Name:

Reg.

FIRST SEMESTER M.S.W. DEGREE EXTERNAL EXAMINATION, FEB. 2016 (2015 Admission)

CC15P SW1 C05– Personal and Professional Skills for Social Workers Time: 3 Hours Maximum Weightage: 36

Section I

(Answer *all* Questions. Each question carries **1** weightage. Answer should not exceed 50 words)

Write short notes on:

- 1. Professionalism.
- 2. Structure of personality.
- 3. Inter personal skills.
- 4. Communication.
- 5. SWOT
- 6. Ethics.
- 7. Advantages of TA
- 8. Professional boundary.
- 9. Legal writing.
- 10. Self-image.

(10 x 1=10 Weightage)

Section II

(Answer any *Six* Questions. Each question carries **3** Weightage. Answer should not exceed 300 words.)

- 11. Define self and significance of understanding Self.
- 12. What is Transactional Analysis? Discuss its philosophical premises.
- 13. Evaluate the core qualities of relationship skills for social work practice.
- 14. 'Self as being and Becoming 'Explain the concept.
- 15. Distinguish between real self and ideal self.
- 16. Evaluate the concept 'Referencing and avoiding plagiarism'.
- 17. Explain the different ways to polish up our writing skills.
- 18. How the meditation helps for self development?
- 19. Explain the different styles of leadership.

(6 x 3=18 Weightage)

Section III

(Answer any *two* Questions. Each question carries **4** weightage. Answer should be limited to 800 words.)

- 20. What is ICT and its various forms used in social work practice?
- 21. Write an essay on group dynamics and team building. Discuss the importance of groups in organizations.
- 22. What are the causes and impacts stress and burnout? Discuss stress management.
- 23. What is communication? And explain its various types and barriers to effective communication.

(2 x 4=8 Weightage)
