23U353	(Pages: 2)	Name:
		Reg.No:

THIRD SEMESTER B.Sc. DEGREE EXAMINATION, NOVEMBER 2024

(CBCSS - UG)

(Regular/Supplementary/Improvement)

CC19U BSH3 C05 / CC20U BSH3 C05 - NUTRITION HYGIENE AND SANITATION

(Hotel Management and Catering Science - Complementary Course)

(2019 Admission onwards)

Time: 2.00 Hours Maximum: 60 Marks

Credit: 3

Part A (Short answer questions)

Answer all questions. Each question carries 2 marks.

- 1. What is Nutrition?
- 2. Define polisaccharides with two examples.
- 3. Mention any four dietary sources of protein.
- 4. List out any four causes of osteoporosis.
- 5. What are the classifications of rancidity.
- 6. Define menu planning.
- 7. Expand ISO.
- 8. What are the three stuctural forms of bacteria?
- 9. What are the common causes of botulism?
- 10. What is meant by food spoilage?
- 11. Define personal hygiene.
- 12. Name any four certified detergents used in food industry.

(Ceiling: 20 Marks)

Part B (Short essay questions - Paragraph)

Answer *all* questions. Each question carries 5 marks.

- 13. What are the functions of food fat?
- 14. What are the significance of folic acid in the diet?
- 15. What are the functions of iron in the body?
- 16. Explain the role of micro organisms in cheese making.
- 17. Write a note on salmonellosis.

- 18. What do you meant by food poison?
- 19. What are the basic principles of food preservation?

(Ceiling: 30 Marks)

Part C (Essay questions)

Answer any *one* question. The question carries 10 marks.

- 20. Explain balanced diet under the following headings a) definition b) importance
- 21. Explain food safety under the following headings a) GMP b) GHP and c) HACCP

 $(1 \times 10 = 10 \text{ Marks})$
