

# Two-day workshop on athletics officiating

The two-day workshop on athletics officiating was conducted with the aim of enhancing the knowledge and skills of participants in the field of athletics officiating. The workshop focused on various aspects of officiating, including rules and regulations, practical techniques, and effective communication for successful athletic events.


Dr. Neena Thekkan, Assistant Professor of BPE, welcomed the Chief Guest, Resource persons, faculty and all participants expressing her gratitude for the enthusiastic participation of students and emphasizing the importance of athletics officiating in maintaining fair and competitive events. Presidential Address was given by Dr. N Anil Kumar, Dean & Associate Professor of BPE, with an inspiring speech focused on the significance of athletics officiating in the field of Physical Education by sharing his personal experience.

The workshop was officially inaugurated by the Principal Rev. Dr. Jolly Andrews CMI who marked the beginning of an enriching journey for all

participants, and his words resonated deeply with everyone present. Another pivotal moment during the ceremony was when Dr. Anoop Kumar, Assistant Professor of BPE, took the stage to introduce the esteemed resource persons who will be conducting various sessions throughout the workshop. Dr. Anoop Kumar eloquently shared the profiles and achievements of each resource person, highlighting their expertise and contributions to the Track and Field and Indian Athletics.


The ceremony concluded with a vote of thanks offered by Mr. Javio Jose, Assistant Professor of BPE, expressing his gratitude on behalf of the department to all the dignitaries, participants and supporting staff who made the event possible. He reiterated the importance of active participation and encouraged everyone to make the most of the learning opportunities the workshop had to offer.

Dr. Abhaydev C. S. and Dr. Anoop Sebastian, Assistant Professors, Department of B.P.E., Christ College (Autonomous) Irinjalakuda Thrissur were the resource persons for the Clinic and delivered the lectures on the General Officiating & Competition Rules of Track, Jumps, Throws and Combined events in the two-day workshop on Athletics officiating athletics.




**Department of BPE  
Organizing**


## Two-Day Workshop on Athletics Officiating


**Date: 31/7/2023 and 1/8/2023**  
**Time: 9.00am to 4.00pm**  
**Venue: Chavara Seminar Hall**

**Resource Persons:**



**Dr. Abhaydev C. S.**  
Assistant Professor  
Department of BPE  
Christ College (Autonomous) Irinjalakuda  
Federation Technical Official (AFI)  
World Athletics Level-2 Coach



**Dr. Anoop Sebastian**  
Assistant Professor  
Department of BPE  
Christ College (Autonomous) Irinjalakuda  
World Athletics Level-1  
NSNIS (6WCC)

### **A TWO-DAY WORKSHOP ON ATHLETICS OFFICIATING**

#### **Day 1 (31/07/2023)**

**09:15am** Reporting

**09:30am** Prayer- Kartika & Minu  
Welcome speech - **Dr. Neena Thekkan**  
Presidential address - **Dr. N. Anilkumar**  
Inaugural address- **Fr. Dr. Jolly Andrew CMI**  
Introducing the resource persons- **Dr. Anoop Kumar MS**  
Vote of thanks - **Mr. Javio Jose**

**10:00am- 11:15am - Session 1**  
General officiating and competition rules - **Dr. Abhaydev CS**

**11:15am -11:30am** Tea break

**11:30am- 01:00pm – Session 2**  
Duties of international officials - **Dr. Abhaydev CS**  
**LUNCH BREAK**

**02:00pm-03:15pm – Session 3**  
Field Events - **Dr. Anoop Sebastian**

**03:15pm-03:30pm**

Tea Break

**04:30pm-05:30pm – session 4**

Practical -

**Dr. Abhaydev CS**

#### **DAY-2(01/08/2023)**

**09:30am-11:15am – Session 5**

Jumps -

**Dr. Anoop Sebastian**

**11:15am-11:30pm**

Tea Break

**11:30am-01:00pm - Session 6**

Throws-

**Dr. Anoop Sebastian**

**LUNCH BREAK**

**2:00pm-03:30pm – Session 7**

Track events -

**Dr. Abhaydev CS**

**03:30pm – Closing Ceremony**



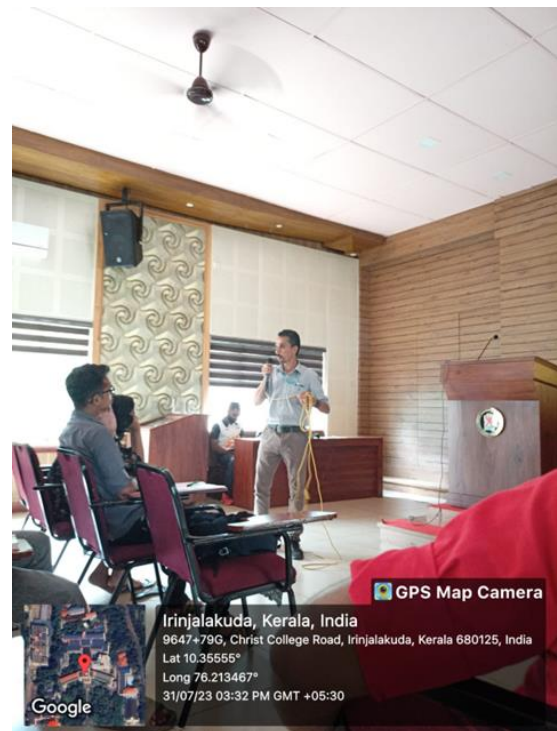
Presidential Address by, Dr. N Anil Kumar,  
Dean & A



Inauguration by Principal Dr. Fr. Jolly Andrews CMI



Dr. Abhaydev C. S. as the Resource  
Person for the workshop



Dr. Anoop Sebastain as the  
Resource Person for the workshop



Department of B.P.E  
DAY-1  
A Two-Day Workshop on Athletic Officiating  
Conducted on 31/07/2023 and 01/08/2023 at Chyanya Seminar Hall  
Time: 9:30am

S.No	Name	Sign
1)	NANDHU GOPAL V.S	
2)	Kaarthika P.S	
3)	Sreedevi C	
4)	MOINU NADESAN	
5)	Ashik sunil S	
6)	Abhinand C.V	
7)	Anthony Jaijay	
8)	Maria Sajon	
9)	M. Sarvam	
10)	Anandu V.S	
11)	N.Pin Francis	
12)	Rahul B.Nair	
13)	Christwin C.P	
14)	Sean Jacob	
15)	Manukrishnao R.	
16)	Abhin.M	
17)	Indrajith	
18)	Jithin Jacobdbaran	
19)	rehanneel binan thasain xp	
20)	Deepak J	
21)	Pritho Antony	
22)	KVISHU. D	
23)	Abi.k	
24)	Abhinav S.S	
25)	Banwin Biju	
26)	Noel K LEONE	
27)	Devan P.S	
28)	Rafesh M.H	
29)	Rishi Benny	
30)	Elaydath Anand Purnan	
31)	Hedwin Varghese	
32)	Jefrin Comathi	
33)	ANNEX SAJU	
34)	FARHAN PA	

DAY-1  
A Two-Day Workshop on Athletic Officiating  
31/07/2023

S.No.	Name	Sign
35	Thiru V. Joshy	
36	Dehika R.S	
37	LITHIN BIJUM	
38	Saranya Krishna T.B	
39	Adarsh S.S	
40	AMOS MANOJ	
41	Johan Jossy	
42	SEBASTIAN JOSE	
43	Sheba Mussum Keshy	
44	Allen Isaac Sato	
45	Silva TM	
46	RAHUL R	
47	SREEJITH C.T	
48	Thiru Jacob	
49	Jinal T.V	
50	BRITHA B	
51	ANITA SHAJU	
52	APRIMANDH A.P	
53	Sugantana V	
54	Christo Antony	
55	Charviad Shivrom	
56	Austin Yendras	
57	Albin Babu	
58	Manzel O.M	
59	Devik Ilju	
60	Niketha S	
61	Keetha Sandheeth	
62	Vishal Sasi	
63	Arjun Vnoo	
64	Salah Rasheed K	
65	Dama Prabhaan n	
66	Santha Shany	
67	Arjun C	

A Two-Day Workshop on Athletic Officiating Day-1  
31/07/2023

S.No.	Name	Sign
68	S. Ninojan	
69	AKSHITH.M.SHAJU	
70	THAISOV.C.T	
71	J. KRISHNAKUMAR ANIL	

DAY-1

Department of B.P.E  
 A Two-Day Workshop on Athletic Officiating  
 Conducted on 31/07/2023 and 01/08/2023 at Chyavana Seminar Hall  
 Time: 9:30 am

S.No	Name	Sign
1)	NANDHU GOPAL V.S	
2)	KARTHIKA P.S	
3)	Sreedevi.c	
4)	MINU NADESAN	
5)	Ashik sunil S	
6)	Abhinand.c.v	
7)	Anthony Jothly	
8)	Maria Sajan	
9)	M. Saiham	
10)	Anandu.V.S	
11)	Nifin Francis	
12)	Rahul.B.Nair	
13)	Chriscwin C.P	
14)	Shaan Jacob	
15)	Manu Krishna.R	
16)	Nibin.M	
17)	Indrajith	
18)	Jithin Jaraadharan	
19)	mohammed siran Hussain -kp	
20)	Deepak.s	
21)	Exitto Antony	
22)	AYUSH.A	
23)	Abi.k	
24)	Abhinav.i.s	
25)	Anwin Biju	
26)	NOEL K LEONCE	
27)	Devon P.S	
28)	Rajesh M.T	
29)	Rahul Benny	
30)	Elayudath Amal Purnom	
31)	Hedwin.varghese	
32)	Jeffin Dominic	
33)	ANNEX SAJI	
34)	FARHAN-PA	

A Two-Day Workshop on Athletic Officiating Day-2

01/08/2023 25

S.No	Name	Class	Signature
35)	Ashik sunil	BPE II	
36)	Elayudath Amal	BPE II	
37)	Jeffin Dominic	BPE II	
38)	Annex Saji	BPE II	
39)	Abhinand.c.v	BPE II	
40)	Farhan-pa	BPE II	
41)	Shaan Jacob	BPE II	
42)	Rahul.B.Nair	BPE II	
43)	NOEL K LEONCE	BPE II	
44)	Rahul Benny	BPE II	
45)	AYUSH.A	BPE II	
46)	Exitto Antony	BPE II	
47)	Deepak.s	BPE II	
48)	Anwin Biju	BPE II	
49)	Devon P.S	BPE II	
50)	Chriscwin C.P	BPE II	
51)	nandhu gopal v.s	B.P.E II	
52)	Abhinav.i.s	B.P.E II	
53)	Indrajith	B.P.E II	
54)	Jithin Jaraadharan	BPE II	
55)	Hedwin.varghese	BPE II	
56)	Anandu.V.S	BPE II	
57)	Abi.k	BPE II	
58)	Nibin	BPE II	
59)	Manu Krishna	BPE II	
60)	Rajesh.M.T	B.P.E II	
61)	NIFIN FRANCIS	BPE II	
62)	mohammed siran Hussain	BPE II	
63)	Maria Sajan	BPE II	
64)	M. Saiham	BPE II	
65)	Anthony Jothly	BPE II	
66)	AMOS MANOJ	BPE I <sup>st</sup>	
67)	KARTHIKA PS	BPE II	
68)	Sreedevi.c	BPE II	

1. Participants gained a comprehensive understanding of the rules, regulations, and procedures governing various athletics events. They deepened their knowledge of different aspects of officiating, including track events, field events, races outside the stadium.
2. Through interactive sessions, practical demonstrations, and hands-on exercises, participants honed their officiating skills. They learned about proper positioning, signaling, and communication techniques, ensuring accurate and fair judgment during events.
3. The workshop provided participants with insights into the latest updates and revisions in the athletics rulebook. This knowledge empowered them to apply the most current regulations in real-world officiating scenarios.
4. The workshop emphasized the importance of consistent and standardized officiating practices. Participants understood the significance of uniformity in applying rules and regulations, contributing to the integrity of athletic competitions.
5. The workshop contributed to the professional development of participants, enabling them to take on more responsible roles in local, regional, and national athletics events. It also created pathways for potential advancement within the field of athletics officiating.





**CHRIST**

COLLEGE (AUTONOMOUS)  
IRINJALAKUDA, KERALA

REACCREDITED BY NAAC 'A++' AND SAAC 'A+'

**DEPARTMENT OF BPE**

BPEWAO034


# CERTIFICATE

**OF PARTICIPATION**

**This certificate is proudly presented to**

**Sheba marium Koshy**

**has participated in the "Two-day Workshop on Athletics Officiating"  
organised by the department of BPE on 31/07/2023 and 01/08/2023.**

  
**Dr. N Anilkumar**  
Associate Professor  
HOD in-charge

  
**Dr. Abhaydev C.S.**  
Chief Coordinator

  
**Fr. Dr. Jolly Andrews CMI**  
Principal