SECOND YEAR B.P.E. DEGREE EXAMINATION, APRIL 2015

Paper VIII—FOUNDATIONS OF PHYSICAL EDUCATION

(2013 Admissions)

Time : Three Hours   Maximum : 75 Marks

Answer any **three** *questions from Part A and* **two** *questions from Part B.*
Question 8 *is* **compulsory.**

Part A

1. Describe the meaning, aim and scope of Education.   (1 × 15 = 15 marks)

2. (A) Match the following :—

   (a) Thorndike   — Naturalism.

   (b) Pavlov   — Cognitive theory.

   (c) Rousseau   — Conditioned reflex theory.

   (d) Kohler   — Realism.

   (e) Aristotle   — Trial and error method

                                                                          (5 × 1 = 5 marks)

   (B) Fill in the Blanks :

   (a) ———— body type are known as athletic type.

   (b) Gandhiy teaches the philosophy of ————.

   (c) Adolescence period is in between ———— to ———— years.

   (d) ———— is a private agency providing Recreation.

   (e) Plato is the author of ————.

                                                                          (5 × 1 = 5 marks)

   (C) State whether the following statements are True *or* False :

   (a) Pragmatism says that reality is determined by individual experiences.

   (b) Ectomorph body type people have large round head with broad face.

   (c) Knowledge derived through sense experience is Idealism.

   (d) Anatomical age refers to the growth and development of the skeletal system.

   (e) Physiological age means the age of a person recorded in years months and days.

                                                                          (5 × 1 = 5 marks)

                                                                          Turn over

3. Briefly explain the following :—

    (a)   Objectives of physical education.

    (b)   Existentialism.

    (c)   Contributions of Tagore.

            (3 × 5 = 15 marks)

4. Describe the following :—

    (a)   Advantages of Biped Position.

    (b)   Sex differences.

    (c)   Body types (sheldon's classification).

            (3 × 5 = 15 marks)

5. Write short notes on :

    (a)   Growth and development.

    (b)   Physiological and mental age.

    (c)   Any *two* theories of Play.

            (3 × 5 = 15 marks)

Part B

6. Discuss the contributions made by educational philosophers Rousseau and Montessori.

            (1 × 15 = 15 marks)

7. Describe the following :—

    (a)   Mass participation in sports.

    (b)   Professional preparation in leadership.

    (c)   Physical education for special population.

            (3 × 5 = 15 marks)

8. Write short notes on any *five* of the following :—

    (a)   Government agencies providing recreation.

    (b)   Naturalism.

    (c)   Pragmatism.

    (d)   Community recreation.

    (e)   Wellness.

    (f)   Evolution of Man.

    (g)   Agencies of education.

    (h)   Laws of Learning.

            (5 × 3 = 15 marks)