



CHRIST

COLLEGE (AUTONOMOUS)
IRINJALAKUDA, KERALA

Affiliated to University of Calicut
Sports Authority of India and Kerala State Sports Council
Reaccredited by NAAC with 'A++' & SAAC 'A+'
www.christcollegeijk.edu.in

CERTIFICATE COURSE FOOTBALL COACHING & MANAGEMENT

Resource Persons



Dr. Sreejith Raj
Head of the Department
Department of Physical Education
St. Thomas College (Autonomous) Thrissur



Mr. Harry Benny
Assistant Professor, HOD, Physical Education
Mar Athanasius (Autonomous) College
Kothamangalam
MPED, MPHIL, NIS
AFC 'B' Licence,
AFC Level 1 Goal Keeping Licence



Dr. Arun Balakrishnan
Assistant Professor,
Department of Commerce
Christ College (Autonomous) Irinjalakuda
AIFP 'D' Licence



Dr. Sebastian K M
Assistant Professor,
Department of Physical Education
Christ College (Autonomous) Irinjalakuda
MPED, MPHIL, PHD



Mr. Nidhin M N
Assistant Professor,
Department of Physical Education
Christ College (Autonomous) Irinjalakuda
MPED, AIFP 'D' Licence

Offered by
Department of Physical Education,
Christ College (Autonomous) Irinjalakuda

About the course

Christ College (Autonomous) Department of Physical Education is starting a new certificate course in football coaching and management. This course is equally useful to students and those who interested in football. This certificate gives you new profession. This course is very useful for you to get job and knowledge about new levels of football.

Syllabus

Objectives:

- To understand the process of Management and principles
- To familiarise the students with football coaching principles
- To understand the process of managing Teams and conducting Tournaments

Outcomes:

- Students will be able to understand the management techniques.
- Students will be able to know the evolution of football.
- Students will be capable to conduct a tournament, draw fixtures and manage a team
- Students will be able to run a football coaching camp/academy

Hours: 30 Hrs

Module 1

Management – Evolution – Principles – Planning – Organising – Directing– Controlling – Staffing – MBO.

Module 2

Football – Evolution – History – FIFA – UEFA – CAF – Concacaf– CONMEBOL – AFC – AIFF - history of tournaments – Famous Tournaments and Leagues of Football - types – Rules of the game – Basics on IFAB.

Module 3

Team Management – Tournament – types – fixtures – types of draw – Bye– Seeding – League. Duties of a coach & Manager.

Module 4

Basics of football Coaching - Coaching Principles – Coaching vs Training- Roles of a coach - Responsibilities of a Coach – Duties of a Coach– Preparing coaching lesson Plans – Handling players.

Module 5

Practical's and hands on training of football coaching with an experimental group.