

## Motivational Talks

Motivational talks play a crucial role in supporting the learning journey of slow learners. These individuals often encounter challenges in understanding concepts or staying focused and benefit greatly from an extra dose of encouragement to realize their potential. A thoughtfully organized motivational talk can act as a powerful catalyst, inspiring them to build self-confidence, recognize their unique strengths, and overcome obstacles with determination. By fostering a supportive and empowering environment, these sessions can help slow learners reframe their perspective on challenges and approach their studies with renewed enthusiasm. Recognizing this, several departments have proactively organized motivational talks, significantly enhancing the learning experiences and outcomes for these students.

## B.Voc FOOD PROCESSING TECHNOLOGY

### Motivational Talk by Alumina

#### Objectives:

1. To inspire students by showcasing the success stories of former students in the field of food technology.
2. To provide practical advice and guidance for personal and professional growth in the food technology industry.
3. To strengthen the connection between current students and alumni.
4. To foster a culture of motivation, perseverance, and excellence among students.

On 16/11/23, the Department of B.Voc Food Processing Technology had the privilege of hosting a motivational talk by two distinguished alumnae, Ms. Krishna Priya and Ms. Jisha. Both individuals are currently pursuing their MSc in Food Technology at Calicut University, and they graciously shared their experiences and insights to inspire and motivate the current student body.



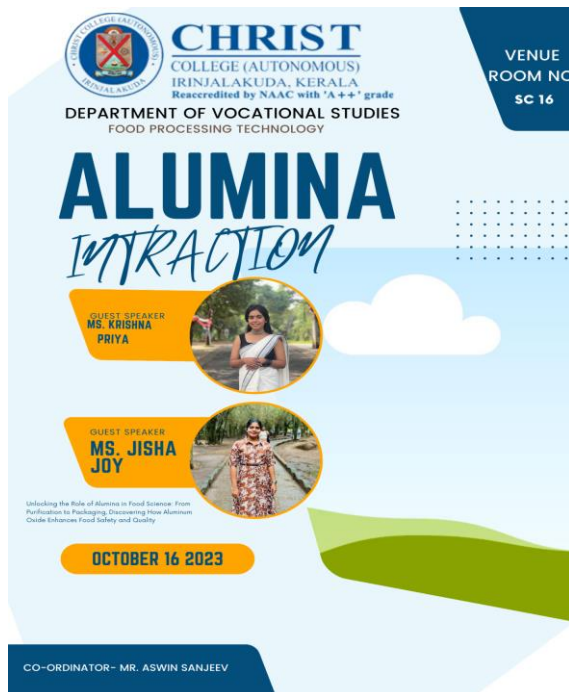
## Interactive Session

The talk concluded with an interactive session, where students had the opportunity to ask questions and seek further advice from the speakers. Ms. Krishna Priya and Ms. Jisha responded enthusiastically, providing personalized guidance and insights to address the students' queries and concerns.



The motivational talk by Ms. Krishna Priya and Ms. Jisha served as a source of inspiration and encouragement for students of B.Voc Food Processing Technology. Their stories of perseverance, determination, and success resonated with the audience, instilling a sense of motivation and aspiration among students. The event also strengthened the bond between current students and alumni, fostering a supportive community within the Department of Food Technology. We extend our heartfelt gratitude to Ms. Krishna Priya and Ms. Jisha for their invaluable contribution to the academic and professional development of our students.

## Brochure



## DEPARTMENT OF BPE

### A SESSION WITH MR. JOBY MICHAEL

On the 19th of September, the 3rd year BPE students had an interactive session with the Fitness & Wellness Trainer, Mr. Joby Michael, who is an alumnus of Christ college. The session took place in 3rd year's class. Dr. N. Anil Kumar, the Dean of Faculty & Student Affairs, gave a brief introduction about Mr. Joby. Mr. Joby spoke about his perspective on Physical Education. He also spoke about

his daily routine during the COVID scenario. Students were inspired & motivated when they heard about the free sessions he takes for people in his native place. They were astounded when they learnt that he is a person in his early 50's, who weighs 55kg. During the COVID days, he started a Youtube channel, where he shares knowledge regarding fitness & wellness training. Students were glad to have received this opportunity. They were inspired by his words. They asked several questions regarding his training methods. They are looking forward to many more interactive sessions.



## A SESSION WITH Dr. HASAN M A

The talk started at 2:00 pm on 15th January 2024. It was Dr. HASAN M A professor of Annamalai university Tamilnadu who addressed the students. He shared his expertise knowledge on career advancements in physical education and points to focus for getting placed in universities and colleges outside Kerala and the academic qualifications associated with it.



## A SESSION WITH Dr. BINTU T. KALYAN

On 16th of January Dr. Bintu T. Kalyan addressed the students regarding the current scope and demands in the field of physical education and sports and the job opportunities related to it. He cleared the doubts of students and cleared many confusions of the students.



## A SESSION WITH Dr.BIJU LONA

On January 22nd 2024, Dr.Biju Lona gave a speech and yoga & wellness and the significance of it in the contemporary world. He made the students aware of the advantages of taking yoga as a profession and the necessary qualifications and institutions providing such academic degrees.



## A SESSION WITH DR. DHINU M.R.

On 7Th of February, Dr. Dhinu M.R. visited the department for a student interaction for the new opportunities of this course and how can students get the most benefits from it. He gave a proper idea about how to think professionally and what it takes to become a quality physical educationist.



## DEPARTMENT OF COMPUTER SCIENCE

### FINAL YEAR B.Sc. COMPUTER SCIENCE & BCA (2021 ADMISSION)

Department of Computer Science organized a motivational talks to Final year B.Sc Computer Science & BCA students by the Alumina of the department who were placed in reputed firms on 21/07/2023 at 1.00pm at Room No:37 near the department. Alumni speakers can share insights into their career paths, experiences in the workforce, and the steps they took to achieve success. By offering real-world perspectives and practical advice, they help students gain a better understanding of different career options, industries, and professional opportunities. Alumni who have achieved success in their fields can serve as inspirational role models for current students.

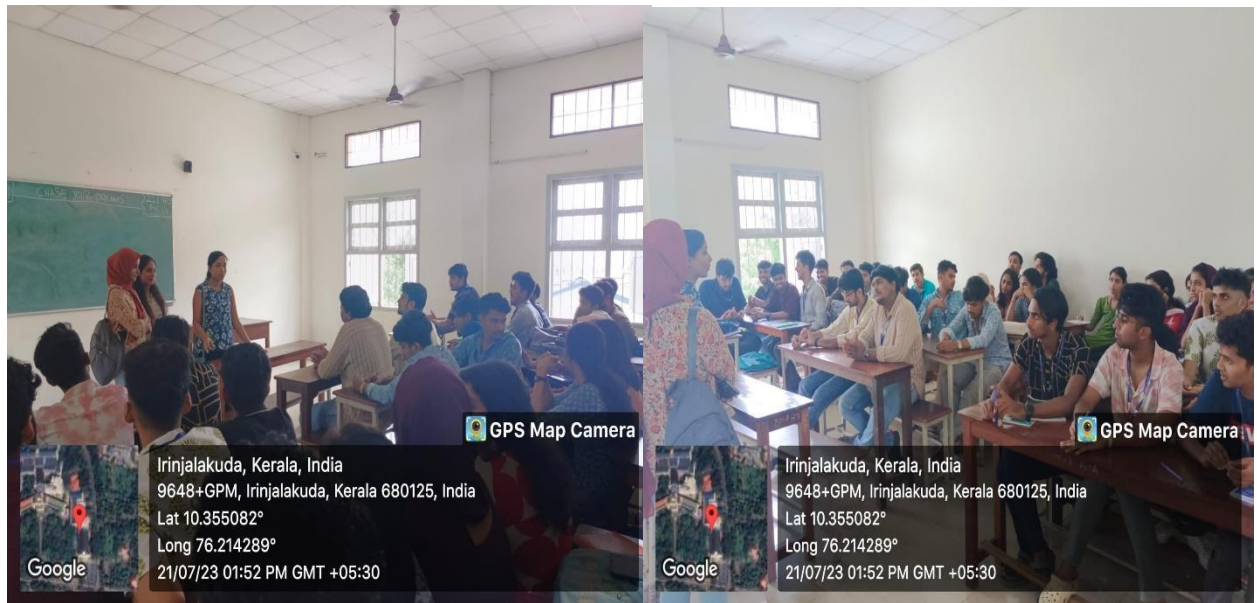
#### OBJECTIVES

- Inspiration and Encouragement
- Career Exploration and Guidance
- Personal Growth and Leadership
- Building Resilience and Overcoming Challenges

#### BROCHURE



## PHOTOS:



## OUTCOME

- Increased Confidence
- Positive Mindset
- Goal Setting and Action Planning
- Enhanced Motivation and Drive
- Increased Resilience

## B) FIRST YEAR BCA 2023 ADMISSION

Department of Computer Science organized a motivational talks to First year BCA students by the Alumina of the department who were placed in reputed firms on 30/06/2023 .Alumni speakers can share insights into their career paths, experiences in the workforce, and the steps they took to achieve success. By offering real-world perspectives and practical advice, they help students gain a better understanding of different career options, industries, and professional opportunities. Alumni who have achieved success in their fields can serve as inspirational role models for current students. The objective of the alumni talk was to provide BCA students with insights into the professional journey and experiences of esteemed graduates of our program. The talk aimed to inspire students, offer career guidance, and foster connections between current students and alumni.

## OBJECTIVES:



- **Inspiration and Encouragement**
- **Career Exploration and Guidance**
- **Personal Growth and Leadership**
- **Building Resilience and Overcoming Challenges**

**BROCHURE:**



**PHOTOS:**



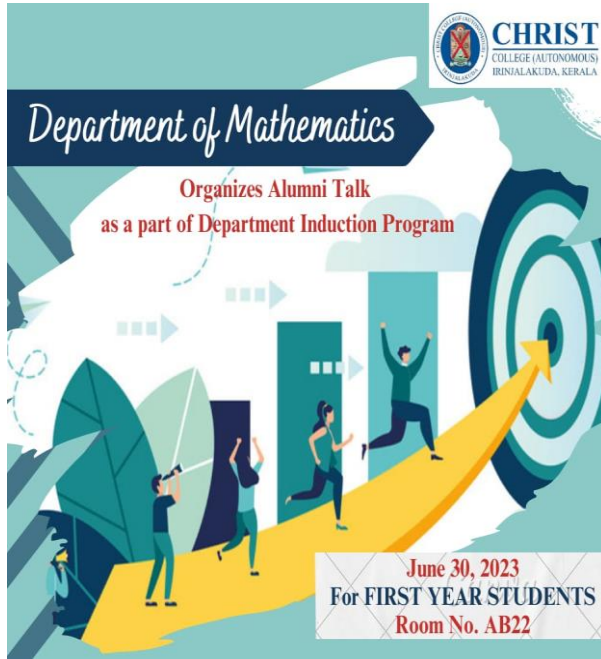
## OUTCOME:

- Gain insights into the professional journey of a BCA alumni.
- Understand the relevance of their education in real-world settings.
- Learn about industry trends and technologies.
- Receive career guidance and advice from an experienced professional.
- Establish connections with alumni for future mentorship and networking opportunities.

## DEPARTMENT OF MATHEMATICS

As a part of Department wise induction Program Department of Mathematics (Aided and Unaided) organized an Alumni talk for first year students on 30<sup>th</sup> June 2023. The session was held from 10:30 am to 12:00pm. Dr. Seena V , Head Department of Mathematics introduced our alumni to the students. Miss Cerine Maria placed at Accenture and Miss Devi Kishore placed at wipro were the speakers, who graduated in the year 2022-23. The session was highly motivating for the students.

## Brochure:



Photos:

