

19BP24

(Pages: 2)

Name.....

Reg. No.....

SECOND YEAR B.P.Ed. DEGREE EXAMINATION, APRIL 2021

(Regular/Supplementary/Improvement)

BPE2 T9 - EDUCATIONAL AND SPORTS PSYCHOLOGY

(2015 Admission onwards)

Time: Three Hours

Maximum: 75 Marks

Answer any *three* questions from **Part –A**.
Any *one* question from **Part-B**. Question from **Part C** is Compulsory.

Part A

1. Define psychology and explain it as a science and the importance of sports psychology in physical education and sports.

(1 × 15 = 15 Marks)

2. (A) Complete the following:

- a. Id, ego and _____
- b. _____ childhood and adolescence.
- c. Affection, _____ and cognition.
- d. Drive, need and _____
- e. Unconscious, conscious, _____ and superconscious.

(5 × 1 = 5 Marks)

- (B) Match the following:

- | | | |
|------------------------------|---|-----------------------|
| a. Reinforcement theory | - | Sigmund Freud |
| b. Trial and error theory | - | B.F. Skinner |
| c. Insight learning theory | - | Ivan Petrovich Pavlov |
| d. Conditioned reflex theory | - | Edward Lee Thorndike |
| e. Iceberg theory | - | Wolfgang Kohler |

(5 × 1 = 5 Marks)

- (C) Fill in the blanks:

- a. The moral arm of the personality is _____
- b. Behaviour carried out intending to harm another person is called _____
- c. The law of _____ is also called the 'law of use and disuse'.
- d. Observing one's behaviour through self-analysis is called _____
- e. The period of childhood is from _____ years.

(5 × 1 = 5 Marks)

3. Explain the following:
- Concept of mind.
 - Influence of environmental factors in personality development.
 - Learning curve.
- (3 × 5 = 15 Marks)**
4. Describe the following:
- Meaning and types of motivation.
 - Types of leaderships.
 - Meaning and structure of personality.
- (3 × 5 = 15 Marks)**
5. Write a brief note on the following:
- Learning by imitation.
 - Observation method.
 - Negative and positive transfer of learning with suitable examples.
- (3 × 5 = 15 Marks)**

Part B

6. Explain the stages, principles and factors affecting growth and development.
- (1 × 15 = 15 Marks)**
7. Write a short note on the following:
- Meaning and purpose of guidance.
 - Trial and error theory of learning.
 - Growth and development in adolescence.
- (3 × 5 = 15 Marks)**

Part C

8. Write very briefly on any *five* of the following:
- Team cohesion.
 - Drive.
 - Law of effect.
 - Neutral law of transfer.
 - ISSP.
 - Case study.
 - Laissez-faire.
 - Incentive motivation.
- (5 × 3 = 15 Marks)**
