

24P431

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Name:

Reg.No:

FOURTH SEMESTER M.Sc. DEGREE EXAMINATION, APRIL 2026

(CBCSS - PG)

(Regular/Supplementary/Improvement)

CC22PCPY4C13 - PSYCHOTHERAPEUTICS - II

(Clinical Psychology)

(2022 Admission onwards)

Time : 3 Hours

Maximum : 30 Weightage

Part-A

Answer any *four* questions. Each question carries 2 weightage.

1. Explain briefly about the principles of learning.
2. Discuss about major theories of behaviour modification.
3. Explain about operant procedures of behaviour therapy.
4. Discuss about modelling.
5. Explain different types of meditation.
6. Discuss the cognitive views of psychopathology.
7. Discuss the applications of mindfulness based therapies.

(4 × 2 = 8 Weightage)

Part-B

Answer any *four* questions. Each question carries 3 weightage.

8. Explain about the process and stages of systematic desensitization with example.
9. Describe the procedure of flooding its applications and limitations.
10. Explain different types of aversion therapy techniques.
11. Describe the relaxation techniques, its applications and limitations.
12. Explain the procedure, applications and limitations of JPMR.
13. Analyse the techniques of CBT.
14. Explain REBT and its applications.

(4 × 3 = 12 Weightage)

Part-C

Answer any ***two*** questions. Each question carries 5 weightage.

15. Discuss the basic concepts, process and stages of behaviour therapy
16. Describe about flooding, implosion and response prevention therapies.
17. Explain the process, techniques and applications of social skill training.
18. Explain biofeedback techniques.

(2 × 5 = 10 Weightage)
