

19U465S

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Name:

Reg. No:

FOURTH SEMESTER B.S.W. DEGREE EXAMINATION, APRIL 2021

(CUCBCSS-UG)

CC17U PSY3 C06/ CC17U PSY4 C06 - LIFE SPAN DEVELOPMENT & HEALTH

PSYCHOLOGY

(Social Work – Complementary Course)

(2017, 2018 Admissions – Supplementary/Improvement)

Time: Three Hours

Maximum: 80 Marks

Section A

(Choose the correct answer from questions given. All questions carry equal marks)

Part-I

1. Father of development psychology.
a) Sigmund Freud b) William Wundt c) Jean Piaget d) Charles Darwin
2. According to -----“Growth refers to structural and psychological changes”.
a) Elizabeth Hurlock b) Charles Darwin c) Crow and Crow d) None of the above
3. Warner K. Schaie: Acquisition Stage, -----: Sensory motor stage.
a) Sigmund Freud b) Jean Piaget c) Warner K.Schaie d) None of the above
4. The process after childbirth when the mother adjusts both physically and psychologically to the process of childbirth is -----
a) Post Partum period b) Prenatal period c) Postnatal period d) None of the above
5. The reflex action which occurs in response to a sudden action, movement or noise.
a) Sucking b) Grasping c) Moto reflex d) None of the above
6. In cellular clock theory, the human cell can be divided in a maximum number of
a) 85-90 times b) 80-85 times c) 75-80 times d) 70-75times

(6 × ½ = 3 Marks)

Part-II

7. The model that defines disease or illness as a result of exposure to specific pathogen.
a) Bio-psycho social model b) Bio-medical model
c) Health belief model d) Holistic Model
8. General Adaptation Syndrome was propounded in the year -----
a) 1945 b) 1920 c) 1956 d) 1930

9. Who propounded the stages of death and dying?
 a) Naima Khatoon b) Elizabeth Kubler Rose
 c) Taylor E. S d) Frits pearls
10. Trans –theoretical model was propounded by.
 a) Jane Ogden b) Prochaska and Diclementa
 c) Walter Canon d) Carl Rogers
11. Tend & befriend theoretical model.
 a) Walter Cannon b) Dr. Shelley E Taylor
 c) Carl Rogers d) Albert Alex
12. The book “Health Psychology” is written by.
 a) Taylor E S b) Murray M c) Sachdeva D R d) Trecker B
 (6 × ½ = 3 Marks)

Section B

(Write very short answers for the following. Answer any *five* from each part)

Part-I

13. Fetal period.
 14. Teratogen.
 15. Preoperational stage.
 16. Trust v/s mistrust.
 17. Grief.
 18. Perinatal diagnostic tests.
 (5 × 2 = 10 Marks)

Part-II

19. Health.
 20. Health psychology.
 21. Health and health behavior.
 22. Tend-befriend.
 23. Stress and stressors.
 24. Health belief model.
 (5 × 2 = 10 Marks)

Section-C

(Write short essay on the following questions. Answer any *three* from each part)

Part-I

25. Explain Erik Erikson’s theory of development development.
 26. Define the perceptual development in infancy.
 27. Explain the process of socialization from infancy to middle adulthood.
 28. Define the psychological issues of facing death and loss.
 (3 × 5 = 15 Marks)

Part-II

29. Differentiate biomedical model and bio-psychosocial model.
 30. Elaborate stress management programmes.
 31. Define Health Behaviours. Critically explain non-traditional treatment.
 32. Write a note on trans-theoretical model and protection motivation theory.
 (3 × 5 = 15 Marks)

Section-D

(Prepare an essay on any one of the following. Any *one* question from each part)

Part-I

33. Briefly explain different theories of development.
 34. Briefly explain the historical foundation of developmental psychology.
 (1 × 12 = 12 Marks)

Part-II

35. Define health. Narrate any three approaches to health behavior.
 36. Elucidate theories of stress and ways to cope stress.
 (1 × 12 = 12 Marks)
