



CHRIST

COLLEGE (AUTONOMOUS)
IRINJALAKUDA, KERALA

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Invited Talk on “Counselling”

11th November, 2023

Internal Quality Assurance Cell

The Internal Quality Assurance Cell (IQAC) of Christ College (Autonomous), Irinjalakuda organized an invited talk on "Counselling" on 22nd November 2023. The event was held in the college auditorium at 1:00 PM.

The session aimed to address the importance of counselling in personal and academic development and to create awareness among participants about its benefits. The program was coordinated under the leadership of Dr. Shinto K G, IQAC Coordinator, with the guidance and support of Fr. Dr. Jolly Andrews CMI, Principal of Christ College. Ms. Shiny George, Counsellor, Psychiatric Social Worker and Special Educator was the resource person for the program. The speaker emphasized the role of counselling in fostering mental well-being, improving communication skills, and building resilience among individuals. Attendees appreciated the interactive nature of the session, which allowed them to seek clarity on their doubts and share their experiences.

The program concluded with a vote of thanks, acknowledging the efforts of the organizing team and the active participation of the attendees. Overall, the event was a resounding success, leaving a lasting impact on all participants.

BROCHURE



CHRIST
COLLEGE (AUTONOMOUS)
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Internal Quality Assurance Cell (IQAC)

organizes
An Invited Talk On

COUNSELLING

Resource Person :

Ms. SHINY GEORGE

Counsellor,
Psychiatric Social
Worker and Special
Educator



Auditorium



1:00 PM



22nd November, 2023

Dr. Shinto K G
IQAC Coordinator

Fr. Dr. Jolly Andrews CMI
Principal

ATTENDANCE

<https://dspace.christcollegeijk.edu.in/jspui/bitstream/123456789/2276/12/invited%20talk%20on%20counselling.pdf>

PHOTOS



PRINCIPAL

Fr. Dr. Jolly Andrews
Associate Professor -
In-Charge of Principal
Christ College (Autonomous)
Irinjalakuda