina Tony

Program Coordinator
Ms.NPM Hasmina Fathima

Resource Person
Indu Menon
Indian novelist and short story writer

Christ College (Autonomous), Irinjalakuda

Department of Psychology

@ College Auditorium
27th January, 2023
2 pm

A Talk on "Menstrual Leave"



CRITERION	II	Teaching-Learning and Evaluation
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Geotag photo



Attendance



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Attendance sheet
1st yr - B Batch,

Sl.No.	Roll No.	Reg. No.	Student ID	Student Name	Gender	Student Email	Student Phone	Attendance
1	1151	CCAWSPY058	28595	AARIN A SALEEM	FEMALE	aarinabdulsaleem1974@gmail.com	9495388248	Aarinn
2	1152	CCAWSPY076	28597	ABHIRAMY T S	FEMALE	abhiramythayil13@gmail.com	8590456805	Abhiram
3	1153	CCAWSPY086	28598	ADITI K BIJOY	FEMALE	kbijoy@gmail.com	9945262900	Aditi
4	1154	CCAWSPY064	28599	ADITYA SHAJU	FEMALE	adityashaju27@gmail.com	9756292983	Aditya
5	1155	CCAWSPY063	28600	ADYA M SIDHARTH	FEMALE	mc.deepa93@gmail.com	9447557802	Adya
6	1156	CCAWSPY085	28601	AISHA HANAN P M	FEMALE	alshahanan365@gmail.com	8547379489	Aisha
7	1157	CCAWSPY082	29158	AKHILA K S	FEMALE	2001akhilaks@gmail.com	9656162880	Akhila
8	1158	CCAWSPY102	28606	ALISHA PULATH	FEMALE	alishapulath@gmail.com	7994006135	Alisha
9	1159	CCAWSPY099	28607	ALIYA SEES P	FEMALE	varghesepp2003@gmail.com	9400070616	Aliya
10	1160	CCAWSPY077	28608	AMALA BENNY	FEMALE	amalabenny004@gmail.com	9968250725	Amala
11	1161	CCAWSPY103	29164	AMINA LISHA	FEMALE	afsalphysal13@gmail.com	7305590482	Amina
12	1162	CCAWSPY098	28609	AMISHA K S	FEMALE	amishaks225@gmail.com	7902263509	Amisha
13	1163	CCAWSPY078	28613	ANAKHA K B	FEMALE	rajbijoy13@gmail.com	9497097668	Anakha
14	1164	CCAWSPY055	28616	ANANYA U	FEMALE	ananyau11bs@gmail.com	9446225760	Ananya
15	1165	CCAWSPY081	28619	ANJALY GOPALAKRISHNAN	FEMALE	premyiacg12@gmail.com	9995217600	Anjaly
16	1166	CCAWSPY079	28621	ANJUKRISHNA K	FEMALE	anjukrishna540914@gmail.com	8078540914	Anju
17	1167	CCAWSPY071	28622	ANN MARIA	FEMALE	ann946597@gmail.com	9447127918	Ann
18	1168	CCAWSPY059	28624	ANSHITHA V KHADAR	FEMALE	anshithaabdulkhadar@gmail.com	9946623877	Anshitha
19	1169	CCAWSPY087	28625	ARCHA C B	FEMALE	archacb7909@gmail.com	8848955080	Archa
20	1170	CCAWSPY093	28626	ARSHA V D	FEMALE	arshavd96@gmail.com	9645598808	Arsha
21	1171	CCAWSPY061	28627	ARYA ASHOKAN	FEMALE	ashokanarya709@gmail.com	9562913003	Arya
22	1172	CCAWSPY089	28629	AYISHA K S	FEMALE	hizanayish@gmail.com	9072328274	Ayisha
23	1173	CCAWSPY057	28631	BALRAM KULAKATTIL UNNI BABURAJ	MALE	balrambaburaj@gmail.com	7907062682	Balram
24	1174	CCAWSPY054	28633	CANDIDA GOMEZ	FEMALE	candida.929z@gmail.com	8547138048	Candida
25	1175	CCAWSPY073	28635	CRISTA GEOGY	FEMALE	cristageogy@gmail.com	9495972301	Crista
26	1176	CCAWSPY090	28637	DEVA NANDA M MOHAN	FEMALE	navadevu@gmail.com	9747090250	Devananda
27	1177	CCAWSPY060	28642	FARRAS HUSSAIN	MALE	farraz.ps@gmail.com	8590991707	Farras
28	1178	CCAWSPY095	28650	GLADIA PINHERO	FEMALE	gladlapinhero@gmail.com	6282893968	Gladia
29	1179	CCAWSPY053	28651	HARIKRISHNA A N	MALE	harrykrishna2004@gmail.com	9946785712	Harikrishna
30	1180	CCAWSPY094	28653	JISNA JOSE	FEMALE	jisnacj24@gmail.com	6235844789	Jisna
31	1181	CCAWSPY080	28654	KRISHNA T M	FEMALE	krishnamanoj070504@gmail.com	9995437071	Krishna
32	1182	CCAWSPY065	28656	KRISHNANJALI K K	FEMALE	krishnanjali883@gmail.com	8714302693	Krishnanjali
33	1183	CCAWSPY100	29135	KRISHNAPRIYA SARATH M	FEMALE	sarathkumarvathyan@gmail.com	7559955433	Krishnapriya
34	1184	CCAWSPY083	28657	KRISHNENDU K V	FEMALE	krishnendu852@gmail.com	9562395963	Krishnendu
35	1185	CCAWSPY084	28660	MARIYA JOBY	FEMALE	mariyajoby8400@gmail.com	8089464819	Mariya
36	1186	CCAWSPY072	28661	MEENAKSHY VINOD	FEMALE	meenakvin2002@gmail.com	9061132149	Meenakshy
37	1187	CCAWSPY075	28665	NANDANA MURALI K	FEMALE	kollery.murali@gmail.com	9911917775	Nandana
38	1188	CCAWSPY066	28667	NEHA SANTHOSH	FEMALE	nehasanthosh2004@gmail.com	7736894624	Neha



CRITERION	II	Teaching-Learning and Evaluation
KEY INDICATOR	2.3	Teaching - Learning Process
METRIC	2.3.1	Student-centric methods such as experiential learning, participative learning and problem-solving methodologies are used for enhancing learning experiences:

Experiential Learning Activity 1 - Interactive and Recreational Session at Old Age Home

Programme Objectives

- To provide psychological support and companionship to the elderly residents.
- To engage in activities that stimulate cognitive function and promote emotional well-being.
- To observe and understand the unique psychological needs of the elderly population.

Programme Report

On 31 October 2022 , 2nd year pg students of department of psychology, organized an interactive and recreational session at house of Providence as part of their experiential learning program. The program coordinated by Ms.Akhila P.J and Durga K.S, faculty of department of psychology. The purpose of the event was to apply theoretical knowledge gained in the classroom to real-life situations, enhance empathy, and contribute positively to the well-being of the elderly residents.

Session Highlights:

Welcoming and Ice-breaking Activities:

The session commenced with a warm welcome to the residents. Ice-breaking activities such as introductions and sharing personal anecdotes were conducted to create a friendly and comfortable atmosphere.



CRITERION	II	Teaching-Learning and Evaluation
KEY INDICATOR	2.3	Teaching - Learning Process
METRIC	2.3.1	Student-centric methods such as experiential learning, participative learning and problem-solving methodologies are used for enhancing learning experiences:

Interactive Group Discussions:

Psychology students facilitated group discussions on topics related to the residents' life experiences, memories, and interests. This allowed students to gain insights into the psychological aspects of aging and provided an opportunity for residents to share their stories.

Art and Craft Therapy:

A dedicated art and craft station was set up, encouraging residents to express themselves creatively. The therapeutic benefits of artistic expression were evident as residents engaged enthusiastically, fostering a sense of accomplishment and self-worth.

Music and Movement Therapy:

The students organized a music and movement session, incorporating both familiar tunes and interactive dance. This not only stimulated physical activity but also uplifted the residents' mood and brought a sense of joy to the environment.

Memory Games and Cognitive Exercises: Cognitive stimulation activities, including memory games and puzzles, were conducted to promote mental agility. These exercises aimed to enhance cognitive function and maintain cognitive abilities among the elderly participants.

Sharing of Resources: Psychology students shared informational pamphlets and resources on mental health, aging, and support services available for the elderly. This initiative aimed to provide valuable information and encourage the residents to seek additional support if needed.



CRITERION	II	Teaching-Learning and Evaluation
KEY INDICATOR	2.3	Teaching - Learning Process
METRIC	2.3.1	Student-centric methods such as experiential learning, participative learning and problem-solving methodologies are used for enhancing learning experiences:

Programme Outcome

The interactive and recreational session proved to be a valuable experiential learning opportunity for the psychology students. It not only allowed them to apply theoretical knowledge in a real-world setting but also fostered a sense of empathy and understanding towards the psychological needs of the elderly. The residents of house of Providence benefited from the engaging activities, social interactions, and psychological support provided during this meaningful session. This initiative reflects the positive impact that experiential learning can have on both students and the community.

Brochure





CRITERION	II	Teaching-Learning and Evaluation
KEY INDICATOR	2.3	Teaching - Learning Process
METRIC	2.3.1	Student-centric methods such as experiential learning, participative learning and problem-solving methodologies are used for enhancing learning experiences:

Geotag photo



Attendance

Dood Pa.

SL NO	REG NO	NAME	ATTENDANCE
1	CCAVMCP001	AISWARYA NJ	<i>Aiswarya</i>
2	CCAVMCP002	BILHA VINOD	<i>Bilha</i>
3	CCAVMCP003	C U ANAGHA UDAY	<i>Anagha</i>
4	CCAVMCP004	CHARLOTTE JOHNSON	<i>Charlotte</i>
5	CCAVMCP005	DEVICHANDANA M S	<i>Devichandana</i>
6	CCAVMCP006	DILSA NASREEN A	<i>Dilsha</i>
7	CCAVMCP008	KRISHNANDHU RADHAKRISHANAN	<i>Krishnan</i>
8	CCAVMCP009	MEKHANA M	<i>Mekha</i>
9	CCAVMCP010	NAHIDA SHEREEF THERUVATH	<i>Nahida</i>
11	CCAVMCP011	NOURIN SIRAJ	<i>Nourin</i>
12	CCAVMCP007	EVELYN NIROSHINI	<i>Evelyn</i>
13	CCAVMCP013	SHIBLA BASHEER	<i>Shibla</i>
14	CCAVMCP014	SRITHILA P S	<i>Srithila</i>
15	CCAVMCP015	THERESE SEBASTIN	<i>Theresa</i>
16	CCAVMCP012	SANDRA MARIA	<i>Sandra</i>



CRITERION	II	Teaching-Learning and Evaluation
KEY INDICATOR	2.3	Teaching - Learning Process
METRIC	2.3.1	Student-centric methods such as experiential learning, participative learning and problem-solving methodologies are used for enhancing learning experiences:

Experiential Learning Activity 2 - Field Visit at Special School

Programme Objectives

- To observe and understand the learning environment at a special school.
- To interact with students and educators to gain insights into the challenges and successes of inclusive education.
- To apply theoretical knowledge in psychology to practical scenarios.
- To develop empathy and sensitivity towards individuals with special needs.
- To explore various psychological interventions and strategies implemented at the special school.

Programme Report

As the part of the curriculum the students of 2nd year MSc Clinical Psychology along with two faculty members visited a special school- Pratheeksha Bhavan, Irinjalakuda on 20th February 2023. 16 students were present in the visit. An interactive session with differently abled students and their teachers were arranged. Our students conducted different cultural programs for those students. We visited a rehabilitation centre for those students. It was an informative session for the student because they got the opportunity to interact with students having different disabilities like Mental Retardation, Learning Disability, Autism etc. The co-ordinator of the program was Ms. Ann Maria Vincent.

Field Visit Highlights:

Observation of Learning Environments: Students had the opportunity to observe different classrooms and learning spaces tailored to the diverse needs of the students.



CRITERION	II	Teaching-Learning and Evaluation
KEY INDICATOR	2.3	Teaching - Learning Process
METRIC	2.3.1	Student-centric methods such as experiential learning, participative learning and problem-solving methodologies are used for enhancing learning experiences:

Specialized teaching materials, adaptive technologies, and sensory-friendly environments were noted.

Interaction with Students: Engaging conversations were held with students to understand their experiences, interests, and challenges. Students actively participated in various activities, showcasing their talents and capabilities.

Interviews with Educators: Psychology students conducted interviews with educators and support staff to gather information about their roles, challenges, and successful strategies.

Insights into collaborative efforts between psychologists, special educators, and therapists were discussed.

Application of Psychological Theories:

Students had the opportunity to apply theoretical knowledge in assessing and understanding the unique needs of individuals with special needs.

Observations were made on how psychological theories were integrated into educational planning and interventions.

Psychological Interventions:

Various psychological interventions and therapies, such as behaviour modification techniques and counselling, were observed in practice.

Students actively engaged in discussions with professionals about the effectiveness of different interventions.



CRITERION	II	Teaching-Learning and Evaluation
KEY INDICATOR	2.3	Teaching - Learning Process
METRIC	2.3.1	Student-centric methods such as experiential learning, participative learning and problem-solving methodologies are used for enhancing learning experiences:

Reflection and Debriefing: After the field visit, a reflective session was conducted to discuss individual experiences, observations, and the application of psychological principles. Students shared personal insights, challenges faced, and the impact of the visit on their understanding of inclusive education.

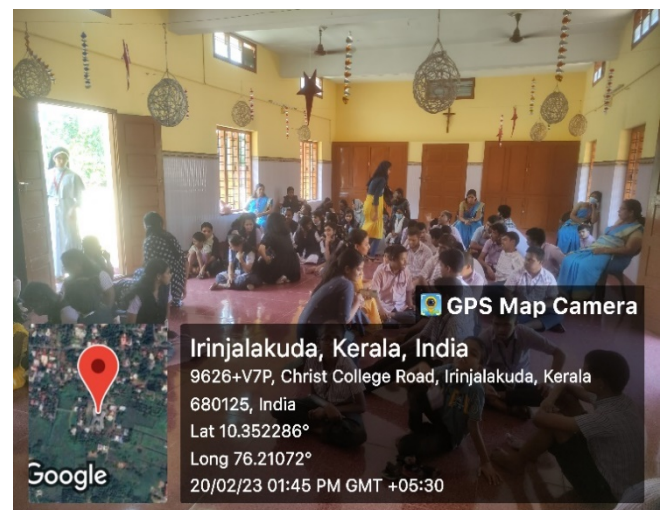
Programme Outcome

The field visit to the special school provided invaluable experiential learning opportunities for psychology postgraduate students. It enhanced their understanding of inclusive education, allowed them to witness the practical implementation of psychological theories, and fostered empathy towards individuals with special needs. The visit not only contributed to their academic knowledge but also enriched their personal and professional growth as future practitioners in the field of psychology.

Brochure



Geo tag photo





CRITERION	II	Teaching-Learning and Evaluation
KEY INDICATOR	2.3	Teaching - Learning Process
METRIC	2.3.1	Student-centric methods such as experiential learning, participative learning and problem-solving methodologies are used for enhancing learning experiences:

Attendance

PG - 1st Yr

Sl.No.	Roll No.	Reg. No.	Student Name	Gender	Student Email	Student Phone	Attendance
1	261	CCAWMCP001	ANEETA GRACE	FEMALE	aneetagrace14@gmail.com	8281655015	Aneeta
2	262	CCAWMCP002	ANJALA FARHATH	FEMALE	anjalaifarha098@gmail.com	9745805989	Anjana
3	263	CCAWMCP020	ANUJ K.	MALE	anujk20022002@gmail.com	8848933480	Anuj
4	264	CCAWMCP003	ASWIN BHARATHAN K	MALE	aswinkandoth@gmail.com	9562578276	Aswin
5	265	CCAWMCP004	DIYA HAMEED FARHA	FEMALE	hameed.diya@gmail.com	9207133905	Diya
6	266	CCAWMCP005	ABDULNAZAR PUTHUVEETIL	FEMALE	farhaabdulnazar@gmail.com	9745495287	Abdul
7	267	CCAWMCP006	FERZIN V M	FEMALE	reemaf179@gmail.com	7034507358	a
8	268	CCAWMCP007	KASYAP S	MALE	kashyapkavumpurath@gmail.com	8078191895	Kasyap
9	269	CCAWMCP008	KATHLYN BENNETT	FEMALE	kathlynbennett29@gmail.com	9207784899	a
10	270	CCAWMCP009	NIALA GAFOOR	FEMALE	gafoornyla@gmail.com	7012835164	Niala
11	270	CCAWMCP010	NILANJANA S A	FEMALE	nilanjanasuresh2001@gmail.com	6282847094	a
12	271	CCAWMCP011	NISHMA MUJEEB	FEMALE	muju444@gmail.com	8086944000	Nisha
13	272	CCAWMCP012	RADHA.R.PANICKER	FEMALE	kalaricalradha@gmail.com	9495290532	Radha
14	273	CCAWMCP019	RITHIKA RAJ	FEMALE	rithikaraj1186@gmail.com	6239372590	Rithika
15	274	CCAWMCP013	SANDRA A S	FEMALE	satheeshsandra902@gmail.com	9188750976	Sandra
16	275	CCAWMCP014	SANDRA ZACHARIA	FEMALE	sandrazacharia73@gmail.com	7306264826	Sandra
17	276	CCAWMCP015	SHAMNA T S	FEMALE	tsshamna2001@gmail.com	8921655176	Shamna
18	277	CCAWMCP016	SREELAKSHMI M	FEMALE	msreelakshmi01@gmail.com	9150326790	Sreelakshmi
19	278	CCAWMCP017	SRUTHI.P.M	FEMALE	shruthipeeyem@gmail.com	8547602035	Sruthi
20	279	CCAWMCP018	UNNIMAYA M S	FEMALE	unnimayams71@gmail.com	8891104085	Unnimaya



CRITERION	II	Teaching-Learning and Evaluation
KEY INDICATOR	2.3	Teaching - Learning Process
METRIC	2.3.1	Student-centric methods such as experiential learning, participative learning and problem-solving methodologies are used for enhancing learning experiences:

Experiential Learning Activity 3 - ENSO charity Oru Kaithang

Programme Report

In a heartwarming display of compassion and commitment to mental health, students of psychology department organized a charity drive and donation event as part of their experiential learning journey. The initiative aimed to not only deepen the students' understanding of mental health issues but also contribute positively to the well-being of those undergoing treatment at a local mental hospital.

The charity drive was named as “Oru kaithang”. It was organized along with ENSO Psy-fest and selected Mar Thoma hospital Azhikode, Kerala as hospital needed a financial help .The charity was intended to adopt a mental health center/hospital which faces difficulties in functioning and providing financial help for people who have psychological issues. Another objective of the charity was to make the students understand and cultivate a service mentality and empathetic approach towards individuals with psychological issues.

The charity amount of 80000 RS was handed over to the Director and consultant Psychologist Fr. J.B.Puthoor of Marthoma hospital on 10/04/23, 13 students alongwith program coordinator Durga K S, Head of the Department Nimy P G, Faculty Akhila J P visited the hospital

Event Overview:

Organizing Committee:

The charity drive was spearheaded by a dedicated group of psychology students who were eager to translate their theoretical knowledge into practical action. The committee, comprising both



CRITERION	II	Teaching-Learning and Evaluation
KEY INDICATOR	2.3	Teaching - Learning Process
METRIC	2.3.1	Student-centric methods such as experiential learning, participative learning and problem-solving methodologies are used for enhancing learning experiences:

undergraduate and post graduate students, collaborated with faculty members to ensure the success of the initiative.

Goal and Objectives:

The primary goal of the charity drive was to raise awareness about mental health and reduce the stigma associated with mental illnesses. Simultaneously, the students aimed to collect essential items and financial donations to support the mental hospital and enhance the quality of life for its residents.

Engagement with the Community:

To engage the broader community, the students organized informational sessions and workshops on mental health awareness. They collaborated with local businesses, schools, and community centers to spread the word and encourage participation in the charity drive.

Donation Collection:

The students collected a variety of items, including personal care products, books, art supplies, and games, to contribute to the well-being and recreational needs of the mental hospital's residents. Monetary donations were also accepted to fund special projects and activities within the hospital.

Impactful Experiences: As part of their experiential learning, the psychology students visited the mental hospital to deliver the donations personally. This hands-on experience allowed them to interact with patients, understand their needs, and witness the positive impact of their efforts firsthand.

Collaboration with Mental Health Professionals:



CRITERION	II	Teaching-Learning and Evaluation
KEY INDICATOR	2.3	Teaching - Learning Process
METRIC	2.3.1	Student-centric methods such as experiential learning, participative learning and problem-solving methodologies are used for enhancing learning experiences:

The students collaborated with mental health professionals from the hospital to organize workshops and interactive sessions. This collaboration provided valuable insights into the practical aspects of mental health care and further enriched the students' learning experience.


Programme Outcome

The charity drive served as a powerful learning opportunity for the psychology students, helping them develop empathy, teamwork, and a deeper understanding of the challenges faced by individuals with mental health conditions. Reflective sessions allowed students to discuss their experiences and draw connections between theory and real-world application. The charity drive and donation event organized by psychology students exemplify the positive impact that experiential learning can have on both students and the community. Through their empathetic efforts, the students not only contributed to the well-being of mental hospital residents but also fostered a sense of unity and understanding within the broader community. This initiative serves as a shining example of how education can extend beyond the classroom to make a meaningful difference in the lives of others.



CRITERION	II	Teaching-Learning and Evaluation
KEY INDICATOR	2.3	Teaching - Learning Process
METRIC	2.3.1	Student-centric methods such as experiential learning, participative learning and problem-solving methodologies are used for enhancing learning experiences:

Brochure

 **CHRIST**
COLLEGE (AUTONOMOUS)
IRINJALAKUDA, KERALA
Reaccredited by NAAC with 'A++' grade

DEPARTMENT OF PSYCHOLOGY
PRESENTS

**ORU
KAITHAANGU
CHARITY DRIVE**

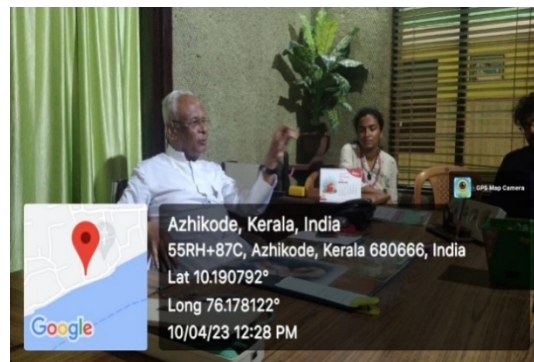
10/04/23

Principle - Rev.Dr Jolly Andrews CMI
HoD - Ms. Nimmy PG
Charity drive Cordinator - Durga K S



CRITERION	II	Teaching-Learning and Evaluation
KEY INDICATOR	2.3	Teaching - Learning Process
METRIC	2.3.1	Student-centric methods such as experiential learning, participative learning and problem-solving methodologies are used for enhancing learning experiences:

Geo tag photos





CRITERION	II	Teaching-Learning and Evaluation
KEY INDICATOR	2.3	Teaching - Learning Process
METRIC	2.3.1	Student-centric methods such as experiential learning, participative learning and problem-solving methodologies are used for enhancing learning experiences:

Attendance

*Attendance sheet
1st Yr - B Batch*

Sl.No.	Roll No.	Reg. No.	Student ID	Student Name	Gender	Student Email	Student Phone	Attendance
1	1151	CCAWSPY058	28595	AAFRIN A SALEEM	FEMALE	aafrinabdulsaleem1974@gmail.com	9495388248	<i>afreen</i>
2	1152	CCAWSPY076	28597	ABHIRAMY T S	FEMALE	abhiramythayil13@gmail.com	8590456805	<i>at</i>
3	1153	CCAWSPY086	28598	ADITI K BIJOY	FEMALE	ktbijoy@gmail.com	9945262900	<i>aditi</i>
4	1154	CCAWSPY064	28599	ADITYA SHAJU	FEMALE	adityashaju27@gmail.com	9756292983	<i>aditya</i>
5	1155	CCAWSPY063	28600	ADYA M SIDHARTH	FEMALE	mc.deepa93@gmail.com	9447557802	<i>adya</i>
6	1156	CCAWSPY085	28601	AISHA HANAN P M	FEMALE	alshahanan365@gmail.com	8547379489	<i>aishah</i>
7	1157	CCAWSPY082	29158	AKHILA K S	FEMALE	2001akhilaks@gmail.com	9656162880	<i>akhila</i>
8	1158	CCAWSPY102	28606	ALISHA PULATH	FEMALE	alishapulath@gmail.com	7994006135	<i>alisha</i>
9	1159	CCAWSPY099	28607	ALIYA SEES P	FEMALE	varghesepp2003@gmail.com	9400070616	<i>aliya</i>
10	1160	CCAWSPY077	28608	AMALA BENNY	FEMALE	amatabenny004@gmail.com	9968250725	<i>amala</i>
11	1161	CCAWSPY103	29164	AMINA LISHA	FEMALE	afsalphysal13@gmail.com	7305590482	<i>amina</i>
12	1162	CCAWSPY098	28609	AMISHA K S	FEMALE	amishaks2255@gmail.com	7902263509	<i>amisha</i>
13	1163	CCAWSPY078	28613	ANAKHA K B	FEMALE	rajbijoy13@gmail.com	9497097668	<i>anakha</i>
14	1164	CCAWSPY055	28616	ANANYA U	FEMALE	ananyau11bs@gmail.com	9446225760	<i>ananya</i>
15	1165	CCAWSPY081	28619	ANJALY GOPALAKRISHNAN	FEMALE	premiyacg12@gmail.com	9995217600	<i>a</i>
16	1166	CCAWSPY079	28621	ANJUKRISHNA K	FEMALE	anjukrishna540914@gmail.com	8078540914	<i>a</i>
17	1167	CCAWSPY071	28622	ANN MARIA	FEMALE	ann946597@gmail.com	9447127918	<i>ann</i>
18	1168	CCAWSPY059	28624	ANSHITHA V KHADAR	FEMALE	anshithaabdukhadar@gmail.com	9946623877	<i>anshitha</i>
19	1169	CCAWSPY087	28625	ARCHA C B	FEMALE	archacb7909@gmail.com	8848955080	<i>archa</i>
20	1170	CCAWSPY093	28626	ARSHA V D	FEMALE	arshavd96@gmail.com	9645598808	<i>arsha</i>
21	1171	CCAWSPY061	28627	ARYA ASHOKAN	FEMALE	ashokanarya709@gmail.com	9562913003	<i>arya</i>
22	1172	CCAWSPY089	28629	AYISHA K S	FEMALE	hizanayish@gmail.com	9072232874	<i>a</i>
23	1173	CCAWSPY057	28631	BALRAM KULAKATTIL UNNI BABURAJ	MALE	balrambaburaj@gmail.com	7907062682	<i>Balram</i>
24	1174	CCAWSPY054	28633	CANDIDA GOMEZ	FEMALE	candida.929z@gmail.com	8547138048	<i>Candida Gomez</i>
25	1175	CCAWSPY073	28635	CRISTA GEOGY	FEMALE	cristageogy@gmail.com	9495972301	<i>Crista</i>
26	1176	CCAWSPY090	28637	DEVA NANDA M MOHAN	FEMALE	navadevu@gmail.com	9747090250	<i>Devananda</i>
27	1177	CCAWSPY060	28642	FARRAS HUSSAIN	MALE	farras.ps@gmail.com	8590991707	<i>Farras</i>
28	1178	CCAWSPY095	28650	GLADIA PINHERO	FEMALE	gladlapinhero@gmail.com	6282893968	<i>gladial</i>
29	1179	CCAWSPY053	28651	HARIKRISHNA A N	MALE	harrykrishna2004@gmail.com	9946785712	<i>a</i>
30	1180	CCAWSPY094	28653	JISNA JOSE	FEMALE	jisnacj24@gmail.com	6235844789	<i>a</i>
31	1181	CCAWSPY080	28654	KRISHNA T M	FEMALE	krishnamanoj070504@gmail.com	9995437071	<i>Krishna</i>
32	1182	CCAWSPY065	28656	KRISHNANJALI K K	FEMALE	krishnanjali883@gmail.com	8714302693	<i>a</i>
33	1183	CCAWSPY100	29135	KRISHNAPRIYA SARATH M	FEMALE	sarathkumarvsathyan@gmail.com	7559955433	<i>Krishnapriya</i>
34	1184	CCAWSPY083	28657	KRISHNENDU K V	FEMALE	kkrishnendu852@gmail.com	9562395963	<i>Krishnendu</i>
35	1185	CCAWSPY084	28660	MARIYA JOBY	FEMALE	mariyajoby8400@gmail.com	8089464819	<i>Mariya</i>
36	1186	CCAWSPY072	28661	MEENAKSHY VINOD	FEMALE	meenakvin2002@gmail.com	9061132149	<i>Meenakshy</i>
37	1187	CCAWSPY075	28665	NANDANA MURALI K	FEMALE	kollery.murali@gmail.com	9911917775	<i>Nandana</i>
38	1188	CCAWSPY066	28667	NEHA SANTHOSH	FEMALE	nehasanthosht2004@gmail.com	7736894624	<i>Neha</i>



CRITERION	II	Teaching-Learning and Evaluation
KEY INDICATOR	2.3	Teaching - Learning Process
METRIC	2.3.1	Student-centric methods such as experiential learning, participative learning and problem-solving methodologies are used for enhancing learning experiences:

Experiential Learning Activity 4 - ENSO Psychology Fest 2023

Programme Objectives

To enable students, enhance various skills such as leadership quality, ability to apply various psychological tests and assessments in real life situation and to enhance the counselling skill.

Programme Report

The Department of Psychology organize Psychology fest **ENSO** on February 20 and 21, 2023. On the first day, the inauguration ceremony was held at 10 am at the Fr. Jose Thekkan AC Seminar Hall. The Principal, Dr. Fr. Jolly Andrews, CMI, Self-Financing Coordinator, Dr. T Vivekanandan, HOD of the Psychology Department, Ms. Nimy PG, and Assistant Professor in the Department of Psychology, Ms. Durga K S were the dignitaries who attended the event. The chief guest was Ms. Sheeba Ameer, Founder of Solace, an NGO for chronically ill children.

The exhibition in the auditorium, “**Shadowed Gallery**” consisted of 9 stalls: **Look into the archives, who are you? Eyes Lies, Grim Reaper, Catharsis, Amour, Menstree, Busted! Beyond the Blindfold and Assessment.** Games stalls were held outside the auditorium. On Day 1, 7 games were conducted: **Bewildering VIBGYOR, Separating Anxiety, Unlock Your Senses, Happy Neuron, Detective Snitch, Pop It! and Active Jenga.**

On the second day, the exhibition stalls were all held again. 8 games were conducted: Dare Pong, Active Jenga, Unlock Your Senses, Bewildering VIBGYOR, Minute To Win It, Heads Up, Cup Pyramid, and Easy-Peasy. Two offline inter-college competitions were held: **Speak Your Mind and Omni psych.** Online competitions were **Freudian Slips, Vulnerable**



CRITERION	II	Teaching-Learning and Evaluation
KEY INDICATOR	2.3	Teaching - Learning Process
METRIC	2.3.1	Student-centric methods such as experiential learning, participative learning and problem-solving methodologies are used for enhancing learning experiences:

and Navarasam. On the second day, at 3 pm a **Music Therapy session** was held by Tharvaad music band.

Programme Outcome

The students learned how to organize the entire programs and how to resolve the problems arise during various preparation phases. It also helped students to apply various tests in the form of games and activities. Also enhanced the leadership qualities of various students. it also helped students of 2nd year 1st year PG students and 3rd year UG students to enhance counselling and listening skills by arranging BLINDFOLD stalls.

Brochure





CRITERION	II	Teaching-Learning and Evaluation
KEY INDICATOR	2.3	Teaching - Learning Process
METRIC	2.3.1	Student-centric methods such as experiential learning, participative learning and problem-solving methodologies are used for enhancing learning experiences:

Geo tag photos





CRITERION	II	Teaching-Learning and Evaluation
KEY INDICATOR	2.3	Teaching - Learning Process
METRIC	2.3.1	Student-centric methods such as experiential learning, participative learning and problem-solving methodologies are used for enhancing learning experiences:

PROBLEM SOLVING METHODOLOGIES

1. UG Projects

The students of B. Sc Psychology carried out project works individually. Students were assigned under a faculty for the guidance. Students with the help of their mentor formulated research problems, hypotheses and then collected data for analysis. Results were obtained through statistical analysis in SPSS. And the results are discussed and conclusions are arrived.

OUTCOMES

Students got a scientific understanding about formulating and solving a research problem scientifically.

Project Files

[AQR UG DOCUMENTS - Google Drive](#)

[AQR PROJECT REPORT UG 3 A.xlsx - Google Sheets](#)

2. PG Projects

The students of M. Sc Clinical Psychology carried out project works individually. Students were assigned under a faculty for the guidance. Students with the help of their mentor



CRITERION	II	Teaching-Learning and Evaluation
KEY INDICATOR	2.3	Teaching - Learning Process
METRIC	2.3.1	Student-centric methods such as experiential learning, participative learning and problem-solving methodologies are used for enhancing learning experiences:

formulated research problems, hypotheses and then collected data for analysis. Results were obtained through statistical analysis in SPSS. And the results are discussed and conclusions are arrived.

OUTCOMES

Students got a scientific understanding about formulating and solving a research problem scientifically.

Project Files

[PG Projects - Google Drive](#)



PRINCIPAL

Fr. Dr. Jolly Andrews
Associate Professor -
In-Charge of Principal
Christ College (Autonomous)
Irinjalakuda