

24BP25

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Name:

Reg. No:

SECOND YEAR B.P.E. DEGREE EXAMINATION, APRIL 2026

(Regular/Supplementary/Improvement)

**CC15UBPE2T10 / CC19UBPE2T10 - FIRST AID AND SAFETY EDUCATION AND
LIFE SKILL EDUCATION**

(2015 Admission onwards)

Time: Three Hours

Maximum: 75 Marks

PART A

Answer any **one** question. The question carries 15 marks.

1. Define First Aid. Explain its purposes, principles, ethics, and general procedure in detail.
2. Explain the types of wounds and fractures. Discuss their causes and first aid management with suitable examples.

(1 × 15 = 15 Marks)

PART B

Answer **all** questions. Each question carries 5 marks.

3. Explain the contents and importance of a First Aid Kit.
4. Describe the first aid management of burns and scalds.
5. Explain the objectives and importance of Safety Education.

(3 × 5 = 15 Marks)

PART C

Answer **all** questions. Each question carries 5 marks.

6. Describe bandaging techniques and their importance in first aid.
7. Explain traffic safety and safety measures to be followed by pedestrians and drivers.
8. Explain the role of physical activity and sports in emotional adjustment and wellbeing.

(3 × 5 = 15 Marks)

PART D

Answer **all** questions. Each question carries 1 mark.

Fill in the blanks:

9. Immediate and temporary care given to an injured person is called _____.
10. A break or crack in a bone is known as _____.
11. Artificial respiration and chest compression together are called _____.
12. Safety education aims at preventing _____ and _____.
13. The emergency procedure for choking is known as _____.

(5 × 1 = 5 Marks)

PART E

Answer **all** questions. Each question carries 1 mark.

14. Snake bite is a medical emergency.
15. Fractures should always be moved immediately without support.
16. Traffic rules help in reducing road accidents.
17. Yoga helps in mental relaxation and stress reduction.
18. Substance abuse improves sports performance.

(5 × 1 = 5 Marks)

PART F

Answer **all** questions. Each question carries 1 mark.

Write the answer in one word:

19. Injury caused by overstretching of ligaments.
20. Loss of consciousness due to lack of oxygen.
21. Protective device used in fractures.
22. Sudden rise in body temperature due to heat.
23. Emergency care for heart stoppage.
24. Safety measure used while swimming.
25. Practice for calming the mind.
26. Condition caused by excessive loss of blood leading to circulatory failure.
27. Natural disaster caused by seismic activity.
28. Value developed through fair play in sports.

(10 × 1 = 10 Marks)

PART G

Answer **all** questions. Each question carries 1 mark.

Match the following:

- | | | |
|------------------------|---|---------------------------|
| 29. Fracture | - | a. Heimlich manoeuvre |
| 30. CPR | - | b. Earthquake |
| 31. Choking | - | c. First Aid Kit |
| 32. Cyclone | - | d. Artificial respiration |
| 33. Burns | - | e. Splint |
| 34. Poisoning | - | f. Heat injury |
| 35. Bandage | - | g. Chemical substances |
| 36. Disaster readiness | - | h. Support |
| 37. Heat stroke | - | i. Emergency plan |
| 38. Safety education | - | j. Accident prevention |

(10 × 1 = 10 Marks)
