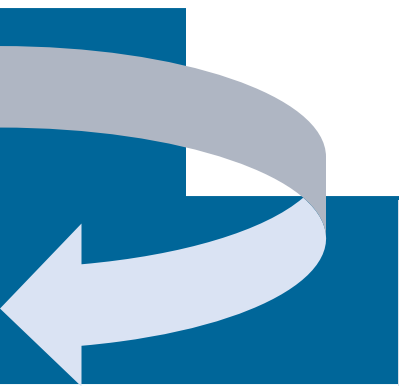




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# Yoga for Humanity





**Organized by** : **Department of BPE**  
**Date** : **21.06.2023**  
**No. of students Participated** : **34**

## REPORT

Yoga is a light that once lit will never dim. The your practice , the brighter your flame. 21<sup>st</sup> June Wednesday 2023 we, the department of BP celebrated international yoga day at Christ college Irinjalakuda at portico on 7.30 AM. first session of the Programme was started with silent prayer. The welcome speech was given by Dr Anil Kumar N (Dean associate professor of BPE). The Programme was inaugurated by Rev.Fr. Dr. Jolly Andrewes CMI (Principle Christ college Irinjalakuda). The Yoga message was given by Rev.Fr. Rev. Joy PT CMI (Manager Christ college Irinjalakkuda). Later mass Yoga day demonstration was conducted. The programme was mainly handled by Anand Santhosh , Aneeta Joy, coordinated by Sidhardh and other fourth year students of BPE also Yoga dance was performed by them by 9.00 AM the came to an end. total 34 students were participated in the session.



# BROCHURE

 **CHRIST**  
COLLEGE (AUTONOMOUS)  
IRINJALAKUDA, KERALA  
Reaccredited by NAAC 'A++' & SAAC 'A+'  
**BPE Department**  
Organises  
One-day seminar  
on  
**Yoga For Humanity**  
:Transforming Lives Through Inner Harmony

**Resource Persons**

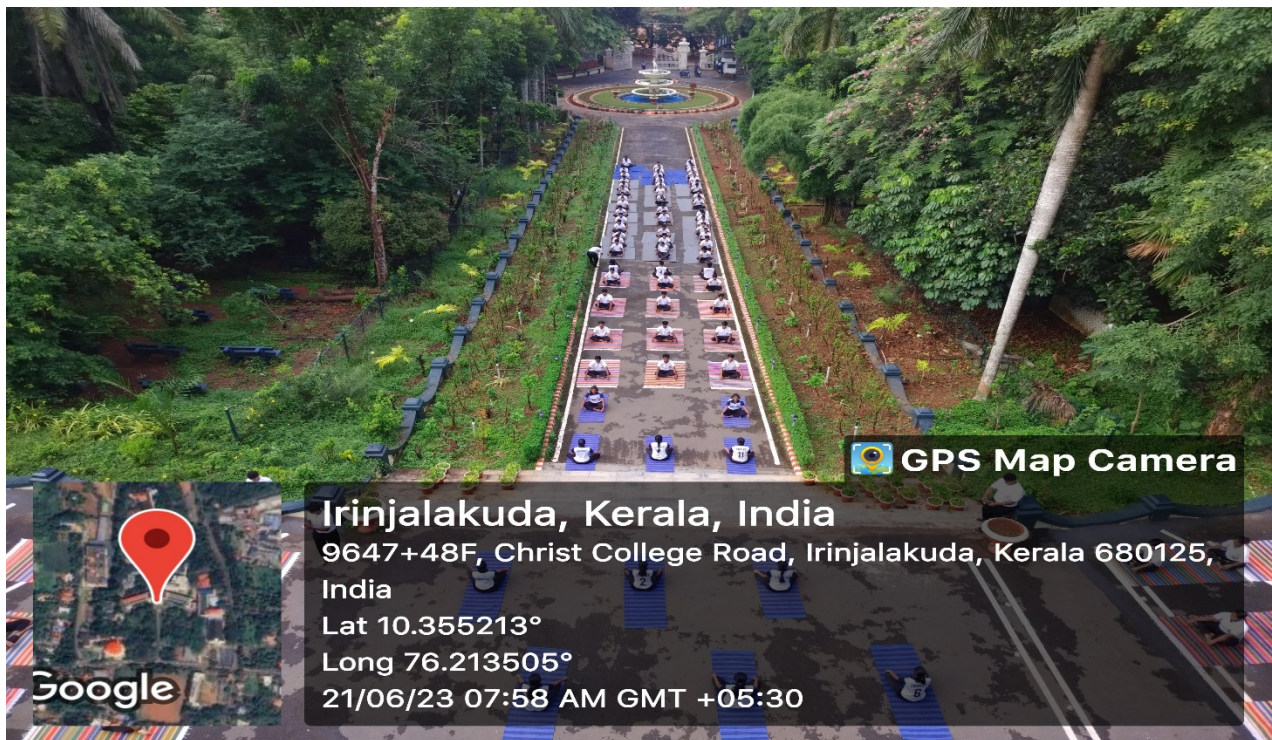
  
Dr. Aravinda B P  
Former Dean,  
Associate Professor HOD (Retd.),  
BPE,  
Christ College Irinjalakuda

  
Dr. Biju Lona K  
Associate Professor  
P M Government College  
Chalakydy  
(Christ College Alumnus)

**21 JUNE 2023**  
Venue: **St. Chavara Hall**  
Time: **10am**



## PHOTOS



## ATTENDANCE



Dept BPE SEMINAR - YOGA FOR HUMANITY Time: 10:00

INTERNATIONAL YOGA DAY - 2023-24

Conducted on June 21st 2023 at St. Charles Seminar Hall 15

Sl No.	Name	CLASS	Sign
1	Meme Neelofas	BPE	[Signature]
2	Maravee Sojas	"	[Signature]
3	Sreedevi C	"	[Signature]
4	Vaishnavi MB	"	[Signature]
5	Kardavika PS	"	[Signature]
6	Salman Fariz-S	"	[Signature]
7	Akhila wol S	"	[Signature]
8	Karunika K	"	[Signature]
9	Thomson Thomas	"	[Signature]
10	Sansan Thomas	"	[Signature]
11	Lishkrudev K.S	"	[Signature]
12	wandhu gepal	"	[Signature]
13	Jefrin Dominic	"	[Signature]
14	Jithin Jayardhanan	"	[Signature]
15	Indrajith p.d	"	[Signature]
16	Abhinav S.S	"	[Signature]
17	mohammed siran Hussain -K.P	"	[Signature]
18	Mamun krishnan R	"	[Signature]
19	NIJINI.M	"	[Signature]
20	Devan P.S	"	[Signature]
21	AYUSH.A	"	[Signature]
22	M. Sairam	"	[Signature]
23	Anwin Biju	"	[Signature]
24	Britto Antony	"	[Signature]
25	Abhinand C.V	"	[Signature]
26	Chriswin C.P	"	[Signature]
27	Hedwin varghese	"	[Signature]
28	Clayidath Amal	"	[Signature]
29	NIFIN FRANCIS	"	[Signature]
30	Sabarinath V.S	"	[Signature]
31	ARNOLD Jee	"	[Signature]
32	Sangamesh V.S	"	[Signature]
33	Abinishan V.V.	"	[Signature]
34	ATHUL K.S	"	[Signature]



Principal

[Signature]

Fr. Dr. Jolly Andrews  
Assistant Professor  
In-charge of Principal  
Christ College (Autonomous)  
Irinjalakuda

