

**23BP25**

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Name: .....

Reg. No: .....

**SECOND YEAR B.P.Ed. (INTEGRATED) DEGREE EXAMINATION, APRIL 2025**

(Regular/Supplementary/Improvement)

**CC15U BPE2 T10 / CC19U BPE2 T10 – FIRST AID AND SAFETY EDUCATION AND LIFE SKILL EDUCATION**

(2015 Admission onwards)

Time: Three Hours

Maximum: 75 Marks

**Part A**

Answer any *three* questions.

1. Elaborate the importance of safety education in the field of Physical Education and sports.

**(1 × 15 = 15 Marks)**

2. A. Choose the correct Answer:

- (i) What is 'ABC' in first aid?

- (a) Airway, breathing, circulation.
- (b) Accident, blood, circumstances.
- (c) Airway, bravery, control.
- (d) Accident, breathing, circumstances.

- (ii) The breakage of skin is -----.

- (a) Burn.
- (b) Shock.
- (c) Wounds.
- (d) Stroke.

- (iii) Fracture where a part of broken bone enters another bone is called:

- (a) Simple fracture.
- (b) Compound fracture.
- (c) Impacted fracture.
- (d) Green stick fracture.

- (iv) Which of the following is a common cause of home fires?

- (a) Excessive use of air fresheners.
- (b) Overloading electrical outlets.
- (c) Leaving windows open during cooking.
- (d) Storing cleaning products in the bathroom.

(v) Process of primary socialization begins from -----.

- (a) Infancy
- (b) Childhood
- (c) Adolescence
- (d) Adulthood

(5 × 1 = 5 Marks)

B. State whether the following statements are True or False:

- (i) A minor open wound should be washed thoroughly with soap and water.
- (ii) Cover the dressing completely when applying bandages.
- (iii) In case of severe head trauma, it is important to stop any bleeding.
- (iv) Foreign objects can cause choking if they get caught in your throat & block your airway.
- (v) The purpose of education is to pass on the culture and values of society to the younger generation.

(5 × 1 = 5 Marks)

C. Match the following:

- |                |   |                   |
|----------------|---|-------------------|
| (a) Broken Arm | - | (1) Cyclone       |
| (b) Laceration | - | (2) Cold Compress |
| (c) Yoga Nidra | - | (3) Arm sling     |
| (d) Biparjoy   | - | (4) Deep Cut      |
| (e) Swelling   | - | (5) Vajrasana     |
|                | - | (6) Relaxation    |

(5 × 1 = 5 Marks)

3. Discuss Briefly:

- (a) Ethics of first aid
- (b) Sports and socialization
- (c) Traffic safety

(3 × 5 = 15 Marks)

4. Write notes about the following:

- (a) Strain and Sprain
- (b) Safety at school
- (c) Tsunami

(3 × 5 = 15 Marks)

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5. Explain briefly:

- (a) Values in Sports.
- (b) Bandaging Techniques.
- (c) General procedure for First Aid.

(3 × 5 = 15 Marks)

### Part B

Answer any *one* question.

6. Discuss in detail about the substance abuse among youth and the preventive measures and remedies for them.

(1 × 15 = 15 Marks)

7. Write about the first aid procedures for:

- (a) Burns and Scalds.
- (b) Snakebite and Heat stroke.
- (c) Contusion and Abrasion.

(3 × 5 = 15 Marks)

### Part C

Answer any *five* questions.

8. Wound types and its management.

9. First aid for fracture.

10. Earthquakes.

11. Types of meditation.

12. PRICE

13. First Aid Kit.

14. Fracture and Dislocation.

15. Safety at home.

(5 × 3 = 15 Marks)

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