



**CHRIST COLLEGE (AUTONOMOUS),
IRINJALAKUDA**



**PROGRAMMES
2023 - 2024**

Department of Social Work



CHRIST COLLEGE (AUTONOMOUS), IRINJALAKUDA
Department of Social Work
Programmes 2023 -2024

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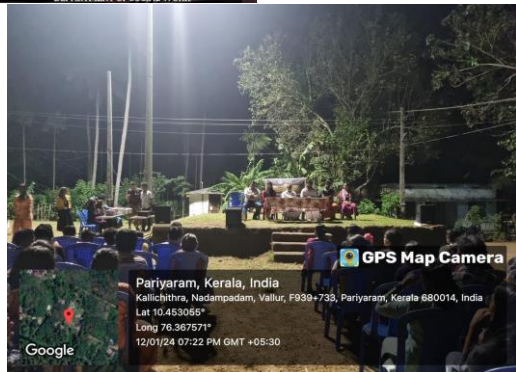
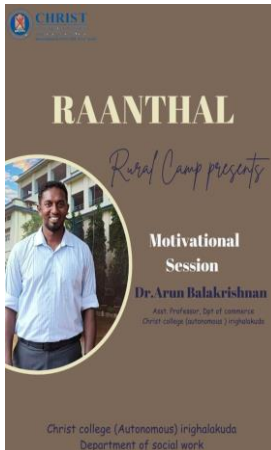
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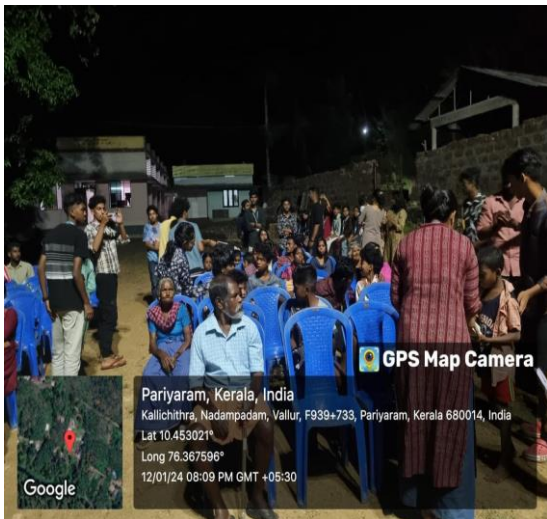
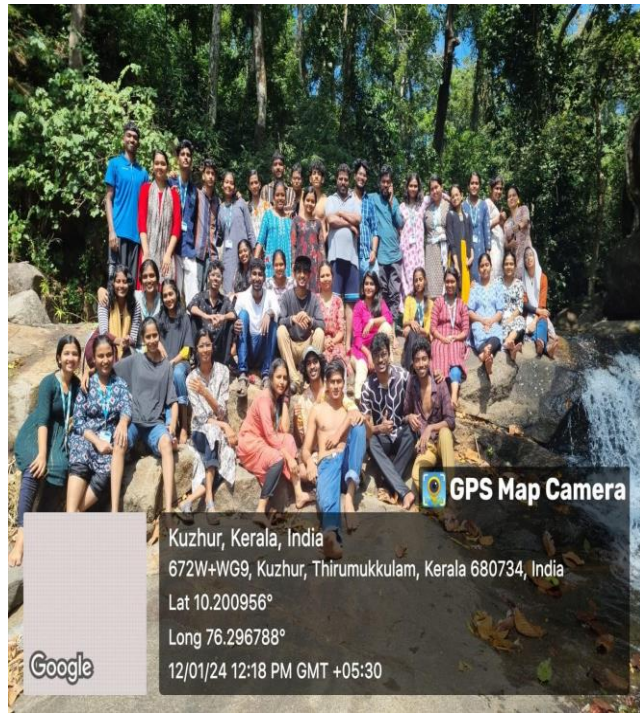


Raanthal – Rural Camp 2K23

9/01/2024



The Rural Camp 2K24, held from January 9-12, 2024, at Kallichithra Tribal Settlement, involved social work trainees from Christ College (Autonomous), Irinjalakuda. The camp included various activities aimed at community engagement and practical social work experience. On the first day, trainees arrived, participated in cleaning, and engaged in an ice-breaking session and motivational talk. The inauguration featured speeches from dignitaries and cultural programs. The second day included a children's camp at St. Joseph's School with career counseling, a socio-economic survey preparation, and a community cleaning initiative, concluding with a cultural evening. The third day focused on a Participatory Rural Appraisal (PRA) session, a socio-economic survey, and a cultural program. The final day featured a Zumba session, trekking, and addressing local water scarcity by providing a 1000-liter tank. The camp ended with a valedictory function, community feast, and campfire. Overall, the camp fostered community interaction, offered practical solutions to local issues, and enhanced the trainees' social work skills.





Helping Hand for differently abled

Through CIFDA, Department of social work delivered educational aid to differently abled children to ensure equal access to study materials and empower them with resources.



CHRIST
COLLEGE (AUTONOMOUS)
IRINJALAKUDA, KERALA
Reaccredited by NAAC with 'A++' grade

DEPARTMENT OF SOCIAL WORK

CIFDA

CHRIST INITIATIVE FOR DIFFERENTLY ABLED

"EMPOWERING STUDENTS WITH RESOURCES
AND
ENSURING EQUAL ACCESS TO EDUCATIONAL MATERIALS"

13TH JUNE, 2024 10:30 PM

DR. JOSE THEKKAN SEMINAR HALL,
CHRIST COLLEGE IRINJALAKUDA



Water Tank Distribution for Tribal Community

As a part of Ranthal community living camp the Social work trainees mobilised resources and bought a water tank for the kallichithra tribal community to ensure drinking water availability for the population.





Observation Visit

As part of the MSW curriculum, a study tour was organized for students in their third semester to Bangalore and Goa based on a collective decision by the faculty and students. The visit spanned five days, from 7th to 13th August 2023, with two days in Bangalore and three days in Goa. In Bangalore, the group visited Christ University, where they received orientation on the Department of Sociology and Social Work's focus on academic excellence and community engagement. They also visited the Center for Social Action (CSA), which works on projects related to social responsibility, and Cadabams Psychiatric Hospital, learning about mental health services and programs. In Goa, the group visited Sangath, an organization that provides accessible and affordable mental health care through community-based services. The visit highlighted Sangath's innovative approaches to mental health treatment.

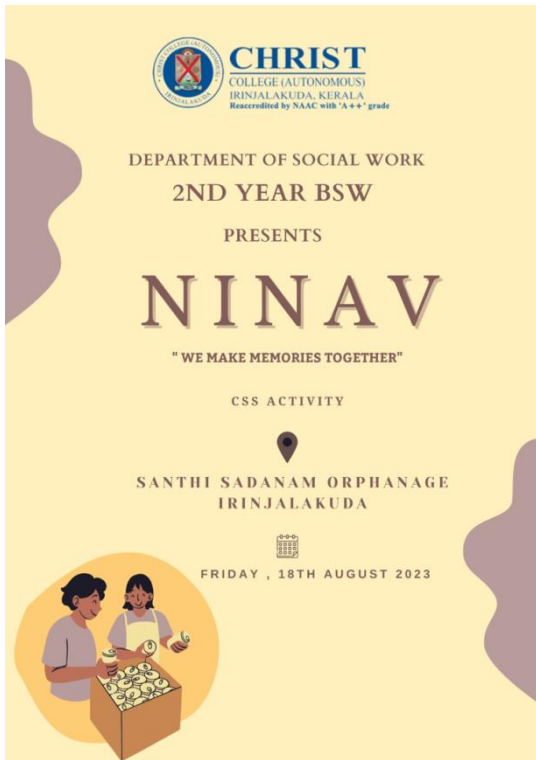
The students gained hands-on experience in social work settings, applying theoretical knowledge to real-world scenarios. The tour provided exposure to diverse cultural contexts, enhancing students' understanding of social work in different environments. The study tour to Bangalore and Goa was successfully completed with the guidance and support of faculty supervisors Dr. Ajeesh George and Miss Ashley George. The visits to Christ University, NIMHANS, Cadabams, and Sangath Goa provided valuable learning experiences, helping students understand and observe the work of national agencies in the social work field.





NINAV – CSS Activity

18/08/2023



On 18th August 2023, second-year BSW trainees from the Social Work Department of Christ College, Irinjalakuda, conducted a Compulsory Social Service (CSS) activity at Santi Sadanam orphanage, titled "NINAV" (We Make Memories Together). The program began at 11:30 AM with a prayer song by trainee Liya Shibu and was anchored by Meghna Lijesh. The event featured various entertainment programs, actively engaging the orphanage members, and included felicitations from faculty members Dr. Ajeesh George, Ms. Ashley George, Mr. Saijith N.S, and Fr. Joy Vattoli. The trainees celebrated Onam with the members, sharing food and happiness, and concluded with a traditional Onam Sadya at 2:30 PM. The activity helped students develop communication skills and empathy, made a positive impact on their lives, and provided an opportunity for self-reflection and understanding the importance of community involvement and health advantages. Social work trainee Gayathri J. delivered the vote of thanks.





Medical camp



Department of Social Work
Christ College (Autonomous),
Irinjalakuda

സൗജന്യ
ചെയിംഗ്
ക്യാമ്പ്

ചാരെ

താജുകണ്ടംകുടി, മാങ്കുളം, ഇടുക്കി
9am to 1 pm
24-09-2023

ഐക്യസ്റ്റ് കോളേജ് (ഓട്ടോണോമസ്) ഇടവകതാലകംകണ്ടംകുടി
ജോർണലിംഗ് സ്റ്റാഫ് ഹോസ്പിറ്റലിലെയും ആശുപത്രികളിൽ
നടക്കുന്ന സൗജന്യ ചെയിംഗ് ക്യാമ്പ്



Aid distribution program for differently abled students

An aid distribution program for differently abled students was organized at Iringalakuda Prthisha Bhavan Special School. Assistance is provided to meet medical, educational and travel needs.



Children's camp at Vadanappily

11/05/2023



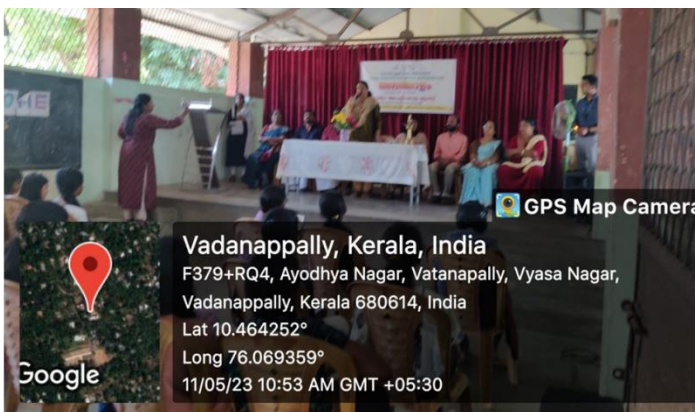
വാടാനപ്പള്ളി ഗ്രാമപഞ്ചായത്ത് ജന്മിൻ റിസോഴ്സ് സമിതിയുടെ ആഭിമുഖ്യത്തിൽ വർണക്കൂട്ടിയെ കുട്ടികൾക്കായി നടത്തുന്ന ദ്വിദിന അവധികാല ക്യാമ്പ്

അലഞ്ഞാളം
BREAK THE LIMITS

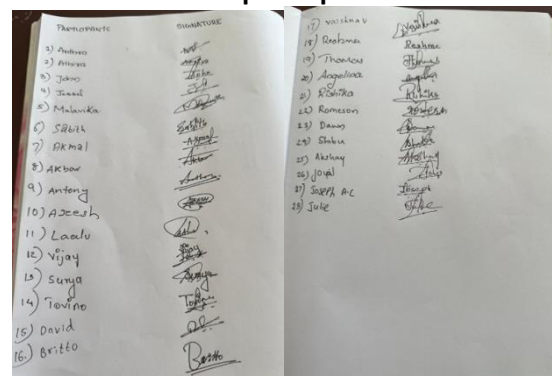
11-05-2023 - 12-05-2023 ഗവൺമെന്റ് ഫിഷറീസ് യു പി സ്കൂൾ



As part of the fieldwork, trainees had conducted children's camp on 11/05/2023 to 12/05/2023 at Govt. Fisheries U P School Thrithallur for the adolescent group. The children's camp was inaugurated by Mrs. Shanthi Bhasi Vadanapally Gram panchayath President, program coordinated by welfare standing committee chairperson Mr. Sajith N. S and ICDS Supervisor Mrs. Vydehi K.R. The social work trainees conducted life skill education, public speaking, craft making and martial arts. The life skill education were given by Mr. Suresh (Faculty, DIST thrissur) and public speaking session was taken by Mr. Styju sir, craft session was taken by Mr. Athul sir. 30 students from different wards of Vadanapally panchayath had participated in the camp.



List of participants





Street Play



Awareness Programme – How to eradicate the stigma of leprosy still exist in Society

13/09/2023

*Christ college (Autonomous)
Irinjalakuda
Department of Social work
Second year MSW trainees*

*Awareness Class on: 'How to
eradicate the stigma of leprosy still
exist in society'*

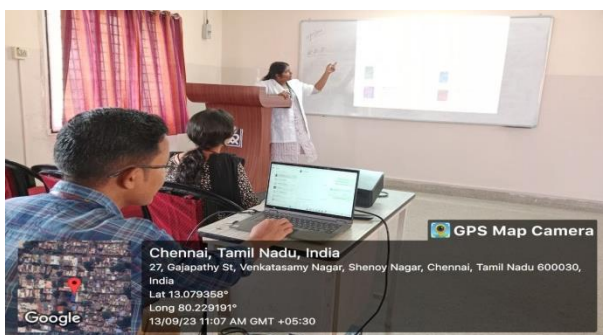
*For : BSC nursing students
Indhira college of nursing,
Thiruppalli, Tamil nadu*

Place : Gramaltes 

Date : 13-9-2023

Time : 10:00 Am

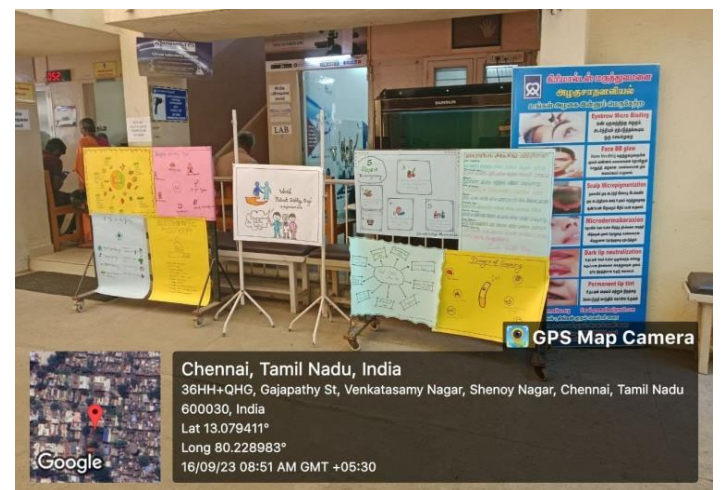
On 13th September, social work trainees conducted an awareness class on leprosy for nursing students, covering topics such as the history, diagnosis, classifications, and treatment of leprosy, including multi-drug therapy. The class, held in the hospital's training hall, was attended by 25 students. The trainees used various methods like power point presentations to facilitate understanding and aimed to educate participants about leprosy and dispel the stigmas and myths surrounding the disease. Through this session, the trainees gained valuable information about leprosy and its treatment methods. The main aim of conducting the awareness class is You conscious about what is leprosy and to eradicate the stigmas and myth that Still exist in our society.



Awareness Class - world patient safety day

On 16th September, on World Patient Safety Day, social work trainees, in association with Gremaltas Hospital, Chennai, conducted an awareness program at the hospital. The session, led by MSW students Ms. Anagha K and Ms. Ancy Antony, focused on educating patients and visitors about health and safety tips. To support their message, the trainees created charts and distributed 100 health tip cards, offering practical advice on maintaining physical and mental well-being. The program aimed to raise awareness among patients, who were found to be less informed about health precautions, thus promoting a safer and healthier lifestyle. The event concluded with a vote of thanks by Mr. Marianathan, the hospital's director.

Christ college (Autonomous)
Irinjalakuda
Department of Social work
Second year MSW trainees
September 17
'World Patients safety day'
Awareness Class on :
'Patients Safety'
Place : Gramaltes 
Date : 16-9-2023
Time : 10:00 Am





15)	Esther	26	M	984912199	
16)	Abinaya	22	F	9822277421	
17)	Simi	22	M	9822277421	
18)	Neelam	22	F	9822277421	
19)	Abirah	26	F	9822277421	
20)	Riya	22	M	9822277421	
21)	Sandhya	22	F	9822277421	
22)	P. Anusha	25	M	9822277421	
23)	Matheshwaran	20	F	9822277421	
24)	Ancy Antony	20	F	9822277421	
25)	S. Rajagopal	22	M	9822277421	
26)	N. Maheshwari	24	M	9822277421	
27)	Cybil Saj	27	M	9822277421	
28)	S. Indu	24	F	9822277421	
29)	Hannas Mathan	25	F	9822277421	
30)	Kamathwaran	25	M	9822277421	
31)	Jeeva	27	M	9822277421	9822277421
32)	Sathya	27	F	9822277421	
33)	Megha Sudani	27	F	9822277421	
34)	Silvashini	22	F	9822277421	
35)	Aranya Vitha	22	F	9822277421	
36)	Jyoti Kadi	27	F	9822277421	
37)	Karunraj	27	M	9822277421	
38)	lobanadars	27	M	9822277421	
39)	Ravish	24	M	9822277421	
40)	P. Sukumar	24	M	9822277421	
41)	C. Yeevitha	25	M	9822277421	
42)	Sangeetha	21	F	9822277421	
43)	Sadhika	25	M	9822277421	
44)	C. Rashmi	13	F		
45)	P. K. Doss	22	M		
46)	Hoshini	11	F	8610579554	
47)	Ananadapam	25	F	7401065963	
48)	P. Thairani	27	F	9822277421	
49)	bedin	21	M	8608201950	



HEALTH EDUCATION CLASS - BENEFITS OF MCR FOOTWAERS

*Christ college (Autonomous)
Irinjalakuda*

*Department of Social work
Second year MSW Trainees*

September 23

*Awareness class on : Benefits of MCR
footwear*

Place : Gremattes hospital

Date : 23-9-2023

Time : 10:00 Am



Anagha .K



Ancy Antony

The social work trainee conducted a health education class based on the benefits of MCR footwears for patients like leprosy, diabetics etc. for that awareness class the social work trainees mainly focused on the patients who comes for consulting doctors. In that class was conducted in the form of creating charts of awarding about benefits of MCR footwear's, the benefits of MCR footwears. In that class the social work trainees try to explain about the footwear which protects the leprosy affected and non-leprosy affected patients preventing secondary and primary discomfort amities. Microcellular rubber is used in making footwear in sold and tire material being hard were used in outer soul of the footwear it is mainly indicated in the case of insensitive food, diabetes call mark foot paind or for orthopedic and neurological conditions. The program was conducted in the hospital itself.

LIST OF PARTICIPANTS

	Name	Age	Sex	Contact number
1.	R. Valli	56	F	9841491459
2.	Pelen	56	F	9744460000
3.	Stella	56	F	7150399930
4.	Anagha vijuk	59	F	7702219406
5.	Sathki	57	F	7708664999
6.	M. Vidya Raj	60	M	9399294660
7.	E. Mallikiswari	42	F	805278287
8.	Chandhi kumari P	42	M	7279986997
9.	Vasena	19	F	9800468279
10.	Shahio	17	F	9787085993
11.	Loganathan	67	M	9444489557
12.	Thamil Selvi	39	F	9762534632
13.	G.K. das	72	M	6380659191
14.	Babu	52	M	9558166646
15.	Kanishkar	42	M	8354408711
16.	Dalaji	43	M	9677158170





Awareness Class – Communicable diseases and Prevention

23/09/2023

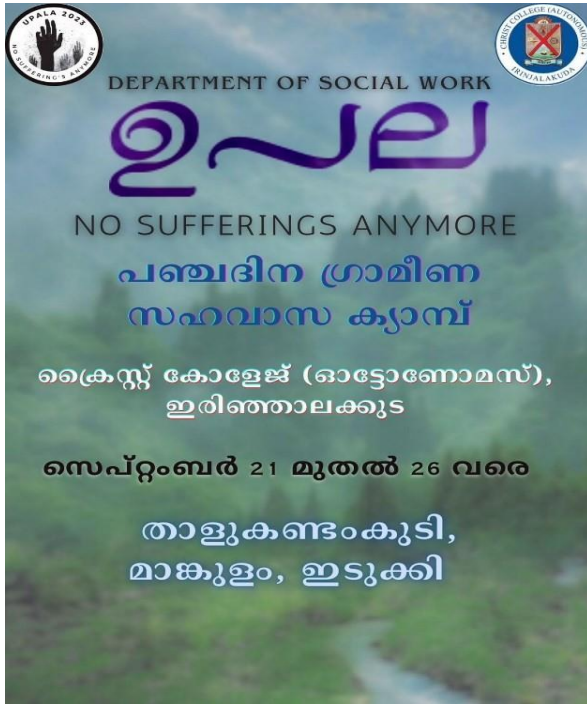


The awareness class, conducted on 23rd September 2023 at Holy Family Hospital, Okhla, Delhi, focused on the theme "Communicable Diseases and Prevention." The program aimed to educate participants on personal hygiene and the prevention of communicable diseases. The objective was to raise awareness about the importance of maintaining good hygiene and to provide information on preventing the spread of infectious diseases. The session, led by MSW students Ms. Athulya M. S and Ms. Navya Paul, highlighted key aspects of hygiene and disease prevention. The class concluded with a vote of thanks delivered by Amruta Damodar. The outcome of the program was that participants gained valuable knowledge about the significance of hygiene and preventive measures against communicable diseases.



UPALA – Community living – Thallukkandam Tribal settlements, idukki

21/09/2023



The rural camp, **UPALA** organized by Christ College (Autonomous), Irinjalakuda's Department of Social Work, in collaboration with Gremaltas Hospital, Chennai, and Holy Family Hospital, Delhi, took place from September 21 to 26, 2023. The camp aimed to immerse students in rural life, address local needs through developmental projects, and foster teamwork and group living skills. Activities included house visits, cleaning drives, cultural programs, and workshops on forest protection and Participatory Rural Appraisal. Highlights included a medical camp, spinning therapy, and a community feast. The camp concluded with trekking, a motivation class, and a valedictory function. The experience provided valuable insights into the Thalukandamkudi community and demonstrated the positive impact of rural engagement.



Awareness Class - “ Let’s Stop Together ”

25/09/2023



On September 25, 2023, Christ College's Department of Social Work, in association with St. Martha's Hospital, conducted an awareness class at Rainbow Home School, Bangalore, focused on HIV/AIDS under the theme “Let’s Stop Together.” The program, held from 1:30 PM to 5:00 PM, included a prayer song, a session led by Ms. Um Rai, and a skit performed by third-semester MSW trainees to illustrate the modes of HIV/AIDS transmission. The trainees also performed a dance. The session aimed to educate children aged 12 and above about HIV/AIDS prevention. Due to language barriers, the class could not be delivered verbally, but the skit and dance effectively conveyed the message. The event concluded with refreshments and was well-received by the students. The trainees gained a deeper understanding of HIV/AIDS. Additionally, they experienced valuable group interaction and teamwork during the awareness class.

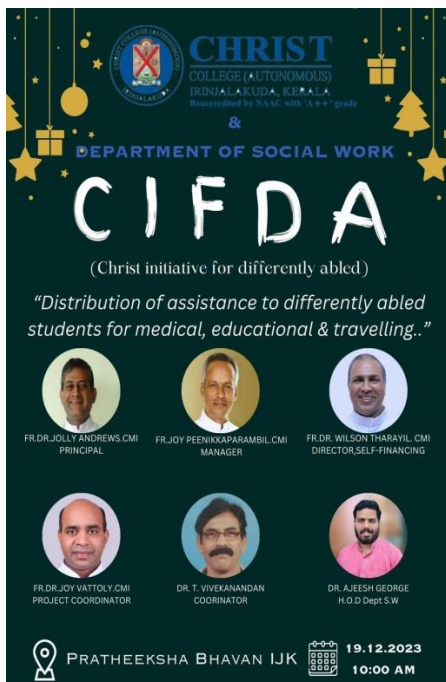


Hey Santa – CSS Activity

19/12/2023



On December 19, 2023, the social work trainees of Christ College Autonomous, Irinjalakuda, in collaboration with CIFDA, hosted a festive celebration called "Hey Santa" at Pratheeksha Bhavan. The event aimed to spread Christmas cheer while demonstrating the impact of community engagement and social work. The celebration began with an opening by Rev. Fr. Joy Peenikaparambil, and included a presidential address by Principal Rev. Fr. Dr. Jolly Andrews CMI. The event featured cultural performances by second-year BSW students, a cake-cutting ceremony, and financial aid donations to several special schools. The day concluded with expressions of gratitude to all who contributed to the event's success.



PG Study Tour - Observation Visits

8/08/2023

As part of the MSW curriculum, a study tour was organized for students in their third semester to Bangalore and Goa based on a collective decision by the faculty and students. The visit spanned five days, from 7th to 13th August 2023, with two days in Bangalore and three days in Goa. In Bangalore, the group visited Christ University, where they received orientation on the Department of Sociology and Social Work's focus on academic excellence and community engagement. They also visited the Center for Social Action (CSA), which works on projects related to social responsibility, and Cadabams Psychiatric Hospital, learning about mental health services and programs. In Goa, the group visited Sangath, an organization that provides accessible and affordable mental health care through community-based services. The visit highlighted Sangath's innovative approaches to mental health treatment.

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