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Name.....

17

Reg. No.....

THIRD YEAR B.P.E. DEGREE EXAMINATION, MAY 2014

Physical Education

Paper XII—PHYSIOTHERAPY, CORRECTIVE PHYSICAL EDUCATION AND ADAPTED
PHYSICAL EDUCATION

Time : Three Hours

Maximum : 75 Marks

*Answer any five questions of which three questions should be from Part A and
two questions from Part B, including Question 8 which is compulsory.*

Part A

1. Define adapted physical education and briefly explain its aims and objectives.
2. Write notes on :
 - (a) General principles in giving massage.
 - (b) Classification of therapeutic movements.
 - (c) Disadvantages of bad posture.
3. Briefly explain :
 - (a) Classification of massage manipulation.
 - (b) Posture grid.
 - (c) Passive movements.
4. Discuss the types of postural deviations, their causes and corrective exercises of the following :—
 - (a) Kyphosis.
 - (b) Scoliosis.
 - (c) Flatfoot.
5. Write notes on :
 - (a) Programme adaptation.
 - (b) Effleurage.
 - (c) Active movements.

Part B

6. Explain the definition and purpose of first-aid and discuss the types of wounds and their management.

Turn over

7. Discuss the treatment procedures for :

- (a) Strains.
- (b) Sprains.
- (c) Abrasions.

8. Write very short notes on any *five* of the following :—

- (a) Tapotement.
- (b) Iso-kinetic.
- (c) Group therapy.
- (d) Somato types.
- (e) Round shoulders.
- (f) Aids used by handicapped.
- (g) Burns and scalds.
- (h) Cryotherapy.

(5 × 15 = 75 marks)