THIRD SEMESTER M.Sc. DEGREE EXAMINATION, OCTOBER 2017

(Regular/Supplementary/Improvement)

(CUCSS - PG)

CC15P CP3 E01 - COUNSELLING PSYCHOLOGY

(Clinical Psychology) (2015 Admission Onwards)

Time: Three Hours

Maximum: 36 Weightage

Part A

(Answer all questions. Each question carries 1 Weightage)

- 1. Group counselling
- 2. Referral
- 3. Anonymity
- 4. Self actualization
- 5. spontaneity
- 6. Readiness
- 7. Sociometric techniques
- 8. Diagnosis
- 9. Transference
- 10. Self Concept
- 11. Empathy
- 12. Nonverbal communication
- 13. Encounter groups
- 14. Unconditional positive regard

 $(14 \times 1 = 14 \text{ Weightage})$

Part B

(Answer any seven questions. Each question carries 2 Weightage)

- 15. Observation Instruments
- 16. Problem solving
- 17. Existential approach
- 18. Family counseling
- 19. Group counseling process
- 20. Cognitive approach
- 21. Relationship building in counseling
- 22. Ethics of counseling
- 23. Characteristics of effective counselor
- 24. Counseling Goals

 $(7 \times 2 = 14 \text{ Weightage})$

Part C

(Answer *any two* questions. Each question carries 4 Weightage)

- 25. Define counseling? Explain in detail the process involved in counseling
- 26. Write an essay on behavioristic approach to counseling
- 27. What is stress? How can it be dealt with?
- 28. Write about various assessment methods used in counseling

 $(2 \times 4 = 8 \text{ Weightage})$
