

22U569

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Name: .....

Reg.No: .....

**FIFTH SEMESTER B.Sc. DEGREE EXAMINATION, NOVEMBER 2024**

(CBCSS - UG)

(Regular/Supplementary/Improvement)

**CC19U PSY5 B05 - HEALTH PSYCHOLOGY**

(Psychology - Core Course)

(2019 Admission onwards)

Time : 2.00 Hours

Maximum : 60 Marks

Credit : 3

**Part A (Short answer questions)**

Answer *all* questions. Each question carries 2 marks.

1. Health promotion.
2. Chronic illness.
3. Health behaviors.
4. Perceived threat reduction.
5. Protection motivation theory.
6. Sympathetic activation.
7. Coping with stress.
8. Enhancing social support.
9. Denial.
10. Psychosocial issues.
11. Bargaining.
12. Thanatologist.

**(Ceiling: 20 Marks)**

**Part B (Short essay questions - Paragraph)**

Answer *all* questions. Each question carries 5 marks.

13. Biopsychosocial model.
14. Social engineering.
15. Primary prevention.
16. Other life stressors.
17. Continued treatment and issues of nontraditional treatment.

18. Psychological management of terminal illness.

19. Hospice care and home care.

**(Ceiling: 30 Marks)**

**Part C** (Essay questions)

Answer any *one* question. The question carries 10 marks.

20. Define stress and General adaptation syndrome.

21. Explain Individual counseling and family therapy.

**(1 × 10 = 10 Marks)**

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