

19U560

(Pages: 2)

Name:

Reg.No:

FIFTH SEMESTER B.Sc DEGREE EXAMINATION, NOVEMBER 2021

(CBCSS - UG)

CC19U PSY5 B05 - HEALTH PSYCHOLOGY

(Psychology - Core Course)

(2019 Admission - Regular)

Time : 2.00 Hours

Maximum : 60 Marks

Credit : 3

Part A (Short answer questions)

Answer *all* questions. Each question carries 2 marks.

1. Epidemiology.
2. Biopsychosocial model.
3. Health risk.
4. Behavioral intention.
5. Maintenance.
6. Fight or flight.
7. Psychological appraisal.
8. Personality and coping.
9. Patient education.
10. Continued treatment.
11. Cognitive Behavioural Approach.
12. Management of illness in children.

(Ceiling: 20 Marks)

Part B (Short essay questions - Paragraph)

Answer *all* questions. Each question carries 5 marks.

13. Psychosomatic medicine and psychoanalytic contributions.
14. Changing health habits.
15. Attribution theory.
16. General adaptation syndrome.
17. Quality of life.
18. Medical staff and terminal illness.
19. Individual counseling.

(Ceiling: 30 Marks)

Part C (Essay questions)

Answer any *one* question. The question carries 10 marks.

20. Define stress coping strategies and Stress management programe.
21. Define terminal illness and Stages in adjustment to dying.

(1 × 10 = 10 Marks)
