

25P239

(Pages: 2)

Name:

Reg.No:

SECOND SEMESTER M.S.W. DEGREE EXAMINATION, APRIL 2026

(CBCSS - PG)

(Regular/Supplementary/Improvement)

CC19PSOW2C10 - THEORY AND PRACTICE OF COUNSELLING

(Social Work)

(2019 Admission onwards)

Time : 3 Hours

Maximum : 30 Weightage

Part-A

Answer any *four* questions. Each question carries 2 weightage.

1. Describe need of counselling in the present scenario.
2. Discuss on the characteristics of a counselling relationship.
3. Illustrate physical attending skills.
4. What are Reversal technique and rehearsal exercise involved in Gestalt Therapy.
5. Miracle question and Goal clarification in SFT.
6. Discuss on different types of stressors.
7. Career counselling.

(4 × 2 = 8 Weightage)

Part-B

Answer any *four* questions. Each question carries 3 weightage.

8. Discuss on different types of counselling.
9. Compare and contrast between counselling with Psycho therapy.
10. Communication skill play a key role in your relationship with the client. Comment.
11. Detail on legal aspects of counselling in India.
12. Describe Behaviour therapy.
13. Detail on the different principles of Strength Based approach in counselling.
14. Describe the stage of Family Life cycle.

(4 × 3 = 12 Weightage)

Part-C

Answer any **two** questions. Each question carries 5 weightage.

15. Identify the most significant stage in counselling and discuss on the skills appropriate during that stage
16. Summarise theories with Humanistic approach.
17. Discuss on the goals, principles and techniques of TA.
18. Suppose you are an school counsellor. How do you identify studnets who are in need of counselling and how do you help them?

(2 × 5 = 10 Weightage)
