

25P234

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Name:

Reg.No:

SECOND SEMESTER M.Sc. DEGREE EXAMINATION, APRIL 2026

(CBCSS - PG)

(Regular/Supplementary/Improvement)

CC22PCPY2C08 - COUNSELING PSYCHOLOGY

(Clinical Psychology)

(2022 Admission onwards)

Time : 3 Hours

Maximum : 30 Weightage

Part-A

Answer any *four* questions. Each question carries 2 weightage.

1. Discuss working in a counselling relationship.
2. Explain premature termination in counselling.
3. Explain behavioural counselling.
4. Explain counselling and abuse.
5. Explain the limitations of a group in counselling.
6. Evaluate the importance of yoga relaxation in counselling.
7. Analyse the difficulties faced while evaluating a counselling process.

(4 × 2 = 8 Weightage)

Part-B

Answer any *four* questions. Each question carries 3 weightage.

8. Explain counseling and distinction between counseling and psychotherapy.
9. Explain role play.
10. Explain the techniques used for person centered counselling.
11. Explain the steps involved in marriage, couple and family counselling.
12. Discuss the role of school counselor at various levels.
13. Discuss the role of JPMR and GSPR in promoting mental health.
14. Elaborate bio -feedback relaxation and its applications.

(4 × 3 = 12 Weightage)

Part-C

Answer any **two** questions. Each question carries 5 weightage.

15. Discuss counseling procedure initial procedure and initial counseling interview.
16. Explain detailed about building- working-terminating counseling relationship.
17. Discuss spirituality and counselling and counselling aged populations.
18. Explain gender based counselling in detail.

(2 × 5 = 10 Weightage)
