

**'A STUDY ON AWARENESS OF PARENTS ABOUT NON-
IMMUNIZATION STATUS OF CHILDREN AT MATHILAKAM BLOCK
PANCHAYATH'**

**Dissertation submitted to Christ College (Autonomous), Irinjalakuda,
Affiliated to University of Calicut in partial fulfillment of the Degree of**

MASTERS OF SOCIAL WORK

Specializing in

MEDICAL AND PSYCHIATRIC SOCIAL WORK

Submitted by

HAMNA K SIDDIQUE

(REG. NO: CCAWMSW015)

Under the Guidance of

Ms. ROSEMOL DANY A

Asst. Professor in Social Work



CHRIST
COLLEGE (AUTONOMOUS)
IRINJALAKUDA, KERALA
Reaccredited by NAAC with 'A' grade

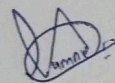
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MAY 2024

DECLARATION

I, **Mss. HAMNA K SIDDIQUE** hereby declare that the dissertation entitled "A STUDY ON AWARENESS OF PARENTS ABOUT NON- IMMUNIZATION STATUS OF CHILDREN AT MATHILAKAM BLOCK PANCHAYATH", submitted to Christ College (Autonomous), Irinjalakuda, Affiliated to the University of Calicut, in partial fulfillment of the requirements for the award of the Degree in Master of Social Work is a record of original research work done by **Mss. HAMNA K SIDDIQUE** (Reg. No. CCAWMSW015) during the period 2022-2024 under THE supervision and guidance of **Mss. ROSEMOL DANY A**, Assistant Professor, Department of Social Work , Christ College(Autonomous), Irinjalakuda, and has not formed the basis for the award of any Degree / Diploma / Associateship/ Fellowship and or similar title to any candidate of any University.



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Date:

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I want to convey my gratitude to the department head, **Dr Ajeesh K G**, for his suggestion, encouragement, and support during the study.

I would like to express my gratitude to my research mentor, **Mss. Rosemol Danny A**, and **Dr Deepak Joseph** for their kind supervision, direction, and encouragement during my project work. Her assistance enabled me to conceptualize and complete this endeavor. I would want to extend my honest and heartfelt gratitude to all of the respondents who were kind enough to give me permission to carry out this project. I also thank my colleagues and staff members who supported me with suggestion and ideas. I also thank the **Asha workers** of different Panchayaths and my friends who have always been a strong pillar of support for me as I completed this research.

Above all, I would like to Thank **God Almighty**, his blessing and I am always thankful for the strength and presence of mind showered upon me for completing this work successfully.

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**HOW CHILDHOOD VERBAL ABUSE SHAPES WOMEN'S
APPROACHES TO MOTHERHOOD: A QUALITATIVE STUDY**

*A dissertation submitted to Christ College (Autonomous),
Irinjalakuda, Affiliated to the University of Calicut in
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MASTER OF SOCIAL WORK
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Submitted by
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This is to certify that the dissertation entitled "HOW CHILDHOOD VERBAL ABUSE SHAPES WOMEN'S APPROACHES TO MOTHERHOOD: A QUALITATIVE STUDY", submitted to Christ College (Autonomous), Irinjalakuda, Affiliated to the University of Calicut, in partial fulfillment of the requirements for the award of the Degree in Master of Social Work is a record of original research work done by Ms. LINTA SHOBY (Reg. No. CCAWMSW018) during the period 2022-2024 under my supervision and guidance and that this dissertation has not formed the basis for the award of any Degree / Diploma / Associate-ship / Fellowship and or similar title to any candidate of any University.


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Guide and Supervisor


DR. AJESSH GEORGE

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Signature of External Examiner


Name of External Examiner

DECLARATION

I, Ms. **LINTA SHOBY** hereby declare that the dissertation entitled **“HOW CHILDHOOD VERBAL ABUSE SHAPES WOMEN'S APPROACHES TO MOTHERHOOD: A QUALITATIVE STUDY ”**, submitted to Christ College (Autonomous), Irinjalakuda, Affiliated to the University of Calicut, in partial fulfillment of the requirements for the award of the Degree in Master of Social Work is a record of original research work done by Ms. **LNTA SHOBY (Reg.No. CCAWMSWO18)** during the period **2022-2024** under my supervision and guidance of **MS.AMURTHA N THANKAN** Assistant Professor, Department of Social Work , Christ College (Autonomous), Irinjalakuda, and has not formed the basis for the award of any Degree / Diploma / Associate-ship / Fellowship and or similar title to any candidate of any University.

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I would like to thank **REV. DR. JOLLY ANDREWS CMI** Principal, Christ College (Autonomous), Irinjalakuda, for providing such a platform for executing and approving the research.

I wish to express my gratitude to the head of the department, **DR. AJEESH GEORGE** for their valuable suggestions, support, and encouragement given during the course of the study.

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I wish to express my sincere and humble gratitude to all respondents of the study who had been kind enough to permit me to pursue this project. I also thank my colleagues and staff members who supported me with a pool of ideas.

Above all, I am grateful to the **God Almighty's** blessing and I am always thankful for the strength and presence of mind showered upon me for completing this work successfully.

LINTA SHOBY

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A STUDY ON IDENTITY FORMATION AND PSYCHOLOGICAL WELL-BEING OF ADOLESCENTS

*A dissertation submitted to Christ College (Autonomous), Irinjalakuda, Affiliated to
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MASTER OF SOCIAL WORK

**Specializing In
Medical and Psychiatric Social Work**

Submitted by

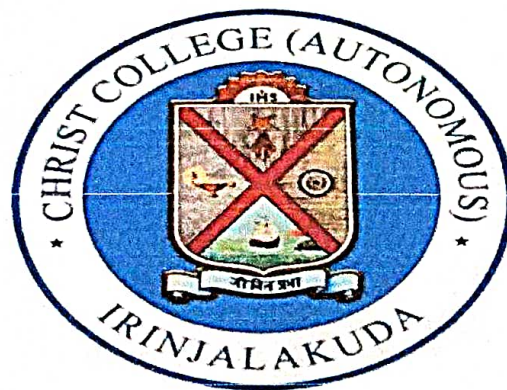
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This dissertation has become successful by the sincere effort of many people without whom this venture would not have been possible. I would like to express my gratitude to all of them

I would like to thank **Rev. Dr. Jolly Andrews CMI** Principal, Christ College (Autonomous), Irinjalakuda, for providing such a platform for executing and approving the research.

I wish to express my gratitude to the head of the department, **Mr. Ajeesh George** for his valuable suggestions, support, and encouragement given during the course of the study.

I would like to thank my research guide, **Ms. Ashley George**, who kindly supervised and gave me excellent suggestions, guidance, and encouragement all the time during my project work which helped me in conceptualizing and completing this endeavor.

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Above all, I am grateful to the **God Almighty's** blessing and I am always thankful for the strength and presence of mind showered upon me for completing this work successfully.

MARIA ROSE THADATHIL

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A STUDY ON MENTAL HEALTH LITERACY AMONG SCHOOL TEACHERS

**A dissertation submitted to Christ College (Autonomous), Irinjalakuda, Affiliated to the
University of Calicut in partial fulfillment of the Degree of**

MASTERS OF SOCIAL WORK

Specializing in

Medical and Psychiatric social work

Submitted by

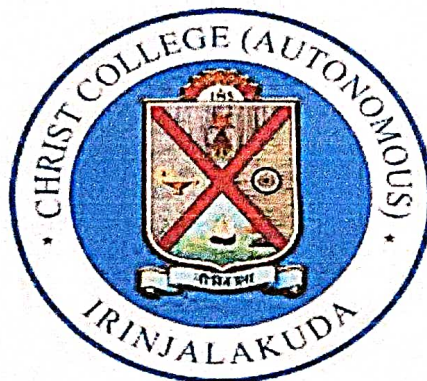
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APRIL 2024**

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This is to certify that the dissertation entitled "A STUDY ON MENTAL HEALTH LITERACY AMONG SCHOOL TEACHERS", Submitted to Christ College (Autonomous), Irinjalakuda, Affiliated to the University of Calicut, in partial fulfillment of the requirements for the award of the Degree in Master of Social Work is a record of original research work done by Ms. Navya Paul (Reg. No. CCAWMSWO20)) during the period 2022-2024 under the supervision and guidance and that this dissertation has not formed the basis for the award of any Degree / Diploma / Associateship / Fellowship and or similar title to any candidate of any University.



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First and foremost I bow my head before God almighty for the abundant Blessing showered upon me to carry out this work successfully.

I would like to extend my gratitude to all those who helped me in the preparation of this research work.

I express my heartfelt thanks to my family members who helped me and who were my support and inspiration for this study.

I wish to express my deep sense of gratitude to Mr. Saijith N. S, for his valuable guidance from the beginning to the completion of this work.

I also record my heartfelt thanks to Rev. Dr. Jolly Andrews CMI, Principal. Christ College (Autonomous), Irinjalakuda for his timely advice observation and evaluation which helped me very much.

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I would like to place my sincere thanks to all the other teachers of the department of social work for the advice and moral support given me in the time of stress and strains, related to this research work.

I would also like to express my sincere thanks to all respondents as well as the others who happened to be participants of the study for sharing their life with me.

On this occasion, I acknowledge my sincere thanks to all my friends, for their cooperation extended to me during the course of the study. Also, I do remember and thank all those who co-operated with me in completing this work

Navya Paul

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**A STUDY ON COPING MECHANISM AND LIFE SATISFACATION OF
ELDERLY IN OLDAGE HOMES**

A dissertation submitted to Christ College (Autonomous), Irinjalakuda, Affiliated to the
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I, Ms. NEHA ANNA GEORGE hereby declare that the dissertation entitled "A STUDY ON COPING MECHANISM AND LIFE SATISFACTION OF ELDERLY IN OLDAGE HOMES", submitted to Christ College (Autonomous), Irinjalakuda, Affiliated to the University of Calicut, in partial fulfilment of the requirements for the award of the Degree in Master of Social Work is a record of original research work done by Ms. NEHA ANNA GEORGE (Reg. No. CCAWMSW021) during the period 2021-2023 under the supervision and guidance of DR. AJEESH GEORGE , Assistant Professor, Department of Social Work , Christ College (Autonomous), Irinjalakuda, and has not formed the basis for the award of any Degree / Diploma / Associateship / Fellowship and or similar title to any candidate of any University .

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NEHA ANNA GEORGE

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INTRODUCTION

CHAPTER 1

INTRODUCTION

In recent decades, there has been a noticeable demographic shift worldwide marked by an increasingly aging population. As advancements in medical care and living standards lead to longer life expectancies, the proportion of elderly individuals within societies continues to grow. However, along with this demographic transition come numerous challenges, particularly in ensuring the well-being and quality of life of older adults. One significant aspect of this challenge is understanding how elderly individuals cope with the various transitions and challenges associated with aging, particularly those who reside in old age homes. Aging is an inevitable aspect of the human experience, and while it brings physical weakening, it also amplifies emotional sensitivity and vulnerability. Older adults often crave attention and support from family members, but in today's busy world, such care may be difficult to obtain, leading to increased emotional distress and insecurity among the elderly.

Modern lifestyle barriers and the increasingly precious nature of time in today's fast-paced world often result in elderly individuals being left unattended. The adage "A home is heaven where elderly and younger ones are cared for" reflects the value of intergenerational care but has also spurred the rise of old age homes as a compromise for families unable to provide direct care. While these facilities offer proper care for the elderly, they can also exacerbate feelings of insecurity and fear of death due to decreased or absent familial love. Aging is an inevitable developmental phenomenon accompanied by a multitude of changes in physical, hormonal, psychological, and social conditions. Hooyman (2008) posits that aging is a multifaceted process, encompassing physiological, emotional, cognitive, economic, and interpersonal factors that significantly influence social functioning and well-being.

To address the challenges posed by global aging, the World Health Organization (WHO) introduced the Decade of Healthy Aging 2020–2030, aiming to enhance the well-being of over a

**“A STUDY ON MENTAL TOUGHNESS AMONG
WEIGHTLIFTERS”**

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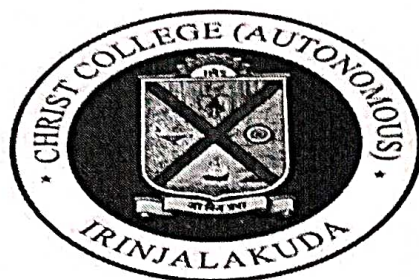
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NICEMOL THOMAS

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INTRODUCTION

CHAPTER 1-INTRODUCTION

In the world of competitive sports, the pursuit of excellence is not merely a physical endeavor but also a mental one. Athletes must navigate a labyrinth of challenges, setbacks, and adversities, relying not only on their physical prowess but also on their mental fortitude to emerge victorious. Among various sporting disciplines, weightlifting stands out as a quintessential test of strength, technique, and resilience. The act of hoisting colossal weights demands not only physical strength but also unwavering mental toughness. This dissertation embarks on a journey to unravel the intricacies of mental toughness in weightlifters, probing deep into its dimensions, determinants, and impact on athletic performance and well-being. In the high-stakes world of competitive weightlifting, where success hinges not only on physical prowess but also on mental fortitude, the concept of mental toughness emerges as a critical factor. This dissertation embarks on a rigorous exploration into the intricate dynamics of mental toughness within the realm of weightlifting—a domain where the mind's resilience often determines victory or defeat.

At its core, mental toughness encompasses an athlete's ability to withstand pressure, overcome challenges, and persist in the face of adversity. In the context of weightlifting, this psychological trait is indispensable, as lifters navigate the grueling demands of training, competition, and the relentless pursuit of excellence. Drawing upon a comprehensive review of existing literature and employing a mixed-methods approach, this study seeks to unravel the multifaceted nature of mental toughness in weightlifters. By delving into the experiences, perceptions, and coping strategies of elite athletes, as well as examining the physiological and psychological correlates of mental toughness, this research endeavors to provide invaluable insights into

**A STUDY ON LIFE STYLE CHANGES AND WORK OF FISH
VENDING WOMEN AT VYPIN GRAMA PANCHAYAT**

**A dissertation submitted to Christ College (Autonomous), Irinjalakuda,
Affiliated to University of Calicut in partial fulfilment of the Degree of**

MASTERS OF SOCIAL WORK

Specializing in

MEDICAL AND PSYCHIATRIC SOCIAL WORK

Submitted by

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MARCH 2024

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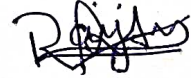

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DECLARATION

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PHYSICAL AND MENTAL ISSUES FACED BY FEMALE ATHLETES

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**A STUDY ON STUDENT MOTHERS IN BALANCING ACADEMIC
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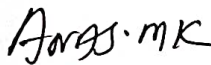


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This dissertation has been made successful by sincere effort of a lot of people without whom it would not have been possible. I want to express my gratitude to everyone.

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**A STUDY ON THE COPING MECHANISM AND RESILIENCE AMONG
STUDENTS ENGAGED IN SPORTS**

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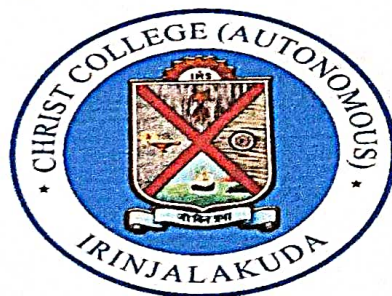
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VAISHNAV HARI

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CHAPTER - 1
INTRODUCTION

"Champions aren't made in the gyms. Champions are made from something they have deep inside them a desire, a dream, a vision."

-Muhammad Ali (World Heavyweight Champion Boxer)

"Sports students" or "students engaged in sports" typically refer to individuals who are actively involved in organized sports activities while pursuing their education. These students participate in sports teams, clubs, or individual athletic pursuits alongside their academic studies. They may engage in a variety of sports, ranging from traditional team sports like basketball, soccer, or football to individual sports like swimming, tennis, or track and field.

These students often balance their time between training, competitions, and academic responsibilities such as attending classes, completing assignments, and studying for exams. Sports students may also receive support from coaches, athletic trainers, and academic advisors to help them manage their dual commitments and achieve success both on the field or court and in the classroom.

It's important to note that the term "sports students" can encompass a wide range of individuals, including student-athletes at various levels of competition (e.g., high school, college, university), recreational athletes who participate in sports for fitness and enjoyment, and aspiring athletes who may be training for future competitive opportunities.

Sports students face a unique set of challenges due to the dual commitments of pursuing academic studies and participating in sports activities. Some of the common challenges they encounter include:

Time Management: Balancing rigorous training schedules, competitions, and travel commitments with academic coursework can be challenging. Sports students often have limited time for studying, attending classes, and completing assignments, which can lead to stress and academic pressure.

Academic Performance: Maintaining academic performance while participating in sports can be demanding. Students may struggle to keep up with coursework, especially during peak training seasons or when facing extensive travel for competitions.

Injury Risk: Sports students are at a higher risk of sports-related injuries due to the physical demands of training and competition. Dealing with injuries can not only impact their performance but also disrupt their academic progress and overall well-being.

Social Isolation: The demanding schedule of sports training and competition can sometimes lead to social isolation for sports students. They may miss out on social events, gatherings, and

**ACADEMIC PERFORMANCE AND CAREER PLANNING AMONG
HIGHER SECONDARY SCHOOL STUDENTS: COMPARATIVE
ANALYSIS**

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MAY, 2024

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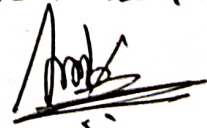
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**A STUDY ON LONELINESS AND LIFE SATISFACTION AMONG ELDERLY
WOMEN**

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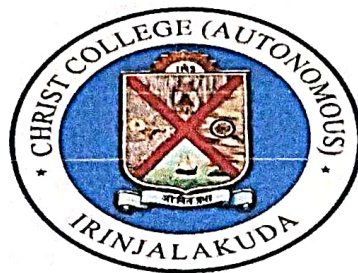
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CHRIST COLLEGE (AUTONOMOUS), IRINJALAKUDA

CERTIFICATE

This is to certify that the dissertation entitled "A STUDY ON LONELINESS AND LIFE STATIFICATION AMONG ELDERLY WOMEN", Submitted to Christ College (Autonomous), Irinjalakuda, Affiliated to the University of Calicut, in partial fulfilment of the requirements for the award of the Degree in Master of Social Work is a record of original research work done by Ms. Anagha.K (Reg. No. CCAWMSWO05) during the period 2022-2024 under the supervision and guidance and that this dissertation has not formed the basis for the award of any Degree / Diploma / Associateship / Fellowship and or similar title to any candidate of any University.

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Dr. AJEESH GEORGE

Guide and Supervisor.

HOD, Dept. of Social Work

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Name of External Examiner

DECLARATION

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Date:

ACKNOWLEDGEMENT

First and foremost I bow my head before God almighty for the abundant Blessing showered upon me to carry out this work successfully.

I would like to extend my gratitude to all those who helped me in the preparation of this research work.

I express my heartfelt thanks to my family members who helped me and who were my support and inspiration for this study.

I wish to express my deep sense of gratitude to Ms. Reni. K Mani, for his valuable guidance from the beginning to the completion of this work.

I also record my heartfelt thanks to Rev. Dr. Jolly Andrews CMI, Principal. Christ College (Autonomous), Irinjalakuda for his timely advice observation and evaluation which helped me very much.

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Anagha K

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**A STUDY ON LEVEL OF NOMOPHOBIA AND LONELINESS
AMONG UNDER GRADUATE STUDENTS**

**A dissertation submitted to Christ College (Autonomous), Irinjalakuda,
Affiliated to The University of Calicut in partial fulfilment of the Degree of**

MASTER OF SOCIAL WORK

Specializing In

Medical and Psychiatric Social Work

Submitted by

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Under the Guidance of

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Reaccredited by NAAC with 'A++' grade

DEPARTMENT OF SOCIAL WORK

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Name of External Examiner

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DECLARATION

I, Ms. ANCY ANTONY here by declare that the dissertation entitled "A STUDY ON LEVEL OF NOMOPHOBIA AND LONLINESS AMONG UNDERGRADUATE STUDENTS", submitted to Christ College (Autonomous), Irinjalakuda, Affiliated to the University of Calicut, in partial fulfilment of the requirements for the award of the Degree in Master of Social Work is a record of original research work done by Ms. ANCY ANTONY(REG. NO: CCAWMSW007) during the period 2022-2024 under the supervision and guidance of Mr. SAIJITH N.S, Assistant Professor, Department of Social Work , Christ College (Autonomous), Irinjalakuda, and has not formed the basis for the award of any Degree / Diploma / Associateship / Fellowship and or similar title to any candidate of any University.

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ACKNOWLEDGEMENT

First and foremost. I bow my head before God almighty for the abundant Blessing showered Upon me to carry out this work successfully.

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ANCY ANTONY

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**A STUDY ON CHALLENGES FACED BY VOLUNTARY RETIRED
MILITARY MEN**

A dissertation submitted to Christ College (Autonomous), Irinjalakuda,
Affiliated to the University of Calicut in partial fulfilment of the Degree of

MASTER OF SOCIAL WORK

Specializing in

Medical and Psychiatric Social Work

Submitted by

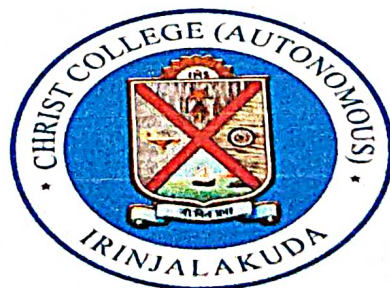
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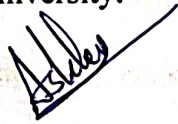


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DECLARATION

I, **Mr. FABIN FRANCIS** hereby declare that the dissertation entitled “**A STUDY ON CHALLENGES FACED BY VOLUNTARY RETIRED MILITARY MEN**”, submitted to Christ College (Autonomous), Irinjalakuda, Affiliated to the University of Calicut, in partial fulfilment of the requirements for the award of the Degree in Master of Social Work is a record of original research work done by **Mr, FABIN FRANCIS (Reg.No.CCAWMSW014)** during the period **2022-2024** under the supervision and guidance of **ASHLEY GEORGE** , Assistant Professor, Department of Social Work, Christ College (Autonomous) , Irinjalakuda, and has not formed the basis for the award of any Degree / Diploma / Associateship / Fellowship and or similar title to any candidate of any University.

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ACKNOWLEDGEMENT

This dissertation has been made successful by sincere effort of a lot of people without whom it would not have been possible. I want to express my gratitude to everyone.

I would like to thank **Rev. Dr. Jolly Andrews CMI**, Principal, Christ College(Autonomous), Irinjalakuda, for providing such a platform for executing and approving the research.

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FABIN FRANCIS

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**LIVED EXPERIENCE OF FEMALE SURVIVORS OF CHILDHOOD
SEXUAL ABUSE (CSA) IN CONNECTION TO THEIR MARITAL
RELATIONSHIP: A PHENOMENOLOGICAL STUDY**

*A dissertation submitted to Christ College (Autonomous), Irinjalakuda,
Affiliated to the University of Calicut in partial fulfilment of the Degree of*

MASTER OF SOCIAL WORK

Specializing In

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This is to certify that the dissertation entitled "LIVED EXPERIENCE OF FEMALE SURVIVORS OF CHILDHOOD SEXUAL ABUSE (CSA) IN CONNECTION TO THEIR MARITAL RELATIONSHIP: A PHENOMENOLOGICAL STUDY", submitted to Christ College (Autonomous), Irinjalakuda, Affiliated to the University of Calicut, in partial fulfillment of the requirements for the award of the Degree in Master of Social Work is a record of original research work done by Ms. JESNA MOL JOY (Reg. No. CCAWMSW016) during the period 2022-2024 under my supervision and guidance and that this dissertation has not formed the basis for the award of any Degree / Diploma / Associate ship / Fellowship and or similar title to any candidate of any University.


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This dissertation has become successful by the sincere effort of many people without whom this venture would not have been possible. I would like to express my gratitude to all of them.

I would like to thank **Rev. Dr. Jolly Andrews CMI** Principal, Christ College (Autonomous), Irinjalakuda, for providing such a platform for executing and approving the research.

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Above all, I am grateful to the **God Almighty's** blessing and I am always thankful for the strength and presence of mind showered upon me for completing this work successfully.

JESNA MOL JOY

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**A STUDY ON PSYCHO SOCIAL CHALLENGES FACED
BY THE NURSES**

**A dissertation submitted to Christ College (Autonomous),
Irinjalakuda, Affiliated to University of Calicut in partial fulfillment
of the Degree of**

MASTERS OF SOCIAL WORK

Specializing in

MEDICAL AND PSYCHIATRIC SOCIAL WORK

Submitted by

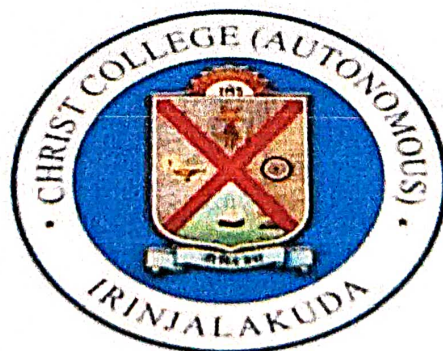
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ACKNOWLEDGEMENT

This dissertation has been made successful by sincere effort of a lot of people without whom it would not have been possible. I want to express my gratitude to everyone.

I would like to thank **Rev. Dr. Jolly Andrews CMI**, Principal, Christ College (Autonomous), Irinjalakuda, for providing such a platform for executing and approving the research.

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CLINTA JOSE

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**INFLUENCE OF SOCIAL MEDIA ON ACADEMIC PERFORMANCE
AMONG UNDERGRADUATE STUDENTS OF CHRIST COLLEGE
(AUTONOMOUS) IRINJALAKUDA**

Dissertation submitted to Christ College (Autonomous), Irinjalakuda, Affiliated to The
University of Calicut in partial fulfilment of the Degree of

MASTER OF SOCIAL WORK

Specializing in

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(REG. NO: CCAWMSW022)

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APRIL 2024

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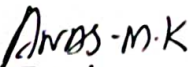
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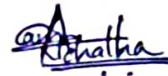
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DECLARATION

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NEHATHA HASSAN

Place: Irinjalakuda

Date: 13/05/2024

ACKNOWLEDGEMENT

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I wish to express my deep sense of gratitude to my research guide Ms. Rosemol Dany A, for her unwavering support and valuable guidance from the beginning to the completion of this work, her expertise and constructive feedbacks was vital in shaping the direction and outcomes of this study.

I express my heartfelt gratitude to Dr Ajeesh George, Head of the Department for providing Inspiration and guidance for me. His depth of knowledge and quick feedback also helped me. I thank him for the same.

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I would like to place my sincere thanks to all the other teachers of the department of social work for the advice and moral support given me in the time of stress and strains, related to this research work.

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NEHATHA HASSAN

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**PARENTAL WORKLIFE BALANCE AND CHILD REARING DYSFUNCTIONAL
DISCIPLINARY PRACTICES**

*A dissertation submitted to Christ College (Autonomous), Irinjalakuda, Affiliated to the
University of Calicut in partial fulfilment of the Degree of*

MASTER OF SOCIAL WORK

**Specializing In
Medical and Psychiatric Social Work**

Submitted by

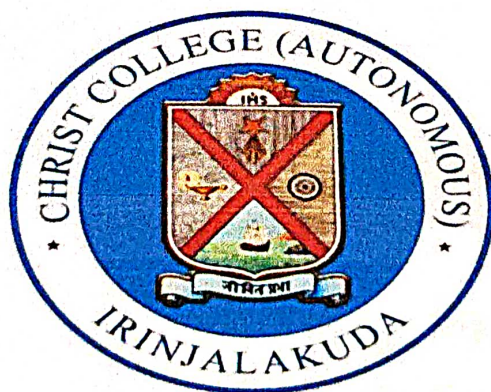
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This is to certify that the dissertation entitled "PARENTAL WORKLIFE BALANCE AND CHILD REARING DYSFUNCTIONAL DYSCIPLINARY PRACTICES", submitted to Christ College (Autonomous), Irinjalakuda, Affiliated to the University of Calicut, in partial fulfillment of the requirements for the award of the Degree in Master of Social Work is a record of original research work done by Ms. SARANYA T M (Reg. No. CCAWMSW025) during the period 2022-2024 under the supervision and guidance and that this dissertation has not formed the basis for the award of any Degree / Diploma / Associateship / Fellowship and or similar title to any candidate of any University.



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DECLARATION

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SARANYA T M

Place: Irinjalakuda

Date:

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SARANYA T M

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**A STUDY ON KNOWLEDGE, ATTITUDE AND PRACTICE AMONG
TRUCK DRIVERS OF AKDF CHALAKUDY IN REGARDING TRAFFIC
RULES AND REGULATIONS**

*A dissertation submitted to Christ College (Autonomous),
Irinjalakuda, Affiliated to the University of Calicut
in partial fulfillment of the Degree of*

**MASTER OF SOCIAL WORK
Specializing In
Rural and Urban Community Development**

**Submitted by
AMAL JOHN SUNNY
(REG. NO: CCAWMSW003)**

**Under the Guidance of
Ms. AMRUTHA N THANKAN
Asst. Professor in Social Work**



CHRIST
COLLEGE (AUTONOMOUS)
IRINJALAKUDA, KERALA
Reaccredited by NAAC with 'A++' grade

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For
Amrutha
Ms. AMRUTHA N THANKAN
Guide and Supervisor

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Dr. AJEESH GEORGE
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Signature of External Examiner

Amal John Sunny
Name of External Examiner

DECLARATION

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I would like to thank **REV. Dr. JOLLY ANDREWS CMI** Principal, Christ College (Autonomous), Irinjalakuda, for providing such a platform for executing and approving the research.

I wish to express my gratitude to the head of the department, **DR. AJEESH GEORGE** for their valuable suggestions, support, and encouragement given during the course of the study.

I would like to thank my research guide, **Ms. AMRUTHA N THANKAN**, who kindly supervised and gave me excellent suggestions, guidance, and encouragement all the time during my project work which helped me in conceptualizing and completing this endeavor.

I wish to express my sincere and humble gratitude to all respondents of the study who had been kind enough to permit me to pursue this project. I also thank my colleagues and staff members who supported me with a pool of ideas.

Above all, I am grateful to the **God Almighty's** blessing and I am always thankful for the strength and presence of mind showered upon me for completing this work successfully.

AMAL JOHN SUNNY

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CHAPTER -1
INTRODUCTION

Road transportation serves as the lifeline of global commerce, facilitating the movement of goods and materials essential for economic activities. Among the various stakeholders in the transportation sector, truck drivers play a pivotal role in ensuring the efficient delivery of goods across vast networks of roads. However, the nature of their work exposes them to unique challenges and risks, making it imperative to understand their knowledge, attitudes, and practices (KAP) towards road safety and regulatory compliance. Truck drivers constitute a significant segment of road users, navigating highways and thoroughfares for extended durations. Their prolonged exposure to driving conditions increases the likelihood of accidents, underscoring the importance of comprehending their understanding of road safety regulations. By investigating their awareness of safety protocols, attitudes towards safe driving practices, and actual behaviors on the road, insights can be gleaned to enhance overall road safety. The sheer size and weight of trucks render them potent sources of risk on the road. In the event of an accident, the consequences can be severe, potentially endangering the lives of other road users and disrupting the flow of traffic.

A thorough examination of the KAP of truck drivers enables the identification of specific risk factors contributing to accidents. Through targeted interventions aimed at mitigating these risks, the likelihood of accidents and their severity can be significantly reduced. The smooth operation of freight transportation is essential for sustaining economic activities on both local and global scales. Disruptions to supply chains resulting from truck accidents can have far-reaching ramifications, leading to delays in delivery schedules and economic losses. By understanding the KAP of truck drivers, measures can be devised to minimize disruptions and ensure the uninterrupted flow of goods, thereby safeguarding economic interests. Truck drivers are subject to a myriad of regulations governing road safety, vehicle maintenance, and working hours. However, the degree of compliance with these regulations varies among drivers, potentially posing challenges to enforcement efforts. A comprehensive study of their KAP sheds light on their adherence to regulatory requirements, pinpointing areas of non-compliance and informing policy decisions aimed at bolstering enforcement mechanisms. The demanding nature of the trucking profession takes a toll on the physical and mental well-being of drivers. Long hours of driving, irregular schedules, and sedentary lifestyles contribute to health risks such as fatigue, stress, and lifestyle-related ailments. By delving into their KAP, valuable insights can be gained into the health challenges confronting truck drivers, guiding the development of programs and policies aimed at promoting their holistic well-being. In essence, a comprehensive understanding of the knowledge, attitudes, and

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Specializing in

MEDICAL AND PSYCHIATRIC SOCIAL WORK

Submitted by

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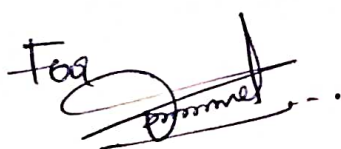
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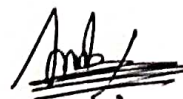
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**INFLUENCE OF MIGRATION OF GRANDCHILDREN
AFFECTING THE ELDERLY PEOPLE IN THE ASPECT OF
MENTAL WELL-BEING AND FAMILY DYNAMICS**

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