



CRITERION	II	Teaching-Learning and Evaluation
KEY INDICATOR	2.3	Teaching - Learning Process
METRIC	2.3.3	Ratio of students to mentor for academic and other related issues:

Issues Raised and Solved under the Mentor system

Department	Name of the mentor	Issues Discussed	Action Taken/Advice Given
Botany	Sweety M. S.	Assisting students with various adjustments to academic life.	This was reported and problems were identified, and personal counseling was undertaken. Introductory lectures were also about understanding the level of learning.
		Provision of additional notes and study materials as well as copies of previous examination papers.	This issue has been resolved. The students were provided notes and copies of previous examination papers.
		Connecting through online	New technology, like Google Classroom, Google Meet.
		Wanted study tour for more practical knowledge.	This issue was resolved by taking students to different areas related to syllabus
		Assisting students with various adjustments to academic life	This was reported and problems were identified, and personal counselling was undertaken. Introductory lectures were also understanding the level of learning
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		Wanted study tour for more practical knowledge.	This issue was resolved by taking students to different areas and Institutions related to syllabus
BPE	Dr. Anoop Sebastian	Academic pressure	Arranged remedial class
		Social challenges	Promote group activity, public speaking, initiative conversations
		Mental health	Encourage extracurricular activities, promote open communication.
		Resource Access	Provide suitable study material, educational materials, study groups.
BPE	Deepak P C	Academic support	Provide remedial classes for needy ones to better improvement
		Language barrier	To divide them several groups, and provide group activity to overcome the language barrier
		Mental support	Provides communication programe, relaxation technique, goal setting skills to every one
		Resource Access	To provide adequate study material according to their capacity, give make them understand the importance of technology in teaching.



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BPE	Akhil Thomas	Home sickness	Given counseling and made him understand about importance of attendance, how to think out of box etc.	
		Disputes between two students	Warned both of them and tried to find out the root cause of the fight	
		Undiagnosed Psychological problem	The parents were informed about it and was requested to get help as possible as they could	
		Discontinuing of the course	The student actually couldn't continue the course with the condition he had so he took TC	
		Attitude issues	Informed parents and advised and him take some measures for his improvement	
		Difficulties with the physical training	Helped him to understand the concept of learning by doing	
		Learning issues	Special care and classes were given to students with learning difficulties	
		Evaluating the internal exam result	Enlisting students who need remedial classes	
Chemistry(self)	Ms Krishna Priya. K.M	Lack of focus in studies	Personally spoke to mentee and discussed the situation with the concerned parents. Personal conversation with the mentee has refreshed the intellect. Motivation and assistance were provided	
	Dr. Bhagyesh V. B	Bipolar syndrome with peer group	After consulting with the HOD, the parents of the mentee were connected. They requested for the clinical treatment; hence the mentee was sent for counselling.	
Commerce Professional	Sruthy k s	Academics	Give remedial class and extra class	
Commerce Self (Finance)	Revathy Krishnakumar	Family issues	recommended to counseling	
Computer Science	Viji Viswanathan	Slow learning	Given support for improving study	
		Rasmi P M	Mental issues	Given support with counseling
		Vandana T V	Stage fear	Conducted ice breaking session for their improvement
Economics Aided	Ann Mary Cherian	Difficulty with medication adherence (seizure)	Assisted mentee in correctly taking prescribed medicine, and informed their parents about the situation with the help of Counselor at College Counseling center	
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			situation with the help of Counselor at College Counseling center
	<u>Ann Mary Cherian</u>	Depression	Engaged in a supportive conversation with the mentee, providing assistance and emotional support
ENGLISH AND HISTORY	Sagive Varghese	How to inculcate a sense of creativity among the students. How to assist them in college arts festival	Observed the hidden talents in students and helped them to prepare for various arts festivals of college.
		How to prepare students for exams and assessments	Discussed PYQ and question bank.
	Ayna V P	The possibilities of blending online materials in the curricular aspects.	Asked students to enroll for NPTEL courses and submit the certificates (if they are appearing for the examination.)
	Reefa John	Relative progression rate of the students	Analyzed RP data of students and gave attention to the students with lower RP rate
	Roni Francis	Conducted PTA meetings to discuss the study environment of the students	Identified issues faced by students and took appropriate measures to increase their attention span and reading habit.
	Ashna K Asok	Need of remedial class.	Classified the students based on end semester results and provided remedial classes for students with poor academic performance
ENGLISH LITERATURE	Adeela V N	Arrogance and Hyper active with peer group	Heard the version of the peer group and the mentee separately. Asked the mentee to spend some time introspecting on the deeds that he has done to the rest.
	Sruthy Mohan	Lack of focus in studies	Personally spoke to mentee and had a discussion with the concerned parents. Personal talk with the mentee has revived the mind. Motivation and support was given
	Shahana K M	Bipolar syndrome with peer group	Consulting with the HOD, the parents of the mentee was connected. They requested for the clinical treatment, hence the mentee was sent for counselling.
BSC FOOD TECHNOLOGY	Ambily K.M.	Self Esteem	Visualize a success picture and draw in their notebooks
	Binu George	Understanding and managing emotions	Breathing exercises were done in the class
	Sophia Rachel Kurian	Self acceptance	Make an evaluation about the qualities and defects of students
	Anna Maria V.D	Fight against depressive thoughts	Recall a good thing you did in everyday
	Binu George	Positive thinking and attitude	Trust on believe in yourself



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	Sophia Rachel Kurian	Value of Life	Everyday talk to your family members for an hour
HISTORY	Jincy S R	Personal and family issues	I talked with the parents and also advised them to focus more on their studies
		Family issues	I visited the house and interacted with the parents
		Higher studies and job opportunities	Gave suggestions and also provided some references
		Difficulty in language (writing exam in English)	Gave suggestions to improve the English language
Library Science	Sajitha K R	Academic Progress and Performance - Mentees' current academic progress-challenges in specific subjects, and areas for improvement.	Suggested regular study schedules and provided resources for additional learning. Recommended subject-specific remedial sessions and practice exercises.
		Time Management and Study Habits Management techniques and the development of disciplined study habits	Advised mentees to create weekly study plans, prioritize tasks, and avoid last-minute preparations. Recommended time management apps to track progress.
	Nimitha K	Career Guidance and Skill Development Future career options, skills required in the chosen field, and preparation for placements or further studies	Shared resources for skill development in areas like communication, technical skills, and critical thinking. Scheduled career counseling sessions and guided mentees to pursue internships and certifications relevant to their career goals.
		Personal Well-Being and Stress Management Discussion Points: Handling academic stress, maintaining a healthy work-life balance, and managing mental health.	Advised on stress management techniques, including exercise, meditation, and taking short breaks. Provided contacts for counseling services and recommended participating in extracurricular activities to balance academics.
	Gaana G S	Project Work and Research Guidance	Advised on structuring research proposals, identifying reliable sources, and maintaining



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		Guidance on selecting research topics, planning project work, and effective research methods.	timelines for project milestones. Recommended peer review sessions and research workshops.
		<p>Communication and Interpersonal Skills</p> <p>Discussion Points: Improving presentation skills, group collaboration, and effective communication in academic and professional settings.</p>	Encouraged mentees to participate in seminars and group discussions, practice public speaking, and engage in group activities to enhance interpersonal skills
Hotel Management	Pius Joseph	Anxiety	Send for Counseling
	Toybe Joseph	Financial Issues	Consult with Management
	Ajith Mani	Exam Fail	Remedial Coaching
	Jenny Tony	Late Coming	Enquiry with Parents
	Toybe Joseph	Exam Fail	Remedial Class
	Ajith Mani	Grooming	Class given for importance of grooming
	Jenny Tony	Anxiety	Send for Counseling
	Pius Joseph	Financial Issues	Consult with Management
Malayalam	Remya V R	Studying	Give some tips on study
	Sinto Konkoth A.	Personal	Suggested to counseling
Mathematics(Self)	Dr. Joju K T	Uncertainty about professional boundaries	Given necessary advice and make him understand the career opportunities after completing the undergraduate program
		Trouble in understanding complex material	Suggested the mentee to use library to the maximum and to make use of the faculties for clearing doubts.
	Ms. Gifty Thomas	Roommate conflicts	Asked her to remain calm and to have a compromise talk
	Ms. Christina P J	Anxiety and depression	Advised her to attend a counselling session provided by the college
	Ms. Mary Pauly k	family support	Encouraged the mentee to brief the things happened in the college and asked her to spend more time with family



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Physics (Self)	Ms. Anjana Rajan	Peer pressure	Suggested her to create more mingling occasions with the friends and asked her to connect with positive students groups
	Tintumol Sunny	Family issues	<ul style="list-style-type: none"> Encouraged him open communication with family members Suggested to spend quality time with family members.
		Introverted in nature and cannot mingle with classmates	Encourage the mentee to start with small steps, such as joining a study group or engaging in one-on-one conversations with classmates who share similar interests, reminding them that gradual social interactions can build confidence without overwhelming them
		Problems in a love affair	Advise the mentee for open communication with their partner while reminding them to focus on priorities, and academic goals during this time.
		couldn't find a suitable study environment in the hostel	Suggested him explore alternative study locations, such as college library and encourage them to establish a structured study schedule to create a more focused routine in their current environment.
		Attention problem	Discussed the reasons for attention problem and advised for counselling
	Dr. Seena V	Attention problem due to Family issues	The mentor arranged a one-on-one session with the mentee, offering a safe space to discuss any family-related stress impacting their focus. and advised for counseling
		couldn't find a suitable study environment at home	The mentor encouraged the mentee to use the college library as a dedicated study space. They also helped them identify quiet times in the library for better concentration.
		fallen behind in studies	The mentor helped the mentee create a catch-up plan, breaking down missed topics into manageable parts. They also scheduled regular check-ins to keep them motivated and on track.
	Dr. Seena Varghese	Personal issues	Encouraged her to share problems with friends
		Shared issues with friends	Encouraged the students to cooperate with each other in studies and create a friendly atmosphere
		Lack of cooperation among students	Suggested more mingling between friends groups. Discussed the matter with all friends groups
Anjaly	lack of concentration	counseling	
	Simmy	depression	We suggested counseling, started meditation



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	Simmy	sleepless	counseling
Statistics	Jiji. M. B	Family	Counselling
		Internal Exam Mark	Question paper discussion
		Internal Exam Mark	Question paper discussion
		Personal Problems	Counselling
		Personal Problems	Counselling
	Megha C M	Family Problems	Counselling
		Internal Exam Mark	Question paper discussion
		Internal Exam Mark	Question paper discussion
		Personal Problems	Counselling
		Internal Exam Mark	Remedial Coaching



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