

22BP44

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Name:.....

Reg. No.....

FOURTH YEAR B.P.E. (INTEGRATED) DEGREE EXAMINATIONS, APRIL 2026

(Regular/Supplementary/Improvement)

CC15UBPE4T20 / CC19UBPE4T20 – ADAPTED PHYSICAL EDUCATION

(2015 Admission onwards)

Time: Three Hours

Maximum: 75 Marks

PART A

Answer any **one** question. The question carries 15 marks.

1. Write an essay on the classification of disabilities and discuss the specific characteristics and functional limitations associated with any one disability.
2. Discuss the importance of adapted physical education programs in rehabilitation, highlighting the distinctions between functional and psychological rehabilitation.

(1 × 15 = 15 Marks)

PART B

Answer **all** questions. Each question carries 5 marks.

Explain the following:

3. Benefits of physical education for students with disabilities.
4. The role and involvement of the Parent Teacher Association (PTA) in adapted programs.
5. The classification of Mental Retardation based on IQ ranges and the educational/trainable categories associated with each range.

(3 × 5 = 15 Marks)

PART C

Answer **all** questions. Each question carries 5 marks.

6. Guiding principles of adapted physical education as per AAHPER.
7. Characteristics of behavioral disorders in school-aged children.
8. The distinctions between Conductive, Sensorineural, and Mixed hearing impairments

(3 × 5 = 15 Marks)

PART D

Answer **all** questions. Each question carries 1 mark.

Fill in the blanks:

9. The international competition held specifically for athletes with various physical disabilities is known as the _____

10. Teams that include both individuals with and without intellectual disabilities participate in _____ sports.
11. The restoration of movement and physical capacity is referred to as _____ rehabilitation.
12. The _____ approach focuses on creating awareness and providing services to the disabled through organized public education.
13. Providing an _____ on facilities and equipment is a necessary step before students with disabilities utilize school resources.

(5 × 1 = 5 Marks)

PART E

Answer **all** questions. Each question carries 1 mark.

State True or False:

14. Mental retardation is classified as a physical disability in disability categorisation.
15. The Special Olympics is primarily designed for individuals with physical disabilities such as limb loss.
16. The legislative approach focuses on the provision of rights through laws, whereas the service approach focuses on the delivery of benefits and aids.
17. Functional rehabilitation focuses on movement and physical capacity, whereas psychological rehabilitation addresses mental and emotional health.
18. Evaluation of aids must be holistic, looking at both the student's needs and the facility environment where the aids are used.

(5 × 1 = 5 Marks)

PART F

Answer **all** questions. Each question carries 1 mark.

Write the answer in one word:

19. What is the term for a sudden display of violent anger or resistance, common in emotional deprivation?
20. Which government body is responsible for regulating the training of rehabilitation professionals in India?
21. What nutrient, if taken by the mother during pregnancy, significantly helps prevent Spina Bifida?
22. Name the neurological condition characterised by recurring seizures due to electrical activity in the brain.
23. What is the medical term for "double vision"?
24. Which major event for disabled athletes has been held at the same venues as the Olympics since 1988?

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25. What is the IQ range for a child classified as "Moderate (Trainable)" mental retardation?
26. Name the specific sensory deficit addressed by the NPPCD program.
27. What is the term for the incomplete formation of the spinal cord that may cause leg paralysis?
28. Which sport for power wheelchair users aims to promote athlete identity and social capital?

(10 × 1 = 10 Marks)

PART G

Answer **all** questions. Each question carries 1 mark.

Match the Following:

- | | | |
|-----------------------|---|---|
| 29. Hydrocephalus | - | a. 1995 |
| 30. Myopia | - | b. Petty Cash |
| 31. PWD Act | - | c. Near-sightedness |
| 32. Imprest system | - | d. Visual field test |
| 33. Cyanotic spell | - | e. Fluid accumulation in the brain |
| 34. DDRS | - | f. Response to anger/frustration |
| 35. Tonometry | - | g. Loss of function below the neck |
| 36. Quadriplegia | - | h. Deendayal Disabled Rehabilitation Scheme |
| 37. Peripheral vision | - | i. Intraocular fluid pressure |
| 38. Autism | - | j. Repetitive/stereotyped movements |

(10 × 1 = 10 Marks)
