

16P233

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Name.....

Reg. No.....

SECOND SEMESTER M.Sc. DEGREE EXAMINATION, MAY-2017

(Regular/Supplementary/Improvement)

(CUCSS - PG)

CC 15P CP2 C06 - PSYCHOTHERAPEUTICS – I

(Clinical Psychology)

(2015 Admission Onwards)

Time: Three Hours

Maximum: 36 Weightage

PART-I

Answer *all* questions

Each question carries 1 weightage

1. Congruence
2. Psychotherapy
3. Behavioural Rehearsal
4. InVivo Techniques
5. Countertransference
6. Cognitive Distortions
7. Multigenerational Family Therapy
8. Emotive Techniques
9. Response cost
10. Relaxation Techniques
11. Grief Therapy
12. Flooding
13. Family therapies
14. Prompting

(14 x 1 = 14 Weightage)

PART-II

Answer any *seven* questions

Each question carries 2 weightage.

15. Explain application of operant principles in behavior therapy
16. Explain processes of Grief therapy
17. Phases of Psychotherapy
18. Goals of Existential Psychotherapy
19. Token Economy
20. History of cognitive behavior Therapy

21. Efficacy of group therapies in the management of substance abuse
22. Theoretical Concepts of Logo therapy
23. Critically analyze psychodynamic theories
24. Interpersonal Psychotherapy

(7 x 2 = 14 Weightage)

PART-III

Answer any *two* questions
Each question carries 4 weightage.

25. Define Behaviour Modification. Explain Behaviour analysis and its importance in therapy
26. Critically evaluate Logo therapy and its application to treatment.
27. Explain efficacy of Cognitive Behaviour therapy Techniques.
28. Explain how existential therapy is used in the management of Psychological Disorders

(2 x 4 = 8 Weightage)
