

22BP46

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Name:

Reg. No:

FOURTH YEAR B.P.E. (INTEGRATED) DEGREE EXAMINATIONS, APRIL 2026

(Regular/Supplementary/Improvement)

CC15UBPESS4T31 / CC19UBPESS4T31 – VOLLEYBALL

(Specialization Course)

(2015 Admission onwards)

Time: Three Hours

Maximum: 75 Marks

Part A

Answer any **one** question. The question carries 15 marks.

1. Briefly explain the history of Volleyball at world.
2. Draw a neat diagram of Volleyball court with all its measurements and label all zones and areas including the positions of referees.

(1 × 15 = 15 Marks)

Part B

Answer **all** questions. Each question carries 5 marks.

Explain the following:

3. Rotational fault.
4. Sanction scales.
5. Redesignation of a new libero.

(3 × 5 = 15 Marks)

Part C

Answer **all** questions. Each question carries 5 marks.

Explain the following:

6. Teaching stages of Volley pass.
7. Explain 2-0-4 defensive system.
8. Exceptional substitution.

(3 × 5 = 15 Marks)

Part D

Answer **all** questions. Each question carries 1 mark.

Fill in the blanks:

9. Volleyball was formally included _____ in Olympic games.
10. Each team may hit the ball a maximum of _____ times.
11. _____ a hand above the net is only permitted while blocking an attack or spiking the ball.
12. The first men's world championship was held in _____
13. The teams always rotate in _____

(5 × 1 = 5 Marks)

Part E

Answer **all** questions. Each question carries 1 mark.

State True or False:

14. Returning a serve with your head is legal.
15. The back-row player can attack the ball from anywhere on the court.
16. A team can substitute an unlimited number of times per set.
17. A player must serve the ball within eight seconds after the referee blows the whistle.
18. The antenna is considered out of bounds if the ball touches it.

(5 × 1 = 5 Marks)

Part F

Answer **all** questions. Each question carries 1 mark.

Answer in one word:

19. Which city is the headquarters of the FIVB located in?
20. What is the maximum height of the net for men and women in Volleyball?
21. Who is the first Volleyball player to receive the Arjuna award?
22. Which country is hosting the FIVB championship in 2025?
23. What is the circumference of Volleyball?
24. What are the regular game interruptions in Volleyball?
25. What is rally in Volleyball?
26. What is ball retrieval system?
27. What is assisted hit?
28. What is collective block?

(10 × 1 = 10 Marks)

Part G

Answer **all** questions. Each question carries 1 mark.

Match the following:

- | | | |
|------------------------|---|----------------|
| 29. Substitutions | - | 9m |
| 30. Free playing space | - | Under arm pass |
| 31. Volleyball | - | 6 |
| 32. Time out | - | Right back |
| 33. Forceful attack | - | 12.5 m |
| 34. Server | - | 260-280gm |
| 35. Post | - | 30 seconds |
| 36. Length of the net | - | Spike |
| 37. Bump | - | 2.55 m |
| 38. Service Zone | - | 9.50-10m |

(10 × 1 = 10 Marks)
