THIRD SEMESTER M.Sc. DEGREE EXAMINATION, OCTOBER 2017

(Regular/Supplementary/Improvement)

(CUCSS - PG)

CC15P CP3 C09 - PSYCHOTHERAPEUTICS - II

(Clinical Psychology) (2015 Admission Onwards)

Time: Three Hours

Maximum: 36 Weightage

Section-A

(Answer *all* questions. Each carries 1 weightage)

- 1. JPMR
- 2. Clinical interview
- 3. Live modeling
- 4. Self-efficacy
- 5. Autogenic training
- 6. Systematic desensitization
- 7. Vicarious conditioning
- 8. Self monitoring
- 9. Implosive therapy
- 10. Negative reinforcement
- 11. Cognitive distortion
- 12. Verbal aversion
- 13. Breathing exercise
- 14. Meditation

 $(14 \times 1 = 14 \text{ weightage})$

Section-B

(Answer *any seven* of the following. Each carries 2 weightage)

- 15. Marital therapy
- 16. Ethical issues in psychotherapy
- 17. Token economy
- 18. Aversion therapy
- 19. Contingency management
- 20. Techniques of biofeedback
- 21. Assessment in cognitive therapy
- 22. In vivo therapy
- 23. Stress inoculation
- 24. Theory of relaxation technique

 $(7 \times 2 = 14 \text{ weightage})$

Section-C

(Answer any two of the following. Each carries 4 weightage)

- 25. Explain techniques of cognitive therapy.
- 26. Write on therapeutic techniques of crisis intervention.
- 27. Which are the psychotherapies based on operant conditioning principles.
- 28. Explain social skill and assertiveness training.

 $(2 \times 4 = 8 \text{ weightage})$
