Name: $\qquad$
Reg. $\qquad$

# FIRST SEMESTER M.S.W. DEGREE EXTERNAL EXAMINATION, FEB. 2016 

 (2015 Admission)CC15P SW1 C05- Personal and Professional Skills for Social Workers
Time: 3 Hours
Maximum Weightage: 36

## Section I

(Answer all Questions. Each question carries 1 weightage.
Answer should not exceed 50 words)

## Write short notes on:

1. Professionalism.
2. Structure of personality.
3. Inter personal skills.
4. Communication.
5. SWOT
6. Ethics.
7. Advantages of TA
8. Professional boundary.
9. Legal writing.
10. Self-image.

## Section II

(Answer any Six Questions. Each question carries 3 Weightage.
Answer should not exceed 300 words.)
11. Define self and significance of understanding Self.
12. What is Transactional Analysis? Discuss its philosophical premises.
13. Evaluate the core qualities of relationship skills for social work practice.
14. 'Self as being and Becoming 'Explain the concept.
15. Distinguish between real self and ideal self.
16. Evaluate the concept 'Referencing and avoiding plagiarism'.
17. Explain the different ways to polish up our writing skills.
18. How the meditation helps for self development?
19. Explain the different styles of leadership.

## Section III

(Answer any two Questions. Each question carries 4 weightage. Answer should be limited to 800 words.)
20. What is ICT and its various forms used in social work practice?
21. Write an essay on group dynamics and team building. Discuss the importance of groups in organizations.
22. What are the causes and impacts stress and burnout? Discuss stress management.
23. What is communication? And explain its various types and barriers to effective communication.
( $2 \times 4=8$ Weightage)

