

PSYCH FEST 2024

Introduction:

The Psych Fest 2024, held on 5th February 2024, by Department of Psychology at Christ College Autonomous irinjalakuda was a significant event organized to explore the intricacies of Developmental Psychology. Under the esteemed patronage of Rev. Fr. Dr. Jolly Andrews CMI, Principal christ college. The fest aimed to delve into various aspects of human development from conception to death, emphasizing the importance of mental health awareness.

Key Participants:

Inaugurated by Rev. Fr. Dr. Jolly Andrews CMI.

Dr. Vivekanandan Tulasi, the Self-Financing Coordinator, graced the occasion.

Ms. Hasmina, the Psych Fest Convener,

Ms. Christina Tony, the Head of the Department, and other faculty members extended their support and guidance.

The event witnessed enthusiastic participation from students across the college.

Theme and Focus:

The central theme of the fest revolved around Developmental Psychology, exploring human growth and behavior from conception through various life stages to death. Stalls were meticulously prepared to illustrate the nuances of human development, with a particular focus on raising awareness about PCOD and mental health issues.

Highlights and Activities:

The fest featured a diverse range of activities, including interactive sessions, and informative stalls.

Stalls were set up to educate attendees about the stages of human development, highlighting the importance of addressing mental health concerns at each phase.

PCOD awareness initiatives aimed to empower attendees with knowledge about women's health issues and promote preventive measures.

Engaging discussions and demonstrations facilitated a deeper understanding of developmental psychology concepts among participants.

Conclusion:

The Psych Fest 2024 concluded successfully at 4 pm, leaving a lasting impact on all participants. The event not only fostered awareness about developmental psychology but also underscored the significance of mental health and PCOD awareness in our society. The collaborative efforts of the organizing committee, faculty members, and students contributed to the resounding success of the fest.

Recommendations:

Encourage sustained efforts to promote mental health awareness initiatives within the college community.

Integrate developmental psychology themes into academic curriculum and extracurricular activities for comprehensive student engagement.

Strengthen collaborations with healthcare professionals and organizations to support PCOD awareness campaigns and women's health initiatives.

The Psych Fest 2024 stands as a testament to the college's commitment to holistic education and social responsibility, aligning with the objectives of NAAC accreditation standards.

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DEPARTMENT OF PSYCHOLOGY

Rev.Fr.Dr. JOLLY ANDREWS CMI
 PRINCIPAL

Rev.Fr.Dr. WILSON THARAYIL CMI
 SELF FINANCING DIRECTOR

Dr. VIVEKANANDHAN. T
 SELF FINANCING CO-ORDINATOR

Ms. CHRISTINA TONY
 HEAD OF THE DEPARTMENT

NPM HASMINA FATHIMA
 PROGRAMME CO-ORDINATOR

5:00 p.m.

THANKS
 for your assistance

ZETEO FESTIVAL
 FEBRUARY 5, 2024

Date: 5 th February 2024
 Time: 9.00 am to 5.30 PM
 Venue: College Auditorium

@psyzeteo

9:00 a.m. _____

EXHIBITION

- Trance room
- Prenatal
- Infancy
- Childhood
- Adolescence
- Archetypes
- Myth Busters
- Dreams
- Stress
- Oldage
- Dance and music therapy

SPONSORS

DUU Travel, Tata, TAXIM

10:00 a.m. _____

face painting

9:00 a.m. _____

PSYCHOMETRIC TESTS

- Rorschach Test
- Bhatia's Test
- Colour Blindness Test
- Finger and Tweezer Test
- Test of Illusion
- Rosenberg's Self-esteem Scale

9:00 a.m. _____

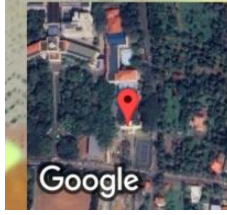
ZETEO's GAME LAND

1. WONDERLANDS COLOR QUEST
2. ALICE'S CURIOUS LABYRINTH
3. LEILANI
4. ENCHANTABLOOM
5. TEA PARTY TUMBLE
6. TWEEDLEDEE AND TWEEDLE DUM
- BROKEN TELEPHONE GOSSIP
8. WONDER LIND COLOUR CLASH
9. WONDERLAND WHIMSYWOOD
10. BASKET OF WONDER
11. WONDERLIND WHISP VOICE
12. INVADING BALLS



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