23P332	(Pages: 2)	Name:
		Reg.No:

THIRD SEMESTER M.Sc. DEGREE EXAMINATION, NOVEMBER 2024

(CBCSS - PG)

(Regular/Supplementary/Improvement)

CC22P CPY3 C09 - PSYCHOTHERAPEUTICS - I

(Clinical Psychology)

(2022 Admission onwards)

Time: 3 Hours Maximum: 30 Weightage

Part-A

Answer any *four* questions. Each question carries 2 weightage.

- 1. Explain different types of psychotherapy.
- 2. Find the basic ingredients of psychotherapy.
- 3. Discuss different ethical issues related to psychotherapy.
- 4. Explain the basic concepts of psychoanalytic psychotherapy.
- 5. Explain different approaches in client centered therapy.
- 6. Explain family therapy and its different techniques.
- 7. Explain interpersonal therapy and its basic principles.

 $(4 \times 2 = 8 \text{ Weightage})$

Part-B

Answer any *four* questions. Each question carries 3 weightage.

- 8. Describe goals of psychotherapy.
- 9. Illustrate the importance of working through and resolution of transference in psychoanalytics.
- 10. Describe process of different brief dynamic therapies.
- 11. Explain humanistic therapy and existential therapy.
- 12. Describe group therapy and its different approaches.
- 13. Describe crisis intervention therapy.
- 14. Describe dialectical behavioural therapy and its basic principles.

 $(4 \times 3 = 12 \text{ Weightage})$

Part-C

Answer any two questions. Each question carries 5 weightage.

- 15. Define psychotherapy and explain its process.
- 16. Explain development of transference and diffferent types of transference.

- 17. Describe humanistic therapy and its basic principles.
- 18. Describe logo therapy and gestalt therapy.

 $(2 \times 5 = 10 \text{ Weightage})$
