



# CHRIST

COLLEGE (AUTONOMOUS)  
IRINJALAKUDA, KERALA

Affiliated to University of Calicut  
Sports Authority of India and Kerala State Sports Council  
Reaccredited by NAAC with 'A++' & SAAC 'A+'  
[www.christcollegeijk.edu.in](http://www.christcollegeijk.edu.in)

## CERTIFICATE COURSE FOOTBALL COACHING & MANAGEMENT

### Resource Persons



**Dr. Sreejith Raj**  
Head of the Department  
Department of Physical Education  
St. Thomas College (Autonomous) Thrissur



**Mr. Harry Benny**  
Assistant Professor, HOD, Physical Education  
Mar Athanasius (Autonomous) College  
Kothamangalam  
MPED, MPHIL, NIS  
AFC 'B' Licence,  
AFC Level 1 Goal Keeping Licence



**Dr. Arun Balakrishnan**  
Assistant Professor,  
Department of Commerce  
Christ College (Autonomous) Irinjalakuda  
AIFP 'D' Licence



**Dr. Sebastian K M**  
Assistant Professor,  
Department of Physical Education  
Christ College (Autonomous) Irinjalakuda  
MPED, MPHIL, PHD



**Mr. Nidhin M N**  
Assistant Professor,  
Department of Physical Education  
Christ College (Autonomous) Irinjalakuda  
MPED, AIFP 'D' Licence

Offered by  
Department of Physical Education,  
Christ College (Autonomous) Irinjalakuda

## About the course

Christ College (Autonomous) Department of Physical Education is starting a new certificate course in football coaching and management. This course is equally useful to students and those who interested in football. This certificate gives you new profession. This course is very useful for you to get job and knowledge about new levels of football.

## Syllabus

### Objectives:

- To understand the process of Management and principles
- To familiarise the students with football coaching principles
- To understand the process of managing Teams and conducting Tournaments

### Outcomes:

- Students will be able to understand the management techniques.
- Students will be able to know the evolution of football.
- Students will be capable to conduct a tournament, draw fixtures and manage a team
- Students will be able to run a football coaching camp/academy

*Hours: 30 Hrs*

### Module 1

Management – Evolution – Principles – Planning – Organising – Directing– Controlling – Staffing – MBO.

### Module 2

Football – Evolution – History – FIFA – UEFA – CAF – Concacaf– CONMEBOL – AFC – AIFF - history of tournaments – Famous Tournaments and Leagues of Football - types – Rules of the game – Basics on IFAB.

### Module 3

Team Management – Tournament – types – fixtures – types of draw – Bye– Seeding – League. Duties of a coach & Manager.

### Module 4

Basics of football Coaching - Coaching Principles – Coaching vs Training- Roles of a coach - Responsibilities of a Coach – Duties of a Coach– Preparing coaching lesson Plans – Handling players.

### Module 5

Practical's and hands on training of football coaching with an experimental group.





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**DEPARTMENT OF PHYSICAL EDUCATION**  
**Christ College (Autonomous) Irinjalakuda**

*Certificate*

**CERTIFICATE COURSE IN**  
**FOOTBALL COACHING AND MANAGEMENT**

*This is to certify that*

*Mr./Ms.* \_\_\_\_\_

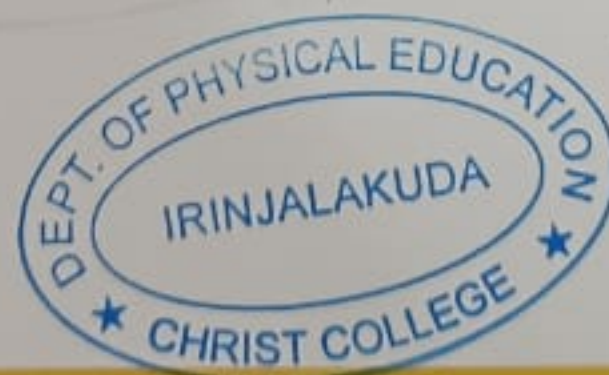
**ABHISHEK P A**

*Register No.* **CCPEFCM202403**

*has successfully completed the Certificate Course in Football Coaching and Management conducted by the Department of Physical Education.*

*He / She has secured A Grade.*

**Dr. BINTU T KALYAN**  
Course Coordinator  
HoD, Dept. of Physical Education

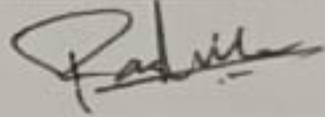
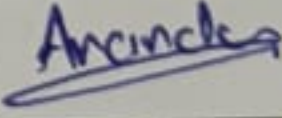

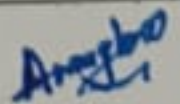
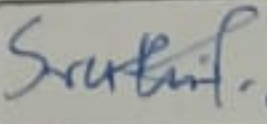


**Rev. Fr. Dr. JOLLY ANDREWS**  
Principal



# Christ College (Autonomous) Irinjalakuda

## Certificate Course Examination: Football Coaching and Management

SL. NO	NAME	REG NO	SIGNATURE
1	ASHIL KUMAR K S	CCPEFCM202401	
2	SAYANTH K V	CCPEFCM202402	
3	ABHISHEK P A	CCPEFCM202403	
4	VASISHT K	CCPEFCM202404	
5	MOHAMMED HARIS M	CCPEFCM202405	
6	AMAL MANOHARAN	CCPEFCM202406	
7	VIDHUL PRAKASH	CCPEFCM202407	
8	RASHIK T	CCPEFCM202408	 26/03/24
9	ABIN KRISHNA K	CCPEFCM202409	
10	ASWIN K A	CCPEFCM202410	
11	GODSON MATHEW	CCPEFCM202411	
12	ANANDHU K S	CCPEFCM202412	 23/07/2024
13	JELBIN SABU	CCPEFCM202413	
14	ARUN FRANCIS	CCPEFCM202414	 22/03/2024
15	VISHNU PRAKASH V P	CCPEFCM202415	
16	ZAINUL ABIDHEEN	CCPEFCM202416	
17	AMOGHIRAN K S	CCPEFCM202417	 25/03/2024
18	SRUTHIN BABU	CCPEFCM202418	 26/03/24