

**21BP46**

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Name: .....

Reg. No: .....

**FOURTH YEAR B.P.Ed. (INTEGRATED) DEGREE EXAMINATIONS, APRIL 2024**

(Regular/Supplementary/Improvement)

**CC15U BPRESS4 T31 / CC19U BPRESS4 T31 – VOLLEYBALL**

(Specialization Course)

(2015 Admission onwards)

Time: Three Hours

Maximum: 75 Marks

I. Answer any **one** of the following:

1. Explain different zones and areas of the volleyball playing arena with the help of labelled diagram.

Or

2. Discuss the step-by-step process of teaching the straight arm smash to beginners.

**(1 × 15 = 15 Marks)**

II. Write short notes on:

3. Characteristics and restrictions of attack hit.
4. Regular game interruptions.
5. FIVB

**(3 × 5 = 15 Marks)**

III. Explain the following:

6. Teaching stages for volley pass.
7. Re-designation of a new libero.
8. Responsibilities of Line Judges.

**(3 × 5 = 15 Marks)**

IV. Fill in the blanks:

9. The service is the act putting the ball into play by the ..... player.
10. All actions which direct the ball towards the opponent is .....
11. All intervals between sets last ..... minutes.
12. The number of substitutions in each set of a team is restricted to .....
13. .... is the first person from Kerala to win the Arjuna Award in Volleyball.

**(5 × 1 = 5 Marks)**

V. State true or false:

14. Request for one- or two-time outs within the same interruption are legal.
15. A team member who is sanctioned by expulsion shall not participate for the rest of match.

16. If the server makes a fault at the moment of service hit and the opponent is out of position, the positional fault is sanctioned.
17. During the set intervals, players may warm-up using balls within their own free zone.
18. A back-row player can participate in a completed block.

**(5 × 1 = 5 Marks)**

VI. Write answer in one word:

19. A player take support from a teammate or any structure in order to hit the ball within the playing area is called.
20. The sequence of playing actions which results in the award of a point is called?
21. If an injured/ill player cannot be substituted legally or exceptionally, what is the duration of time given to that player to recover?
22. A player hit the ball in succession or the ball contacts various parts of his body in succession is called.
23. In which year volleyball was invented?
24. Which team that won men's volleyball gold at the Tokyo Olympics 2021?
25. The year India won its first medal in volleyball at the Asian Games?
26. In which year volleyball was introduced to the Summer Olympics?
27. Who controls the work of the scorer?
28. Head Quarters of FIVB.

**(10 × 1 = 10 Marks)**

VII. Match the following:

- |                      |   |             |
|----------------------|---|-------------|
| 29. VFI              | - | 5 cm        |
| 30. FIVB             | - | 1998        |
| 31. Libero           | - | 3X3 meter   |
| 32. Antennae         | - | 1996        |
| 33. Height of net    | - | 2.55 meter. |
| 34. Height of post   | - | 9 meter     |
| 35. Side bands       | - | 1951        |
| 36. Warm up area     | - | 1947        |
| 37. Service zone     | - | 1.80 meter  |
| 38. Beach volleyball | - | 2.43 meter  |

**(10 × 1 = 10 Marks)**

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