

22BP50

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Name:

Reg. No:

FOURTH YEAR B.P.E. (INTEGRATED) DEGREE EXAMINATIONS, APRIL 2026

(Regular/Supplementary/Improvement)

CC15UBPESS4T28 / CC19UBPESS4T28 – HOCKEY

(Specialization Course)

(2015 Admission onwards)

Time: Three Hours

Maximum: 75 Marks

Part A

Answer any **one** question. The question carries 15 marks.

1. Define system of play. Explain in detail 4-4-2-1 system of play.
2. Explain in detail reasons and procedure for taking penalty corner.

(1 × 15 = 15 Marks)

Part B

Answer any **all** questions. Each question carries 5 marks.

Explain the following:

3. Procedure for taking penalty stroke.
4. What are the duties and Responsibilities of a captain?
5. Duties and power of Officials?

(3 × 5 = 15 Marks)

Part C

Answer any **all** questions. Each question carries 5 marks.

Explain the following:

6. Explain the procedure of taking penalty stroke?
7. Define technique of stopping and its teaching stages?
8. Explain principles of Attack and Defence.

(3 × 5 = 15 Marks)

Part D

Answer any **all** questions. Each question carries 5 marks.

Fill in the blanks:

9. Duration of a hockey match is _____
10. Width of a Hockey stick is _____
11. Width of a goal keeper hand protector is _____
12. Diameter of the Hockey Ball is _____
13. Length of the Hockey stick is _____

(5 × 1 = 5 Marks)

Part E

Answer any **all** questions. Each question carries 5 marks.

State True or False:

14. Goal keeper substitution is different from that of players.
15. Players can change the stick during penalty corner.
16. Umpire can permanently suspend a player for a match.
17. Goalkeeper can play in any position during the match.
18. Players can go out from the field in any direction.

(5 × 1 = 5 Marks)

Part F

Answer any **all** questions. Each question carries 5 marks.

Write answer in one word:

19. What is the Height of the back board of the post?
20. Which is the smallest line in the field?
21. What is the distance between two dotted circles?
22. Write the name of Kerala women Arjuna Awardee in Hockey.
23. What is the duration of intervals in game?
24. What is the diameter of the penalty spot in the Field?
25. Who is known as hockey wizard?
26. Who is known as strong wall of Indian goal post?
27. Duration of an International Hockey Match.
28. What is Height of the flag post?

(10 × 1 = 10 Marks)

Part G

Answer any **all** questions. Each question carries 5 marks.

Match the following:

- | | | |
|-----------------------|---|-----------------------|
| 29. Khel Ratna Award | - | (a) 2 minutes |
| 30. Goal line | - | (b) 1961 |
| 31. Green card | - | (c) 2.14 mts |
| 32. Arjuna Award | - | (d) 300mm |
| 33. Dronacharya Award | - | (e) Rani Rampal |
| 34. Goal post | - | (f) 3.66 mtrs |
| 35. Ball | - | (g) Jude Felix |
| 36. Leg guard | - | (h) 163 grams |
| 37. Yellow card | - | (i) Minimum 5 minutes |
| 38. 22.90 meters | - | (j) 23 meter Area |

(10 × 1 = 10 Marks)
