

THIRD SEMESTER M.Sc. DEGREE EXAMINATION, NOVEMBER 2025

(CBCSS - PG)

(Regular/Supplementary/Improvement)

CC22PCPY3C09 - PSYCHOTHERAPEUTICS - I

(Clinical Psychology)

(2022 Admission onwards)

Time : 3 Hours

Maximum : 30 Weightage

Part-AAnswer any ***four*** questions. Each question carries 2 weightage.

1. Describe the types of psychotherapy.
2. Explain the significance of middle phase in psychotherapy.
3. Find the basic ingredients of psychotherapy.
4. Explain different pre-requisites needed for client in psychoanalytic psychotherapy.
5. Explain existential therapy.
6. Describe marital therapy and its different techniques.
7. Explain dialectical behavioral therapy.

(4 × 2 = 8 Weightage)**Part-B**Answer any ***four*** questions. Each question carries 3 weightage.

8. Explain essential process of psychotherapy.
9. Describe transference and counter transference and explain different types of transference.
10. Illustrate the importance of working through and resolution of transference in psychoanalytics.
11. Explain humanistic therapy.
12. Discuss family therapy and its applications.
13. Discuss crisis intervention therapy.
14. Define interpersonal therapy.

(4 × 3 = 12 Weightage)**Part-C**Answer any ***two*** questions. Each question carries 5 weightage.

15. Describe confidentiality and informed consent in psychotherapy. Discuss other major ethical issues.

16. Compare and contrast brief dynamic therapies with conventional psychoanalytic therapy.
17. Explain client centered therapy and gestalt therapy.
18. Discuss logo therapy and gestalt therapy.

(2 × 5 = 10 Weightage)
