

C 3313

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Name.....

Reg. No.....

**SECOND YEAR B.P.Ed. (INTEGRATED) DEGREE EXAMINATION  
APRIL 2016**

**Paper VIII—FOUNDATION OF PHYSICAL EDUCATION**

(2013 Admission onwards)

Time : Three Hours

Maximum : 75 Marks

*Answer any three questions from Part A and two questions from Part B.*

**Question 8 is compulsory.**

**Part A**

1. Define Physical Education. Discuss the aims and objectives of Physical Education.

(1 × 15 = 15 marks)

(A) Match the following :

- |                    |   |             |
|--------------------|---|-------------|
| (a) Naturalism     | — | John Dewey. |
| (b) Pragmatism     | — | Aristotle.  |
| (c) Existentialism | — | Plato.      |
| (d) Realism        | — | Soren. K    |
| (e) Idealism       | — | Rousseau.   |

(5 × 1 = 5 marks)

(B) Fill in the blanks :

- Person with large round head and broad face comes under \_\_\_\_\_ body type.
- \_\_\_\_\_ body type are also known as athletic type persons.
- \_\_\_\_\_ teaches that all persons have dignity and worth.
- \_\_\_\_\_ age refers to the growth and development of the skeletal system.
- Knowledge is independent of sense experience is \_\_\_\_\_.

(5 × 1 = 5 marks)

(C) State whether the following statements are True or False :

- Person with long slender neck, long narrow thorax, dropping and hanging shoulders with long arms comes under ectomorph body type.

Turn over

- (b) Idealism teaches us knowledge is derived through sense organs.
- (c) Physiological age related to physiological capacities and capabilities of children.
- (d) Kohler was the proponent of Conditioned reflex theory.
- (e) Thorndike developed the trial and error theory.

(5 × 1 = 5 marks)

3. Briefly explain the following :—

- (a) Naturalism.
- (b) Idealism.
- (c) Curriculum.

(3 × 5 = 15 marks)

4. Describe the following :—

- (a) Agencies of education and their roles.
- (b) Scope of Education.
- (c) Physical education as an athletic science.

(3 × 5 = 15 marks)

5. Write short notes on :

- (a) Contributions of Rousseau.
- (b) Biped position.
- (c) Heredity and environment.

(3 × 5 = 15 marks)

#### Part B

6. Discuss the principles governing growth and development.

(1 × 15 = 15 marks)

7. Write short notes on :

- (a) Chronological age and anatomical age.
- (b) Physical education programme for the physically and mentally challenged.
- (c) Physical education and socialization.

(3 × 5 = 15 marks)

8. Write short notes on any *five* of the following :—

- (a) Leisure.
- (b) Private agencies providing recreation.
- (c) Pragmatism.
- (d) Body types.
- (e) Sports culture.
- (e) Theories of Learning.
- (f) Social stratification and sports.
- (h) Play.

(5 × 3 = 15 marks)