

# CHRIST COLLEGE (AUTONOMOUS), IRINJALAKUDA

Accredited by NAAC with 'A' Grade, Affiliated to University of Calicut



## DEPARTMENT OF PHYSICAL EDUCATION (ACADEMIC YEAR 2023-2024)

IRINJALAKUDA NORTH P.O., THRISSUR, KERALA -680125,

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# INTERZONE WEIGHTLIFTING (MEN) CHAMPIONSHIP

## **Report on Calicut University Interzone Weightlifting (Men) Championship 2023-24**

The Calicut University Interzone Weightlifting (Men) Championship 2023-24 was organized by Christ College, Irinjalakuda, and held at the Aquatic Complex, Thrissur, on 29th November 2023. The competition was inaugurated by T T James, former president of the Kerala State Weightlifting Association, who set the tone for a highly competitive and spirited event.

The championship concluded with the following results:

1. Overall Champions: Sree Kerala Varma College, Thrissur
2. Second Position: Christ College, Irinjalakuda
3. Third Position: EMEA College, Kondotty
4. Fourth Position: St. Thomas College, Thrissur

The prize distribution ceremony was graced by Dr. Haridayal and Dr. Bintu T Kalyan, who presented the trophies and medals to the winning teams and athletes.

In addition to the awards, the Calicut University Weightlifting Team Members were announced, with selected athletes making their way into the university's training camp for upcoming inter-university tournaments.

The event was a resounding success, with strong performances from all participants. Christ College extended its gratitude to the organizing committee, participating teams, officials, and supporters for making the championship a memorable one.

This championship not only celebrated the strength and dedication of the athletes but also reinforced the importance of promoting weightlifting at the university level.

BROCHURE



CALICUT UNIVERSITY  
INTERZONE



# WEIGHT LIFTING (M) CHAMPIONSHIP 2023-24

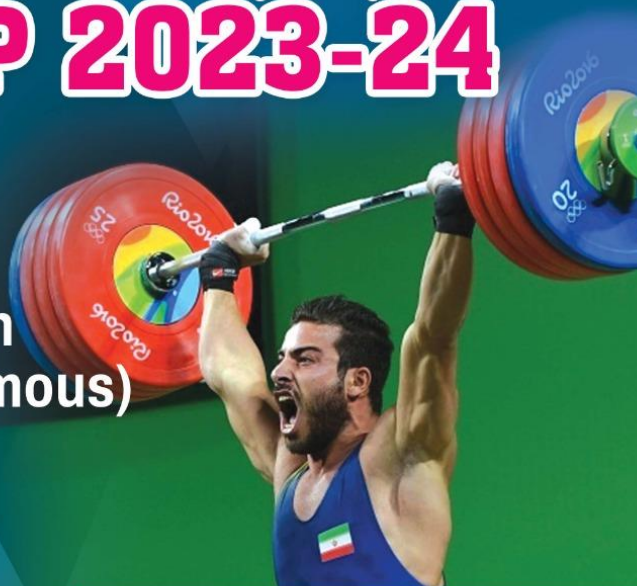
INAUGURATION



T.T. JAMES

Organised by

Department of  
Physical Education  
Christ College (autonomous)  
Irinjalakuda



DATE

29.11.2023

VENUE

AQUATIC COMPLEX, THRISSUR

*Welcome All*

# RESULTS

## CALICUT UNIVERSITY INTERZONE WEIGHTLIFTING CHAMPIONSHIP 2023-24

### RESULTS-INDIVIDUAL

CATEGORY	POSITION	NAME	COLLEGE	SNATCH	CLEAN & JERK	TOTAL
55 KG	I	WARISH BOGIMAYUM	CHRIST-TCR	85	110	195
	II	ISMAIL FAYIS O K	EMEA-KONDOTTY	75	90	165
	III	MOHAMMED SHANU	GOVT.KODUVALLY	60	78	138
61 KG	I	SIBIN PRASAD	SKVC-TCR	86	115	201
	II	THANJAM ALERTSON SINGH	CHRIST-TCR	83	106	189
	III	ZAINUL ABID	EMEA-KONDOTTY	79	95	174
67 KG	I	AKHIL V	SKVC-TCR	97	115	212
	II	ANURAG K P	EMES-KOMDOTTY	80	108	188
	III	B BHARATH	SKVC-TCR	67	92	159
73 KG	I	JEEVAN A REJI	SKVC-TCR	107	141	248
	II	IRFAN A	GOVT.KOZHINJAPARA	87	105	192
	III	MOHAMMED SHUHAIB	EMES	76	106	182
81 KG	I	SKILITIN PAUL	ST THOMAS-TCR	136	171	307
	II	VISHNU RAJAN	CHRIST-TCR	75	97	172
	III	SWADIN SURESH M K	MCC-CLT	75	92	167
89 KG	I	SHIDAN	CPE-CLT	99	123	222
	II	JAME C O	SKVC-TCR	91	123	214
	III	NABEEL C K	EMEA-KONDOTTY	86	111	197
96 KG	I	MANIKANDAN K	MES-PONNANI	110	150	260
	II	AJESH A	SKVC-TCR	76	104	180
	III	SHAHEENSHA K P	MES-PONNANI	70	92	162
102 KG	I	VIVEK A	SKVC-TCR	115	156	271
	II	SHABEER SHAFEEK P P	CHRIST-TCR	80	101	181
	III	-	-	-	-	-
109 KG	I	AMAL N P	SKVC-TCR	118	145	263
	II	ANAND BABU V B	MCC-CLT	85	100	185
	III	MOHAMMED SHAMIL	MCC-CLT	70	100	170
+109 KG	I	VYSHANV K	CHAKKITTAPPARA	125	145	270
	II	SHAJOHN SUMESH	ST THOMAS-TCR	106	131	237
	III	ARAVIND V S	CHRIST-TCR	81	103	184

Convener

# TEAM CHAMPIONSHIP

- I. SREE KERALA VARMA COLLEGE THRISSUR
- II. CHRIST COLLEGE IRINJALAKUDA
- III. EMEA COLLEGE KONDOTTY
- IV. ST THOMAS COLLEGE THRISSUR

## LIST OF PARTICIPATING STUDENTS

UNIVERSITY OF CALICUT  
DEPARTMENT OF PHYSICAL EDUCATION



ELIGIBILITY PROFORMA FOR INTER-COLLEGIATE TOURNAMENTS 2023-24

Name of the Tournament...WEIGHT LIFTING.....P.Y.C. CAMP/FIRST STAGE/SECOND STAGE/UNIVERSITY TEAM SELECTION  
Name of the Manager.....Dr BINTU T KALYAN.....His/Her status... HOD,ASST PROFESSOR.....Address ...CHRIST COLLEGE, IRINJALAKUDA  
Venue of the Tournament...CHRIST COLLEGE IRINJALAKUDA.....Zone.....INTER.....Name of the Participating College...CHRIST COLLEGE, IRINJALAKUDA

Sl. No.	Name (in block letters)	Father's & Mother's Name (in block letters)	Home Address (in block letters)	Date of birth	Date & Year of passing qualifying examination for first admission to a College/University		Present class	Admission Number	Aadhar Number	Name of the Present Course	Duration of the Course	University Reg. No.	Date & Year of First admission to			Number of Years of Previous Inter-University participation		Remarks
					Name of Exam.	Year							University	Present Course	Present Class	Graduation Course	P.G. Course	
1	ARAVIND V S	SABEESH KUMAR,REMYA	VATTIPARAMBIL, HOUSE KOMBATHUKADAVU P O,686582	29.05.2002	HSE	2020	I MCOM	25696	5443 2497 9135	MCOM	6SEM		2020	2023	2023			
2	DIJITH A	AMERDILEEP SREEJA	THEMEENATTIL,VANIAMMULA M.P.O 679522,PALAKKAD	25.02.2001	HSE	2020	III BCOM	25762	2706 8439 8410	BCOM	6 SEM		2020	2020	2023			N=1
3	WARISH BOGIMAYUM	M D AYUBCHAH SQUIDA BIBI	PHOURBAKCHAD MARHA LEKAL,HOUSE NO 245,MAYANG BAMPAL,IMPHAL,EST,795132	06.02.2003	HSE	2021	III BPED	10725	6120 9739 7775	BPED	4 YRS		2021	2021	2023			
4	M SRIRAM	MADHU G NAIR SINDHU T V	SAGAYATHRI,FATHIRICKAL, PATHIRICKAL PO KOLLAM,689695	30.01.2004	HSE	2022	II BPED	11093	9639 2085 9310	BPED	4 YRS		2022	2022	2023			
5	VISHNU RAJAN	RAJAN REEJA	NADUVILEMOOTIL,THALAYAD PO,KOZHIKODE,673574	14.02.2004	HSE	2022	II BA ECONOMICS	11173	9372 3334 6906	BA	6 SEM		2022	2022	2023			
6	MUHAMMED FARHAN N K	SULAIMAN C MUBEENA C	NEW KANNAMBATIL, CHOKKUPPERINGADPO, KANNUR,673312	06.03.2002	HSE	2019	III BA FUNG ENG	10798	9713 7264 2922	BA	6 SEM		2019	2021	2023			
7	MOHAMED FIRAS P S	SHAJAHAN P A SIBEETHA P B	PUNNILATHI, KODUNGALLUR PO,THRISSUR,686654	13.03.2004	HSE	2023	I BSC HOTEL MANAGEMENT	29236	9763 7479 9726	BSC	6 SEM		2023	2023	2023			
8	THANGIAM ALERTSON SINGH	THANGIAM AMARENDRASINGH THANGIAM BABITA DEVI	HOUSE NO 32,GULARATHAL P.O,IMPHAL EAST,MANIPUR,795115	01.05.2004	HSE	2021	III BA FUNG ENG	10794	2778 7944 6644	BA	6 SEM		2021	2021	2023			
9	SHABEER SHAFEEK .V.P	SAFEEK, SABIKA	VALIYAPURAKKAL, VELIYANGODE PO, MALAPPURAM 679579	22.07.20058	HSE	2023	I BA ENG LIT	30424	4220 8478 0227	BA	6 SEM		2023	2023	2023			

Certified that the above particulars are true as per the College records. Certified that the above players are not employed on full time basis.

DATE:27.11.2023


  
 Asst. Principal in-Charge of Prin  
 Christ College (Autonomous)



## GEO TAGGED PHOTOS

