

- xi. Examine the role of Sree Narayana Guru as a social reformer in Kerala
- xii. How did V.T Bhattathiripad seek the emancipation of Namboothiri women
- xiii. Analyze the modernization process of the education system in Kerala.
- xiv. Discuss the significance of the Grandhasala Movement in Kerala society.
- xv. Trace the growth of Communist Movements in Kerala.

Section C

(Answer anyone. Each question carries 10 marks)

(1x10=10marks)

- xvi. Evaluate the contributions of Aikya Kerala Movement toward formation of Kerala State.
- xvii. What do you mean by Kerala Model Development? What are major features of this Model?

SEMESTER 2

HIS2FM106-2/HIS3FM106-2 History of Sports

Course Description: The History of Sports course offers an introductory exploration into the evolution and significance of sports across different historical contexts. Through structured modules, students will examine the origins of sports, the influence of colonialism, and the development of modern sports culture in India. Emphasizing critical thinking and research skills, this course provides a foundational understanding of sports history while encouraging students to engage with diverse perspectives and explore various topics within the field.

Programme	BA History Honours				
Course Code	HIS2FM106-2/HIS3FM106-2				
Course Title	History of Sports				
Type of Course	MDC				
Semester	II				
Academic Level	100-199				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours
	3	3	-	-	45

COURSE OUTCOMES:

After the completion of the course students will be able to:

CO	CO Statement	Cognitive Level*	Knowledge Category#	Evaluation tools used
CO1	Demonstrate a foundational understanding of the historical evolution of sports in India, encompassing key events, influential personalities, and societal contexts, to provide a comprehensive framework for analysing the country's sports history	U & Ap	F & P	Quiz/Presentations
CO2	Analyse the multifaceted impact of colonialism on Indian sports, critically evaluating the introduction of modern sports and infrastructure during the colonial period, and discerning its lasting implications on contemporary sports governance and culture	An & E	C & P	Debates/ Discussions/ Seminar
CO3	Evaluate the trajectory of sports policy and governance in post-independence India, examining the allocation of resources, the growth of modern sports culture, and notable achievements to understand the dynamics shaping the current sports landscape	E	C & P	Discussions/ Debates/Seminars
CO4	Critically assess gender dynamics, doping issues, and organizational irregularities within Indian sports administration, applying ethical frameworks and governance principles to propose solutions aimed at fostering transparency and equity.	E & Ap	C, P & M	Assignments/ Debates
CO5	Engage in scholarly discourse on contemporary issues and debates in Indian sports, including the tensions between modernization and tradition, the role of sports in driving social change, and emerging trends in sports technology and media, demonstrating critical thinking and analytical skills.	An, E & Ap	C, P & M	Debates/ Multi-media Presentations
Cognitive Level* - Remember (R), Understand (U), Apply (Ap), Analyse (An), Evaluate (E), Create (C)				

Knowledge Category# - Factual Knowledge(F) Conceptual Knowledge (C) Procedural Knowledge (P) Meta cognitive Knowledge (M)

Module	Unit	CONTENT	Hours 45	Marks 50
I	Scope and Study of Sports History		8	10
	1	Understanding the scope and significance of studying sports history	2	
	2	From Ritual to Recreation – the beginnings of sport	2	
	3	Key events – Olympics, Common Wealth, FIFA, SAAF Games, Asian Games, Euro Cup	2	
	4	Personalities –Pierre de Coubertin, Paavo Nurmi, Jessy Owens, Pele, Serena Williams, Michael Phelps	2	
		Reading List: <ol style="list-style-type: none"> 1. William Joseph Baker, <i>Sports in the Western World</i>, University of Illinois Press, 1998 2. Early History of Recreation and Leisure, https://samples.jblearning.com/0763749591/49591_ch03_mclean.pdf 3. David Maraniss, <i>Rome 1960 – The Olympics That Changed the World</i>, Simon & Schuster, e-book, 2008 4. Allen Guttman, <i>Sports – The First Five Millennia</i>, University of Massachusetts Press, 2004 5. Allen Guttman, <i>From Ritual to Record – The Nature of Modern Sport</i>, Columbia University Press, 2004 		
II	Role of Sports in Pre-Modern in India		8	10
	5	Exploration of leisure and past times in ancient India	2	
	6	Leisure and recreation in Medieval India	2	
	7	Special emphasis on traditional sports and games in Kerala - Kalari	2	
	8	Indigenous sports – Kabbadi, Kho-Kho, Malkambh, Kushti, Shataranj	2	
		Reading List: <ol style="list-style-type: none"> 1. H.J.R. Murray, <i>The History of Chess</i>, Good Press, e-book, 2023(First edition 1913) 2. Elizabeth C.J. Pike, 'A Sociological Understanding of Sport in India' in Meena Gopal and Padma Prakash (ed.) <i>Sports Studies in India</i>, Oxford University Press, 2021. https://doi.org/10.1093/oso/9780190130640.003.0009 		

	<ol style="list-style-type: none"> 3. M. Ashitha, Ideology and History of Kalaripayattu, A Martial Art in Kerala, https://www.researchgate.net/publication/352365623_Ideology_and_History_of_Kalarippayattu_a_Martial_Art_in_Kerala 4. J. Alter, <i>The Wrestler's Body: Identity and Ideology in North India</i>, University of California Press, 1992 5. J. Alter, 'Kabaddi, a National Sport of India: The Internationalism of Nationalism and the Foreignness of Indianness', in N. Dyck (ed.), <i>Games, Sports and Cultures</i>, Oxford, 2000 6. Pratima Sharma, Sports and Past Times in Ancient India from Pre-historic Times to Circa 650 AD, Department of Ancient Indian History, Culture and Archaeology, Panjab University, 1993 https://shodhganga.inflibnet.ac.in/handle/10603/90704 		
III	Colonial Influence on Sports in India	8	10
9	Impact of colonialism on Indian sports	2	
10	Introduction of modern sports and recreational activities by the British	2	
11	Development of sports infrastructure during the colonial period – schools and colleges	2	
12	Case study: Sports in Malabar, Travancore, and Cochin under colonial rule	2	
13	Breaking barriers through sports		
	Reading List: <ol style="list-style-type: none"> 1. Boria Majumdar, <i>Twenty-two Yards to Freedom: A Social History of Indian Cricket</i>, Viking, 2004 2. Anaz Ali, 'Football in Colonial Malabar – The Introduction of the "Beautiful Game" 1900-1940', <i>Proceedings of the Indian History Congress</i>, Vol.77, 2016. https://www.jstor.org/stable/26552704 3. Sanil P Thomas, <i>The History of Sports in Kerala</i>, (Kaayika Kerala Charithram in Malayalam) 4. Vasisht M C, Leisure and Recreation in Colonial Malabar, Doctoral Thesis, 2023 https://hdl.handle.net/20.500.12818/1417 5. Subhadipa Dutta, 'The Limits of the History of Western Sport in Colonial India', <i>Transactions of the Royal Historical Society</i>, Vol. 1, December 2023. Cambridge University Press, 2023. 		

		<p>https://doi.org/10.1017/S008044012300004X</p> <p>6. Arjun Appadurai, 'Playing with Modernity: The Decolonization of Indian Cricket' http://dx.doi.org/10.13130/2035-7680/6526. https://www.researchgate.net/publication/299221736 Playing with Modernity The Decolonization of Indian Cricket</p> <p>7. Ramachandra Guha, <i>A Corner of a Field: The Indian History of British Sport</i>, Macmillan, 2003</p> <p>8. Soumen Mitra, Nationalism, Communalism and Sub regionalism: A Study of Football in Bengal 1880-1950, MPhil Dissertation, Centre for Historical Studies, Jawaharlal Nehru University, 1988. http://etd.lib.jnu.ac.in/TH3002.pdf</p> <p>9. Elizabeth C.J. Pike, 'A Sociological Understanding of Sport in India' in Meena Gopal and Padma Prakash (ed.) <i>Sports Studies in India</i>, Oxford University Press, 2021. https://doi.org/10.1093/oso/9780190130640.003.0009</p>		
IV	Sports in Post-Independent India		12	20
	14	Evolution of sports policy and governance in independent India	1	
	15	Growth of modern sports culture in post-independence era- Notable achievements and milestones in Indian sports history – Indian Hockey in Olympics, Dhyanchand, Milkha Singh	2	
	16	Gender dynamics in Indian sports with a focus on Kerala – P.T. Usha, Anju Bobby George	2	
	17	Doping in sports and games	1	
	18	Beyond binaries – the question of Gender in sports – Stella the Fella, Dora Ratjen, Press sisters, Caster Semenya and the freak athlete, Dutee Chand – Stockholm consensus	2	
	19	State, Politics and the Sport	2	
	20	Sports and ethics in contemporary India/ Ethics in sports	2	
		<p>Reading List:</p> <p>1. Scraton, S. (1987), 'Gender and Physical Education: Ideologies of the Physical and Politics of Sexuality', in S. Walker and L. Barton (eds), <i>Changing Policies, Changing Teachers: New Directions in Schooling</i> (Milton Keynes, Bucks.: Open University Press).</p> <p>2. Hargreaves, (1989), 'The Problems and Promise of Women's Leisure and Sport', in C. Rojek (ed.), <i>Leisure for Leisure</i> (London: Macmillan).</p>		

		<ol style="list-style-type: none"> 3. Hargreaves, (1986), 'Where's the Virtue? Where's the Grace?: a Discussion of the Social Production of Gender through Sport', <i>Theory, Culture and Society</i>, 3 (1): 109–23. 4. Hargreaves, (1990), 'Gender on the Sports Agenda', <i>International Review for the Sociology of Sport</i>, 25 (2): 287–308 5. Padma Prakash & Meena Gopal, <i>Sports Studies in India – Expanding the Field</i>, Oxford India Studies in Contemporary Society, 2023 6. Mihir Bose, <i>The Spirit of the Game: How Sport Made the Modern World</i>, Constable, 2012 7. S. Mohammed Irshad, 'Local Clubs and Sports Culture in Kerala: Community at the Centre' https://doi.org/10.1093/oso/9780190130640.003.0014 in Meena Gopal and Padma Prakash (ed.) <i>Sports Studies in India</i>, Oxford University Press, 2021 8. Mihir Bose, <i>The Spirit of the Game: How Sport Made the Modern World</i>, Constable, 2012. 		
V		<p>Open Ended: This unit is customizable by the instructor. Topics can be chosen based on the interests of the class or current research trends in the field. Potential topics might include:</p>	9 hrs	
	1	<p>Modernization vs. Preservation: Explore the tension between modernization and the preservation of traditional sports and games in India. Discuss initiatives aimed at reviving and promoting traditional sports at local and national levels.</p>		
	2	<p>Sports and Social Change: Analyse the role of sports in driving social change and promoting inclusion and diversity in Indian society. Discuss initiatives promoting gender equality, inclusion of persons with disabilities, and marginalized communities in sports.</p>		
	3	<p>Emerging Sports Trends: Explore emerging sports trends and their impact on the Indian sports landscape. Discuss the rise of new sports leagues, popularity of non-traditional sports, and their influence on youth culture and participation</p>		
	4	<p>Sports Technology and Innovation: Discuss the role of technology and innovation in modern sports. Explore topics such as sports analytics, wearable technology, and advancements in sports equipment, and their implications for athlete performance and training methodologies.</p>		
	5	<p>Sports and Media: Analyse the relationship between sports and media in contemporary India. Discuss the influence of media coverage, digital platforms, and</p>		

		social media on the promotion, commercialization, and perception of sports in society.		
	6	Guest lectures by experts in sports history or related fields.		
	Activities and assessment of Open Ended For the open-ended module, here are suggested activities and evaluation methods aligned with the potential topics:			
	1	Debate and Discussion Sessions: Activity: Divide the class into groups and assign each group a contemporary issue or debate in Indian sports. Assessment: Evaluate group discussions based on the depth of analysis, critical thinking, and ability to articulate arguments supported by evidence.		
	2	Case Study Analysis: Activity: Provide students with case studies related to recent controversies or developments in Indian sports. Assessment: Assess students' ability to analyse the case studies, identify key issues, and propose solutions or recommendations based on their understanding of relevant concepts and principles.		
	3	Research Projects: Activity: Assign research projects on specific topics within contemporary Indian sports, such as the impact of sports leagues, sports governance issues, or the role of sports in promoting social change. Assessment: Evaluate the quality of research, depth of analysis, and clarity of presentation in students' research papers or presentations.		
	4	Creation of Multimedia Presentations or Infographics: Activity: Assign students to create multimedia presentations or infographics summarizing key trends, issues, or debates in contemporary Indian sports. Assessment: Evaluate the clarity, creativity, and effectiveness of students' presentations or infographics in conveying complex information and engaging the audience.		
	5	Guest Speaker Sessions: Activity: Invite experts, athletes, or policymakers from the field of sports to share their insights and experiences with the class. Assessment: Encourage students to prepare questions and actively participate in the discussion with the guest speaker. Assess their engagement and ability to connect the guest speaker's insights to the broader themes of the module		

Note: The course is divided into five modules, with four having minimum 20 units and one open-ended module with a variable number of units. There is total 36 instructional hours for

the fixed modules and 9 hours for the open-ended one. Internal assessments (25 marks) are split between the open-ended module (5 marks) and the fixed modules (20 marks). The final exam, however, covers only the fixed units from the fixed modules

Mapping of COs with POs and PSOs:

CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO1	PSO2	PSO3	PSO4	PSO5
CO1	3	0	0	0	3	0	0	3	1	2	2	2
CO2	3	3	0	0	3	2	0	3	2	3	2	2
CO3	3	1	0	0	3	0	0	2	1	3	1	2
CO4	3	2	0	2	3	3	0	2	1	3	2	2
CO5	3	3	0	2	3	3	0	2	2	3	2	2

Correlation Levels:

Level	Correlation
-	Nil
1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

- Quiz / Assignment/ Debates/ Discussion / Seminar
- Midterm Exam
- Final Exam (70%)

Mapping of COs to Assessment Rubrics:

CO	Internal Exam	Assignment	Discussion/ Debates	Quiz	Seminar	Multi-Media Presentations	End Semester Examination
CO 1	✓	✓		✓	✓		✓
CO 2	✓	✓	✓				✓
CO 3	✓		✓		✓		✓
CO 4	✓	✓	✓				✓
CO 5	✓		✓			✓	✓

**II Semester B.A. (CUFYUGP) Degree Examinations
(Credits: 3)**

HIS2FM106-2 /HIS3FM106-2 History of Sports

Maximum Time: 1.5 hours

Maximum Marks: 50

Section A

[Answer All. Each question carries 2 marks]

(Ceiling: 16 marks)

1. FIFA
2. What is the significance of studying the history of sports?
3. Kabbadi
4. Impact of Colonialism on Indian Sports
5. P.T. Usha
6. Doping
7. Caster Semenya
8. Milka Singh
9. Kalari
10. BCCI

Section B

[Answer All. Each question carries 6 marks] (Ceiling: 24 marks)

11. Identify and explain the key events in the history of sports, such as the Olympics, Commonwealth Games, and FIFA World Cup. How have these events contributed to the globalization of sports?
12. Explore the leisure and pastimes prevalent in ancient India. How did leisure activities reflect the social and cultural values of ancient Indian society?

13. Analyze the significance of traditional sports and games in Kerala, focusing on Kalari. How do these indigenous sports contribute to Kerala's cultural identity?
14. Investigate instances where sports have been used to break social, cultural, or gender barriers. How can sports serve as a catalyst for social change and empowerment?
15. How did sports evolve in Malabar, Travancore, and Cochin during colonial rule? Analyze the impact of colonial policies on the sporting cultures of these regions.

Section C

[Answer any one. Each question carries 10 marks]

(1x10=10 marks)

16. Examine the growth of modern sports culture in post-independence India, focusing on notable achievements and milestones in Indian sports history. How have these achievements contributed to shaping India's sporting identity?
17. Analyze the influence of politics on sports, examining how political factors shape sports governance, funding, and international relations. What measures can be taken to mitigate the negative impacts of politics on sports?