

**24U3116**

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Name : .....

Reg. No : .....

**THIRD SEMESTER UG DEGREE EXAMINATION, NOVEMBER 2025**

(FYUGP)

**CC24UBSW3MN202 - BASIC COUNSELLING SKILLS FOR SOCIAL WORK PRACTICE**

(B.S.W. - Minor Course)

(2024 Admission - Regular)

Time: 2.0 Hours

Maximum: 70 Marks

Credit: 4

**Part A** (Short answer questions)

Answer *all* questions. Each question carries 3 marks.

1. Explain Counselling. [Level:2] [CO1]
2. Explain empathetic understanding. [Level:2] [CO2]
3. Define termination in counselling. [Level:2] [CO2]
4. Explain Summary Recording. [Level:2] [CO2]
5. Define emotional support in counselling. [Level:2] [CO3]
6. Explain Resilience. [Level:2] [CO4]
7. What is open ended questions? [Level:2] [CO3]
8. Explain classical conditioning. [Level:2] [CO4]
9. Give examples for preventive counselling. [Level:2] [CO1]
10. Which are the personal qualities of an effective counsellor? [Level:2] [CO3]

**(Ceiling: 24 Marks)**

**Part B** (Paragraph questions/Problem)

Answer *all* questions. Each question carries 6 marks.

11. Explain the importance of action phase in counselling process. [Level:2] [CO2]
12. Prepare short note on Non - maleficence and Beneficence in counselling. [Level:2] [CO1]
13. Explain the significance of counselling setting in the effectiveness of counselling session. [Level:2] [CO1]
14. Explain the importance of taking case history and interview in counselling process. [Level:2] [CO2]

15. Explain the structure of personality discussed in psychoanalytic theory. [Level:2] [CO4]
16. Discuss how accrediting and building confidence helps in enhancing self-worth of the counsellee. [Level:2] [CO3]
17. Discuss the importance of observation skills in assessing client behaviour. [Level:2] [CO3]
18. Discuss basic assumptions of person centred approach. [Level:2] [CO4]
- (Ceiling: 36 Marks)**

**Part C (Essay questions)**

Answer any *one* question. The question carries 10 marks.

19. With examples, discuss how paraphrasing and summarizing contribute to building rapport, clarity, and understanding in counselling practice. [Level:2] [CO3]
20. Explain the techniques in cognitive therapy. [Level:2] [CO4]
- (1 × 10 = 10 Marks)**

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