

Two-day volleyball coaches clinic

The two-day Volleyball Coaches clinic was conducted with the aim of enhancing the knowledge and coaching skills of participants in the field of Volleyball. The clinic focused on various aspects of coaching, including the rules and regulations and practical techniques.

Mr Javio Jose, Assistant Professor of BPE, welcomed the Chief Guest, Resource persons, faculty and all participants expressing his gratitude for the enthusiastic participation of students.

Presidential Address was given by Dr. N Anil Kumar, Dean & Associate Professor of BPE, with an inspiring speech focused on the significance of coaching Volleyball in the field of Physical Education by sharing his personal experience.

The workshop was officially inaugurated by the Principal Rev. Dr. Jolly Andrews CMI who marked the beginning of an enriching journey for all participants, and his words resonated deeply with everyone present.

Another pivotal moment during the ceremony was when Dr. Anoop Kumar, Assistant Professor of BPE, took the stage to introduce the esteemed

resource persons who will be conducting various sessions throughout the workshop. Dr. Anoop Kumar eloquently shared the profiles and achievements of each resource person, highlighting their expertise and contributions in the field of Volleyball.

The ceremony concluded with a vote of thanks offered by Dr Abhaydev C.S, Assistant Professor of BPE, expressing his gratitude on behalf of the department to all the dignitaries, participants and supporting staff who made the event possible. He reiterated the importance of active participation and encouraged everyone to make most of the opportunities the clinic had to offer.

CHRIST
COLLEGE (AUTONOMOUS)
IRINJALAKUDA, KERALA
Reaccredited by NAAC with 'A++' grade

Department of BPE and Technical Committee Volleyball
Thrissur District
jointly organise

**TWO DAY VOLLEYBALL
COACHES CLINIC**

DATE - 12th and 13th August 2023
TIME - 9:00 AM to 5:00 PM
VENUE - Volleyball Indoor Stadium, Christ College
(Autonomous), Irinjalakuda

RESOURCE PERSONS

DR. VIVEKANANDAN T
Chairman
Technical Committee Volleyball
Thrissur

SANJAY BALIGA
Volleyball Coach
Kerala State Sports Council

JACOB JOSEPH
Volleyball Coach
Kerala State Sports Council

JEWEL S R
High Performance Manager, Coach
Sports Authority of India

LIJOE JOHN
Head Coach
Calicut SAI

ORGANIZING SECRETARY - Dr. N Anilkumar
Dean of Faculty and Student Affairs
HoD (Incharge)

COORDINATOR - Dr. Anoop Kumar
Assistant Professor
Department of BPE



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TWO DAY WORKSHOP ON VOLLEYBALL COACHES CLINIC DAY-1 (12-08-2023)

8:00 AM - REPORTING

8:30 AM - INAUGURATION

Welcome speech - Mr. Javio Jose
Presidential Address - Dr. N Anilkumar
Inaugural Address - Fr. Dr. Jolly Andrews CMI
The Principal
Christ College (Autonomous)
Irinjalakuda

Felicitation Speech - Shri K R Sambasivan
President
Thrissur District Sports Council

Introducing the Resource person - Dr Anoop Kumar MS
Vote of Thanks - Dr. Abhay dev CS

9:00 AM - 10:30 AM - (Session 1)

RESOURCE PERSON - Mr. Jewel SR
Tea Break - 10:30 AM - 10:45 AM

10:45 AM - 12:00 PM - (Session 2)

RESOURCE PERSON - Mr. Jewel SR
Lunch Break - 12:30 AM - 1:00 PM

RESOURCE PERSON - Mr. Sanjay Baliga

1:30 PM - 3:00 PM - (Session 3)

RESOURCE PERSON - Dr. Vivekandan T

DAY-2 (13-08-2023)

9:00 AM - 10:30 AM - (Session 4)

RESOURCE PERSON - Mr. Lijo John
Tea Break - 10:30 AM - 10:45 AM

10:45 AM - 12:00 PM - (Session 5)

RESOURCE PERSON - Mr. Lijo John
Lunch Break - 12:30 AM - 1:00 PM

1:30 PM - 3:00 PM - (Session 6)

RESOURCE PERSON - Mr. Jacob Joseph

3:15 PM - 3:00 PM - (Session 7)

RESOURCE PERSON - Mr. Jacob Joseph

5:00 PM - CLOSING CEREMONY



Presidential Address by, Dr. N Anil Kumar, Dean & Associate Professor



Thiruvananthapuram District Volleyball Technical Committee
 Venue: Chinnikolay, K. K. Thiruvananthapuram
 Date: 12-8-2023.

TWO DAY VOLLEYBALL COACHES CLINIC

DEPT OF BPE AND TECHNICAL COMMITTEE VOLLEYBALL THIRUVANANTHAPURAM

REGISTRATION FORM

Sl. No	NAME	SIGNATURE	Sl. No	NAME	SIGNATURE
1	MOHAMMED NESSEM P N		17	JACKSON A-J	
2	SAJAN K-K		18	NIKANJAN J A	
3	ABHISHEK T. U.		19	SHINTO P. GADINATH	
4	ABDUL QADIR HAMZA		20	Hani P P	
5	AJITHAL T-M		21	JODI-M. VARAHESI	
6	VISHNU N S.		22	Kate Brigitte	
7	AMAN MOHAMMED		23	SILPA S.	
8	ADITHYAN GOPAKUMAR		24	MDINU NIDDESAN	
9	ADITHYAN T.C. Theerathapuzha # Vakkam		25	SNEHA S	
10	MOHAMMED C.I. KASIM		26	Sheba Mariam Koshy	
11	RAJESH C.S.		27	AISWARYA M	
12	MUHAMMAD SAHAL - A-K		28	AKASH .M.S	
13	MATHINI M.D.		29	SANIKA SHONY	
14	NAZER Paramel		30	Austin Yasudas	
15	JOSEPH CHACKO		31	Johan Jossy	
16	SIRKIL PAUL.		32	Deepak. S	
17			33	Amos manoj	
			34	Dr ANILKUMAR N	
			35	Dr. Neena Thakkar	
			36	Dr. Abinayadas C.S.	
			37	JAVIO JOSE M	

OUTCOMES

1. Participants gained a comprehensive understanding of the various coaching skills procedures in Volleyball. They deepened their knowledge of different aspects of coaching the stages of basic skills in volleyball.
2. Through interactive sessions, practical demonstrations, and hands-on exercises, participants honed their coaching skills. They learned about proper stages to teach the basics in grass root level in Volleyball.
3. The clinic provided participants with insights into the latest updates about the techniques in coaching Volleyball. This knowledge empowered them to apply the most current techniques in real-world coaching scenarios.
4. The clinic emphasized the importance of correct and specific coaching practices. Participants understood the significance of grass root level coaching skills in applying the advanced stages.
5. The clinic contributed to the professional development of participants, enabling them to take on more responsible roles in the various stages of Volleyball coaching. It also created pathways for potential advancement within the field of Volleyball.