

22BP48

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Name:

Reg. No:

FOURTH YEAR B.P.E. (INTEGRATED) DEGREE EXAMINATIONS, APRIL 2026

(Regular/Supplementary/Improvement)

CC15UBPESS4T27 / CC19UBPESS4T27 – HANDBALL

(Specialization Course)

(2015 Admission onwards)

Time: Three Hours

Maximum: 75 Marks

PART A

Answer any **one** question. The question carries 15 marks.

1. Describe the development of Handball in the world.
2. Draw a neat diagram of handball court with all its specifications.

(1 × 15 = 15 Marks)

PART B

Answer **all** questions. Each question carries 5 marks.

3. Specification of Handball sizes for different age groups.
4. 5:1 Defense – its advantages and disadvantages.
5. Briefly explain a lead up game for man to man defense.

(3 × 5 = 15 Marks)

PART C

Answer **all** questions. Each question carries 5 marks.

6. Explain the role to be performed by coach during a match when the team is trailing.
7. International handball tournaments.
8. Basic physical qualities needed for Handball player.

(3 × 5 = 15 Marks)

PART D

Answer **all** questions. Each question carries 1 mark.

Fill in the blanks:

9. A handball team consist of ----- number of players.
10. There are ----- number of officials are required for a handball match.
11. A player can be substituted ----- number of times.
12. The goal keepers' restricted line is ----- cm in length.
13. The width of the goal line is ----- cm.

(5 × 1 = 5 Marks)

PART E

Answer **all** questions. Each question carries 1 mark.

State true or false:

14. There should be a minimum 7 players needed at the start of the match.

15. The Goal keeper is not allowed to dribble the ball inside the 6 meter D circle.
16. If the scores are tied at the end of extra time, a coin toss will decide the winner.
17. If the Goal keeper is given a 2 minute suspension, only the second Goal keeper is allowed to be act as Goal keeper.
18. If a player is allowed to take six steps with one dribble.

(5 × 1 = 5 Marks)

PART F

Answer **all** questions. Each question carries 1 mark.

19. What term denotes the restricted semicircular area in front of the goal?
20. What is the official throw awarded for a clear scoring opportunity illegally prevented?
21. What is the offensive player position responsible for line play and screening called?
22. What disciplinary sanction requires a player to leave the court for two minutes?
23. What system of defense places players along the 6-meter line?
24. What is the rule allowing a player to take a maximum of three steps without dribbling called?
25. What is the pass executed while jumping toward the goal called?
26. What is the official signal given by referees to restart the match after a stoppage called?
27. What is the substitution area located on either side of the center line called?
28. What is the tactical offensive formation using two pivots called?

(10 × 1 = 10 Marks)

PART F

Answer **all** questions. Each question carries 1 mark.

- | | | |
|--------------------------|---|--------------------------|
| 29. Goal Area | - | a) 7 Meter throw |
| 30. Fast Break | - | b) 6-meter line |
| 31. Pivot | - | c) Offensive line player |
| 32. Suspension | - | d) Two-minute penalty |
| 33. Clear Scoring Chance | - | e) Quick counter attack |
| 34. Throw-in | - | f) Sideline restart |
| 35. Jump Shot | - | g) Shooting technique |
| 36. Referee | - | h) 6-0 formation |
| 37. Substitution Area | - | i) Change of players |
| 38. Defense System | - | j) Official |

(10 × 1 = 10 Marks)
