

22BP47

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Name:

Reg. No:

FOURTH YEAR B.P.E. (INTEGRATED) DEGREE EXAMINATIONS, APRIL 2026

(Regular/Supplementary/Improvement)

CC15UBPESS4T25 / CC19UBPESS4T25 – FOOTBALL

(Specialization Course)

(2015 Admission onwards)

Time: Three Hours

Maximum: 75 Marks

Part A

Answer any **one** question. The question carries 15 marks.

1. Draw a clear diagram of a penalty area with all markings either in feet or meters, write the names of the lines and areas within. Also describe the law No.14.
2. What is system of play in football? Define development of system of play in to 4-2-4, 4-3-3, 4-4-2, 3-5-2 & 5-3-2 etc.

(1 × 15 = 15 Marks)

Part B

Answer **all** questions. Each question carries 5 marks.

Explain the following:

3. Define tactics of attack and defense in football? Write two examples for both attack and defense tactics?
4. Write the historic development of football in India
5. Explain law no. 11(eleven) in football. State regarding “offside position” and “offside offence”.

(3 × 5 = 15 Marks)

Part C

Answer **all** questions. Each question carries 5 marks.

Explain the following:

6. Explain the concept of Total Football and its impact on modern soccer?
7. Differentiate between General Tactics and Applied Tactics in soccer with suitable examples?
8. How do motor abilities influence a football player's overall performance on the field?

(3 × 5 = 15 Marks)

Part D

Answer **all** questions. Each question carries 1 mark.

Fill in the blanks:

9. A throw-in is awarded when the ball completely crosses the lines.
10. The only player allowed to handle the ball within the penalty area is the
11. The official weight of a FIFA-approved football is between grams and grams.
12. A corner kick is awarded when the ball crosses the goal line after last touching a player.

13. The technique of controlling the ball using the feet, chest, or thighs is called

(5 × 1 = 5 Marks)

Part E

Answer **all** questions. Each question carries 1 mark.

State True or False:

- 14. A penalty kick is awarded if a defender commits a handball inside their own penalty area.
- 15. A red card results in a player being immediately substituted.
- 16. A team must have at least seven players on the field to continue a match.
- 17. The referee has the authority to overrule a decision made by the assistant referee.
- 18. Using width and depth – this is an attacking principle.

(5 × 1 = 5 Marks)

Part F

Answer **all** questions. Each question carries 1 mark.

Answer in one word:

- 19. Where is the headquarters of the Asian Football Confederation (AFC)?
- 20. What is the name of the professional football league in India?
- 21. Who is the current president of FIFA?
- 22. Who is the winner of the Indian Super League (ISL) in the latest season?
- 23. What is the role of a defensive midfielder in football?
- 24. Who was awarded the Golden Boot in the latest FIFA World Cup?
- 25. What is the name of the award given to the best football player in India?
- 26. What is the offside rule in football?
- 27. What is the main objective of high-intensity interval training (HIIT) in football?
- 28. What is the official name of the Indian national football team?

(10 × 1 = 10 Marks)

Part G

Answer **all** questions. Each question carries 1 mark.

Match the following:

- | | | |
|-----------------------|---|---|
| 29. FIFA Headquarters | - | a. Most World Cup titles |
| 30. Yellow Card | - | b. Top football league in India |
| 31. 1930 | - | c. Best footballer award |
| 32. Durand Cup | - | d. Video Assistant Referee |
| 33. Offside Rule | - | e. Famous Hand of God goal |
| 34. ISL | - | f. First World Cup |
| 35. VAR | - | g. Prevents attackers from being ahead of defenders |
| 36. Brazil | - | h. Warning for misconduct |
| 37. Maradona | - | i. Zurich, Switzerland |
| 38. Ballon d'Or | - | j. oldest football tournament in India |

(10 × 1 = 10 Marks)
