

# DEPARTMENT OF PHYSICAL EDUCATION

## “TRIATHLON”

### IN CONNECTION WITH NATIONAL SPORTS DAY

Department of Physical Education and Sports Club, Christ College, Irinjalakuda organized an exciting program, *TRIATHLON*, on 22nd August 2023 at 3 PM on the Christ College Athletics Track. This event was conducted as part of the National Sports Day Celebration and witnessed enthusiastic participation from students across various departments of the college.

The *TRIATHLON* comprised three challenging events:

1. 400m Race
2. Shot Put
3. Netball Throw

The competition was intense, and students displayed exceptional athleticism and sportsmanship. After a thrilling contest, the following students emerged as the top performers:

- 1st Position: Akshay Singh with a total of 1800 points
- 2nd Position (Tied): Dhanush and Aswanth with 1700 points each
- 3rd Position: Fathah Khan with 1600 points
- 4th Position: Sona with 1500 points
- 5th Position: Warish with 1400 points

The *TRIATHLON* program not only highlighted the participants' physical prowess but also emphasized the importance of teamwork, resilience, and dedication in sports. The event concluded with a prize distribution ceremony, where the winners were congratulated for their remarkable achievements.

The Department of Physical Education and Sports Club expressed their gratitude to all the participants, faculty members, and organizing committee for making this event a grand success. The *TRIATHLON* served as a fitting tribute to National Sports Day, celebrating the spirit of sports and fostering a culture of fitness and competition among the students of Christ College.

**KHELO INDIA**

**CHRIST COLLEGE (AUTONOMOUS) IRINJALAKUDA**

**FIT INDIA**

**Christ College (Autonomous)  
Irinjalakuda**

**DEPARTMENT OF PHYSICAL EDUCATION**  
in connection with national sports day celebrations

**1ST PRIZE  
1000**

**2ND PRIZE  
700**

**3RD PRIZE  
400**

**4TH PRIZE  
200**

**Triathlon**

**VENUE : ATHLETICS TRACK**

**22.08.2023 3PM**

**TRIATHLON CHAMPIONSHIP 2023-24**  
**IN CONECTION WITH NATIONAL SPORTS DAY 2023**

**SCORE CARD**

SL NO	NAME	CLASS	400 M	SHOTPUT	NETBALL THROW	TOTAL	RANK
1	SONA S	III BSW	900(1.4s)	-	600	1500	IV
2	FATHAH KHAN	III BSW	800(1.2s)	-	800	1600	III
3	GEORGE SONY BENNY	III BA ECONOMICS	-	-	-	-	
4	ANUGRAHA C	I BA MALA	900(1.4s)	-	-	900	
5	AKSHAY SINGH S	II BA ENG LIT	600(1.8s)	600(10m)	600	1800	I
6	DHANUSH S SASIDHARAN	II BA ECONOMICS(S)	900(56s)	800(12m)	-	1700	II
7	ASWANTH VIJAY	II BA ECONOMICS(S)	1000(53s)	-	700	1700	II
8	PRANAV K R	BLISC	-	-	600	600	
9	ABIN KRISHNA K	II BA ECONOMICS	600(1.11s)	-	-	600	
10	ANSIF	II BSC GEO	800(59s)	-	-	800	
11	ASWIN K A	II BA ECO	700(1.07s)	-	-	700	
12	ANAND K R	I BCOM TAX	1.15s	-	600	600	
13	VYSAK U	I BA ECONOMICS	700(1.3s)	-	700	1400	V
14	AMAL MANOHARAN	I BA FE	-	-	-	-	
15	AMAL P A	II BA ENG & HIS	-	-	-	-	
16	AKASH PAUL	III BA MALA	800(59s)	-	-	800	
17	JOB JOSE	III BBA	800(1.00s)	-	-	800	
18	WARISH	III BPED	700(1.3s)	-	700	1400	V
19	KASINADH	III BPED	700(1.3s)	-	600	1300	VI
20	ANTONY	III BPED	800(59s)	-	-	800	



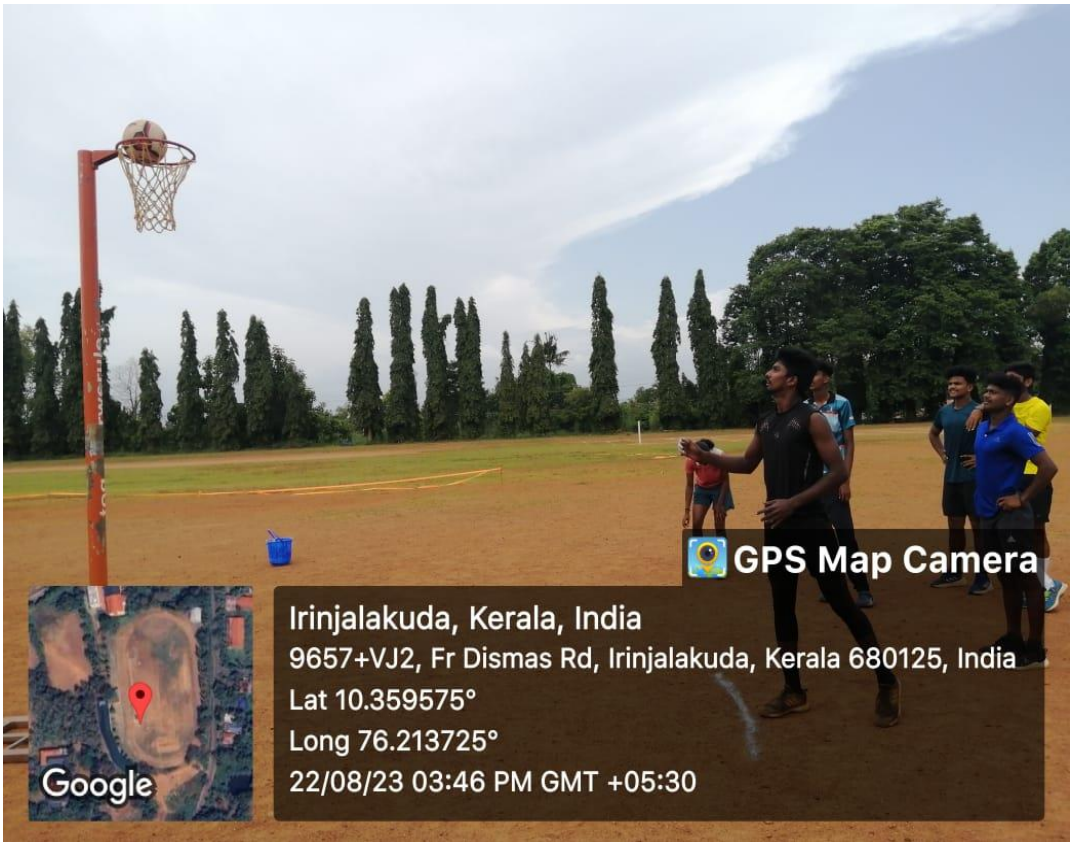




 **GPS Map Camera**



**Irinjalakuda, Kerala, India**  
9657+VJ2, Fr Dismas Rd, Irinjalakuda, Kerala 680125, India  
Lat 10.359977°  
Long 76.213733°  
22/08/23 03:40 PM GMT +05:30



 **GPS Map Camera**



**Irinjalakuda, Kerala, India**  
9657+VJ2, Fr Dismas Rd, Irinjalakuda, Kerala 680125, India  
Lat 10.359575°  
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